




**Jump, swing, dream**

Connecting you to Fort Worth and adaptive playgrounds

This list is for your convenience. Cook Children's does not recommend or endorse any specific location. Contact your health care provider for any special instructions or questions you may have.

**NEST Center 817-347-9601**

[cookchildrens.org/nest](http://cookchildrens.org/nest)

<p><b>Galaxy Park</b> 1600 Gendy St., Fort Worth, TX, 76107</p> 	<p>The Fort Worth Museum of Science and History's Galaxy Park is designed with all children in mind. Kids of every ability can pretend to be astronauts in a geometric playground that includes interactive ground-level features, slides and a belt system to allow those with mobility challenges to reach higher areas. The playground is open to museum guests as well as participants in educational programs, including the on-site preschool and field trips. <a href="http://fwmuseum.org">Galaxy Park - Fort Worth Museum of Science and History (fwmuseum.org)</a></p>
<p><b>Dream Park</b> 2001 University Drive, Fort Worth, TX, 76107</p> 	<p>57,000 square-foot playground, a place where kids of all abilities can share adventures together. Park amenities include poured-in-place rubber surfacing for wheelchairs and individuals with poor mobility, adaptive swings for toddlers and children with low muscle tone, a stainless-steel roller slide that won't short-out kids' hearing devices and much more. In addition, there are interactive and musical elements scattered throughout the playground to provide a truly sensory-rich environment that sparks curiosity and imagination. <a href="#">Fort Worth Dream Park –Fort Worth</a></p>
<p><b>Patricia LeBlanc Park</b> 6300 Granbury Cut-Off St., Fort Worth, TX, 76132</p> 	<p>This park implements "universal" design methodology, providing access for the mobility-impaired and encouraging side-by-side play for children with and without disabilities. <a href="#">Patricia LeBlanc Park –Fort Worth</a></p>

**KidMania Sprayground at Celebration Park**

701 Angel Parkway, Allen, TX, 75002



This park is open every day May 1-Oct 31, except Wednesdays. The spray ground provides water jets that are fun for children ages 2 to 12. Covering more than one acre, Kid Mania is one of the largest handicap-accessible playgrounds in Texas.

[KidMania Sprayground at Celebration Park](#)

**Mary Heads Carter Park**

2320 Heads Lane, Carrollton, TX, 75006



This park has synthetic turf smooth enough for wheelchairs. It has an accessible merry-go-round, slides and climbing features, that include play rocks and a tower.

[Mary Heads Carter Park | Parks | City of Carrollton, TX](#)

**Flag Pole Hill Park**

8015 Doran Circle, Dallas, TX, 75238



A one-of-a-kind, all-inclusive playground, with a walking trail and lots of green space for outdoor activities. This park is also near White Rock Lake.

[Flag Pole Hill Park \(dallasites101.com\)](#)

**Hope Park Frisco**

8000 McKinney Road, Frisco, TX, 75034



With a sensory area, adaptive play equipment and rubberized surface, every child can have a good time here. The play area includes Picnic Alley, the Big Kid Lot and the Tot Lot. After you play, cool down at Frisco Commons' spray park.

[Hope Park in Frisco Review \(updatefrisco.com\)](#)

**Bonnie Wenk Park**

2996 Virginia Pkwy, McKinney, TX, 75071



This McKinney park includes an all-abilities playground, with accessible swings, sensory walls, slides, a spinner and other ways to have fun. The park also has a fitness court, which is an outdoor gym-alternative for adults of all ability levels. Other features at Bonnie Wenk Park include more play areas (such as a zip line and sky bridge), a dog park, trails and a fishing pond.

[Bonnie Wenk Park | McKinney, TX - Official Website \(mckinneytexas.org\)](http://mckinneytexas.org)

**Jack Carter Park**

2800 Maumelle Drive, Plano, TX, 75023



A playground designed to let kiddos of all abilities play together. Equipment and activities engage children in movement and climbing as well as tactile, visual and auditory experiences. Enjoy the pond and trails, too.

[Jack Carter Park | Plano, TX - Official Website](http://mckinneytexas.org)

**Windhaven Meadows Park**

5400 Windhaven Pkwy, Plano, TX, 75093

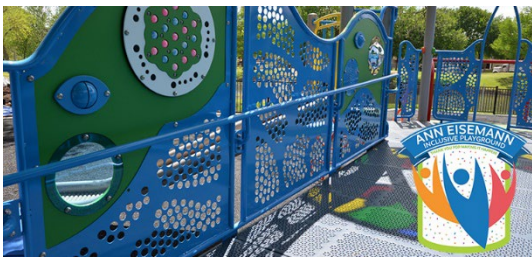


Plano's Windhaven Meadows Park is home to an accessible playground, which includes a sensory garden, water table and streams with spray features. There are dedicated spaces for older and younger kids to encourage age-appropriate learning development; dozens of pieces of equipment; plus seat walls, benches, tables and shade.

[Windhaven Meadows Park | Plano, TX - Official Website](http://mckinneytexas.org)

**Ann Eisemann Inclusive Playground**

1301 W Belt Line Road, Richardson, TX, 75080

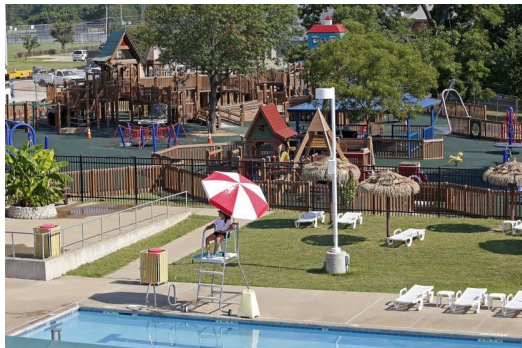


At Cottonwood Park, this location provides 11,000 square feet of entertainment. There are separate play areas for younger and older kids, a rubber safety surface, four types of swings, an adaptive merry-go-round, roller slides, a sensory garden and more.

[Ann Eisemann Inclusive Playground | Richardson, TX \(cor.net\)](http://cor.net)

**Kids Kingdom**

5300 Main St., Rowlett, TX, 75088



From tunnels and sensory activities to a robot climbing structure and ramp-accessible castle-themed playground, this park in Rowlett has something for just about everyone. There are also toddler-friendly spots, smooth surfaces and a fenced area to keep kids from wandering away.

[Kids Kingdom | Rowlett, TX](#)

**We Rock The Spectrum**

11722 Marsh Lane, #336, Dallas, TX, 75229



Explore, learn and play at this Dallas gym designed for all kids. There are open sessions where children can enjoy suspended equipment with swings, mats and pillows, a zip line, trampoline, play structure and sensory toys. Kids can get creative in the arts and crafts area. The gym also offers classes and private parties.

[Indoor Kid's Playground | We Rock the Spectrum](#)

**Playgrand Adventures**

2985 Epic Place, Grand Prairie, TX



Playgrand Adventures provides a safe and fun playground experience of epic proportions for all ages and abilities. The playground includes adventure areas which are designed to stimulate, challenge, and encourage development of several skill sets while providing social interaction, sense of discovery, creativity and exercise.

[Playgrand Adventures](#)

**Dove Park**

1509 Hood Lane, Grapevine, TX, 76051



A huge network of slides, bridges, tunnels, and gazebos stretches across the playground. Also features swings, an enormous tube slide shooting out from the clubhouse, magical machines with gears to move, a seated zip line, an astounding variety of climbing structures and so much more. One of the best things about this Dove Park feature is that it's made for everyone to play. The clubhouse itself is fully accessible.

[Dove Park](#)

**Cottonwood Creek Park**

4051 North Story Road, Irving, TX, 75038



Enjoy the adaptive playground (with ramps, slides and sensory areas) as well as the park's pond, trails and grassy areas.

[Cottonwood Creek](#)