













## Aquatic therapy and adaptive swimming lessons

Aquatic therapy refers to treatments and exercises performed in water for therapeutic benefit. A licensed Physical or Occupational Therapist performs Aquatic Therapy, with an order from your child's doctor.

**NEST Center - 817-347-9601**

Name:	Contact:	Contact:
<b>Beelieve Aquatic Therapy</b>	10640 N Riverside Drive Suite 200 Fort Worth, Texas 76244	817-431-9000 info@beelivepediatrictherapy.com <a href="http://www.beelivepediatrictherapy.com/aquatictherapy">www.beelivepediatrictherapy.com/aquatictherapy</a> 
<b>Texas Health HEB</b>	251 Westpark Way Euless, Texas 76040	817-848-5800 <a href="https://www.texashealth.org/Health-and-Wellness/Rehabilitation/Aquatic-Therapy">https://www.texashealth.org/Health-and-Wellness/Rehabilitation/Aquatic-Therapy</a> 
<b>Cutting Edge Pediatric and Adult Therapy (CEPT)</b>	900 Junction Drive Allen, Texas 75013	469-675-3153 info@cepthrapy.com <a href="https://cuttingedgepediatrictherapy.com/pediatric-therapy-services/aquatic-therapy/">https://cuttingedgepediatrictherapy.com/pediatric-therapy-services/aquatic-therapy/</a> 
<b>Children's Health</b>	2222 Medical District Drive Suite 210 Dallas, Texas 75235 7609 Preston Road Suite P3000 Plano, Texas 75024	214-456-5070 469-497-2501 <a href="https://www.childrens.com/specialties-services/specialty-centers-and-programs/physical-medicine-and-rehabilitation">https://www.childrens.com/specialties-services/specialty-centers-and-programs/physical-medicine-and-rehabilitation</a> 

**Adaptive swimming lessons are designed around each child's individual needs. Lessons are performed in a group or privately.**

Name:	Address:	Contact:	
<b>Aqua-Tots Swim School</b>	Multiple locations in Dallas/ Fort Worth	info@aqua-tots.com <a href="http://www.aqua-tots.com">www.aqua-tots.com</a>	
<b>Flipkick Swim Academy</b>	Multiple locations in Fort Worth and North Richland Hills area	817-438-4949 info@flipkick.org <a href="http://www.flipkick.org">www.flipkick.org</a>	
<b>SafeSplash Swim School</b>	Variety of locations in the Dallas/ Fort Worth area	844-543-7946 moreinfo@safesplash.com <a href="http://www.safesplash.com">www.safesplash.com</a>	
<b>British Swim School</b>	Variety of locations in the Dallas/ Fort Worth area	817-796-6617 goswimdfwest@britishswimschool.com <a href="http://www.britishswimschool.com/dfw-west/">www.britishswimschool.com/dfw-west/</a>	
<b>Coppell Family YMCA</b>	146 Town Center Blvd Coppell Texas, 75019	972-393-5121 CPAquatics@ymcadallas.org <a href="http://www.coppellymca.org">www.coppellymca.org</a>	
<b>Sunsational Swim School</b>	Variety of locations (travelling to your home or community pool)	1-888-788-2140 office@sunsationalswimschool.com <a href="http://www.sunsationalswimschool.com/special-needs-swim-lessons">www.sunsationalswimschool.com/special-needs-swim-lessons</a>	
<b>Paige's Swim School</b>	Allen, Texas	214-558-7946 paige@paigesswimschool.com <a href="http://www.paigesswimschool.com">www.paigesswimschool.com</a>	
<b>S.N.G.</b>	Variety of locations (Your pool or S.N.G. pool)	806-438-3227 <a href="mailto:denise@ilovesng.org">denise@ilovesng.org</a> <a href="https://ilovesng.org/">https://ilovesng.org/</a>	

*This list is provided for your convenience and is not an exhaustive list. Cook Children's Health Care System doesn't recommend or endorse any specific provider. These instructions are only general guidelines. Your healthcare provider may give you special instructions. If you have questions or concerns, please call your healthcare provider.*