
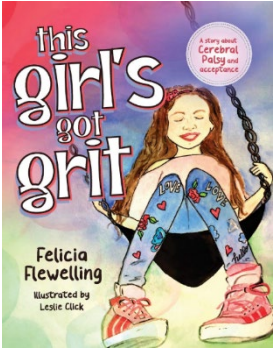


Books for Teens with Cerebral Palsy

	<p>Out of My Mind By Sharon M. Draper (2010)</p> <p>This novel follows 11-year-old Melody, who has cerebral palsy (CP) and a photographic memory. While Melody knows she is the smartest girl in her school, her classmates are unable to see this due to her difficulties with speaking, walking and writing. This book is for parents and caregivers of disabled children, and individuals who may struggle with knowing how to interact with someone with disabilities.</p> 
	<p>Out of My Heart By Sharon M. Draper (2021)</p> <p>Melody, the huge-hearted heroine of “Out of My Mind,” is a year older, and a year braver. And now, with her medi-talker, she feels nothing’s out of her reach, not even summer camp. There have to be camps for differently-abled kids like her, and she’s going to sleuth one out. A place where she can trek through a forest, fly on a zip line, and even ride on a horse! A place where maybe she really can finally make a real friend, make her own decisions, and even do things on her own—the dream!</p> 
	<p>Reaching for Sun By Tracie Vaughn Zimmer (2022)</p> <p>Josie Wyatt knows what it means to be different. Her family's small farmhouse seems to shrink each time another mansion grows up behind it. She lives with her career-obsessed mom and opinionated grandmother, but has never known her father. Then there's her cerebral palsy: even if Josie wants to forget that she was born with a disability, her mom can't seem to let it go. Yet when a strange new boy, Jordan, moves into one of the houses nearby, he seems oblivious to all the things that make Josie different. Before long, Josie finds herself reaching out for something she's never really known: a friend... and possibly more. Interlinked free verse poems tell the beautiful, heartfelt story of a girl, a family farm reduced to a garden, and a year of unforgettable growth.</p> 
	<p>The Summer I Got A Life By Mark Fink (2022)</p> <p>Andy Crenshaw, 15, is about to have a summer he didn't expect. He lives in the shadow of his good-looking, athletic older brother, Brad, and they don't get along. Lately, they only agree on their excitement over their upcoming trip to Hawaii. But the family's plans change at the last minute, packing the boys off to rural Wisconsin. They'll be stuck with their wacky, free-spirited aunt and uncle on a farm with no cable TV and internet. Things start looking up when Andy scores a date with Laura, a cute teenage local celebrity pianist, even Brad is impressed. Laura is amazing. Other than her late night jam sessions at a local jazz club, she's the funniest and</p> 

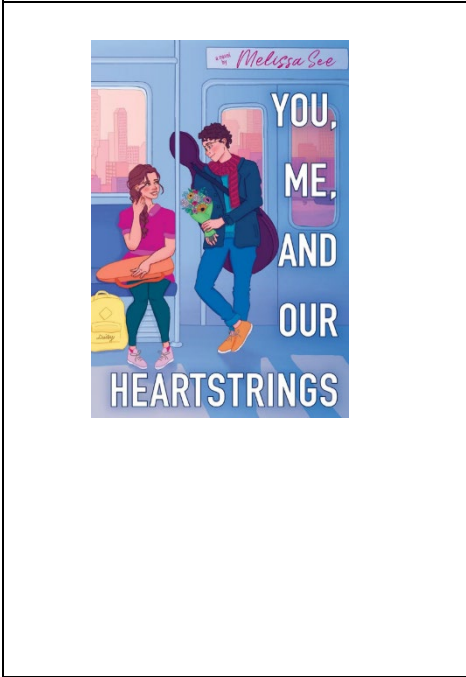
little-bit-crazy girl Andy's ever met. He's shocked at first to see her in a wheelchair, but nothing stops Laura--her killer bowling skills leave Andy in the dust. Meanwhile, Andy and Brad share a series of misadventures and narrow escapes that move their brotherhood to a whole different level. It all adds up to a summer no one will soon forget.



This Girl's Got Grit
By Felicia Flewelling (2021)

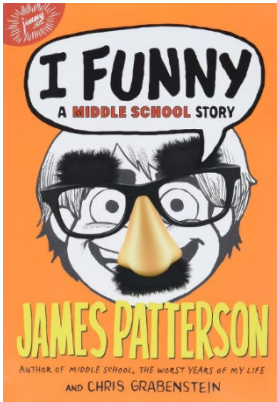
"Do you know what grit means? Well, my mom says I have it. Having grit means you keep working toward your goal even when it's hard. Someone who has grit is fearless and unstoppable." -Frankie

Felicia Flewelling is Frankie's mom. This book was born out of her journals, blog, and her participation in a cerebral palsy support group. She and her husband, Mark, hope this book will help others feel less lonely and more empowered.



You, Me, and Our Heartstrings
By Melissa See (2022)

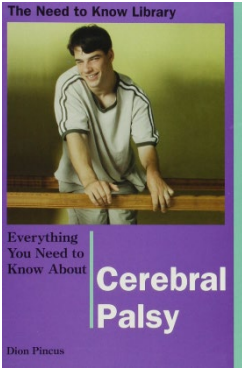
What if the whole world was watching while you fell in love for the first time? Daisy and Noah have the same plan: use the holiday concert to land a Julliard audition. But when they're chosen to play a duet for the concert, they worry that their differences will sink their chances. Noah, a cello prodigy from a long line of musicians, wants to stick to tradition. Daisy, a fiercely independent disabled violinist, is used to fighting for what she wants and likes to take risks. But the two surprise each other when they play. They fall perfectly in tune. After their performance goes viral, the rest of the country falls for them just as surely as they're falling for each other. But viral fame isn't all it's cracked up to be. No one seems to care about their talent or their music at all. People have rewritten their love story into one where Daisy is an inspiration for overcoming her cerebral palsy and Noah is a saint for seeing past it. Daisy is tired of her disability being the only thing people see about her, and all of the attention sends Noah's anxiety disorder into high speed. They can see their dream coming closer than it's ever been before, but is the cost suddenly too high?



I Funny: A Middle School Story
By: James Patterson (2022)

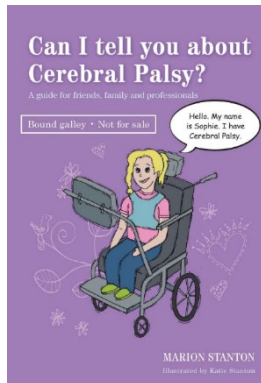
Jamie Grimm is a middle schooler on a mission: he wants to become the world's greatest standup comedian, even if he doesn't have a lot to laugh about these days. He's new in town and stuck living with his aunt, uncle, and their evil son Stevie, a bully who doesn't let Jamie's wheelchair stop him from messing with Jamie as much as possible. But Jamie doesn't let his situation get him down. When his uncle Frankie mentions a contest called "The Planet's Funniest Kid Comic," Jamie knows he has to enter. But are the judges only rewarding him out of pity because of his wheelchair, like Stevie suggests? Will Jamie ever share the secret of his troubled past instead of hiding behind his comedy act?





**Everything You Need to Know About Cerebral Palsy
By Dion Pincus (2022)**

Cerebral palsy is a group of disorders affecting a person's ability to control body movements. It's the most common lifelong physical disability in America. In this book, the author will help teens with cerebral palsy understand their condition and navigate adolescence. Teens without the condition will gain understanding and compassion.



**Can I tell you about Cerebral Palsy?
By Marion Stanton (2014)**

Meet Sophie -- a girl with cerebral palsy (CP). Sophie invites readers to learn about CP from her perspective, helping them to understand what it's like to use a wheelchair to move around and assistive technology to communicate. She also introduces readers to some of her friends who have different forms of CP and explains that living with CP can sometimes be difficult, but there are many ways she is supported so that she can lead a full and happy life. This illustrated book is ideal for young people aged seven and up, as well as parents, friends, teachers and professionals working with children with CP. It's also an excellent starting point for family and classroom discussions.



This list is provided for your convenience and Cook Children's Health Care System does not recommend or endorse any specific product. Your healthcare provider may give you special instructions.

NEST Center 817-347-9601