

# Music lessons/classes

Music helps improve your child's language, motor skills, social skills, self-esteem, stress and anxiety. Below is a list of lessons and classes in the area.

This list is provided for your convenience and is not an exhaustive list and Cook Children's doesn't endorse any specific program. If you have questions or concerns, please call your health care provider.

**NEST Center 817-347-9601**

North Texas Area	Contact	About:
<b>Heart and Harmony</b> 	P.O. Box 33913 Fort Worth, Texas 76162 817-458-8813 <a href="mailto:nikki@heartandharmony.com">nikki@heartandharmony.com</a>	Individual and group music lessons  Lessons are \$95 for 50 minutes
<b>Fort Worth Library</b> 	Fort Worth Public Library <a href="https://www.fortworthtexas.gov/departments/library/programs/music">https://www.fortworthtexas.gov/departments/library/programs/music</a>	The library has classes for music and movement with songs and activities to get you and your little one moving and grooving.
<b>Creative Soul Music</b> 	Fort Worth Southlake/Grapevine Keller/Watauga Bedford/Hurst/Colleyville	<b>Mommy Baby Makin' Music Classes:</b> Weekly bonding class for Ages 0-3 45 minute small group class <b>Lil' Soul Music Class:</b> Weekly class for Ages 4-6
<b>Backyard Music Class</b> 	5622 Swiss Ave., Dallas, Texas 75214  <a href="mailto:backyardmusicclasses@gmail.com">backyardmusicclasses@gmail.com</a>	Drop-Ins: \$30, First Time Drop-In: \$26 6 months and older
<b>S.N.G.</b> 	Southlake, Texas 806-438-3227  <a href="mailto:denise@ilovesng.org">denise@ilovesng.org</a>	\$225/month \$95 annual registration fee; additional instrument fees may apply
<b>SoundStarts Music Therapy</b>	8380 Warren Parkway #701 Frisco, Texas 75036 469-443-6224	Provides adaptive music lessons. Specializes in working with autistic children and those with special needs.

	<p>1340 S. Main Street Suite 303 Grapevine, Texas 76051 469-443-6224 <a href="mailto:mary@soundstartsmusic.com">mary@soundstartsmusic.com</a></p>	<p>Private Music Therapy, Adapted Lessons, Early Childhood Lessons, Traditional Lessons.</p>
<p><b>Southwestern Music Therapy, L.L.C.</b></p> 	<p>Dallas-Fort Worth 214-227-1006</p>	
<p><b>We Rock The Spectrum Kid's Gym</b></p> 	<p>11722 Marsh Lane, #336 Dallas, Texas 75229 214-468-4880</p> <p>1941 Preston Road, Suite 1022 Plano, Texas 75093 214-954-7221 <a href="mailto:info@werockthespectrumsugarland.com">info@werockthespectrumsugarland.com</a></p>	<p>Music &amp; Movement Thursdays 9:30-10:00 Ages 0-2 Thursdays 10:30-11:00 Ages 2.5 and up</p>
<p><b>Music Together</b></p> 	<p>Multiple locations. 800-728-2692 <a href="mailto:info@musictogether.com">info@musictogether.com</a></p>	<p>Ages 0-8</p>
<p><b>Kindermusik</b></p> 	<p>Multiple locations in the Dallas, Fort Worth area</p> <p>800-628-5687 Kindermusik.com</p>	<p>Classes are offered based on age, starting at new born up to 7 years old Resource Subscription: \$5.95/month</p>
<p><b>Dallas Library</b></p> 	<p>Dallas Public Library</p> <p>See website for library near you!</p> <p><a href="https://dallaslibrary.librarymarket.com/event/little-learners-move-and-groove-music-class">https://dallaslibrary.librarymarket.com/event/little-learners-move-and-groove-music-class</a></p>	<p>Little Learners: Move and Groove Music Class</p>