













Music therapy

Music Therapy is a treatment that uses music to help your child with their social skills, communication, thinking skills and motor skills. A certified music therapist uses these interventions to accomplish goals that you and your child set. Below is a list of providers in the area.

North Texas	Contact	About:
<p>Heart and Harmony Music Therapy</p> 	<p>PO Box 33913 Fort Worth, Texas 76162</p> <p>817-458-8813</p> <p>www.heartandharmony.com</p>	<p>In-home and in-studio music therapy. Also offers telehealth sessions if needed. Work with many medically fragile, delayed and disabled individuals.</p> <p>Age Range: 6 months and older Cost: 2 hour assessment \$250; 50 minute sessions \$95</p>
<p>SoundStarts Music Therapy</p> 	<p>8380 Warren Parkway #701 Frisco, Texas 75034 469-443-6224</p> <p>1340 S. Main Street Suite 303 Grapevine, Texas 76051 469-443-6224</p> <p>https://soundstartsmusic.com/</p>	<p>Our team is trained to develop specific songs and music interventions to meet a wide variety of goals specific to each of our client's needs.</p> <p>Cost: Assessment \$90; 30 minute session \$60</p>
<p>Kaleidoscope Behavioural Health</p> 	<p>3535 Firewheel Drive Suite F Flower Mound, Texas 75028 214-499-0396</p> <p>https://kaleidoscopebehavioralhealth.com</p>	<p>Music therapy and play therapy. As well as providing mental, emotional and behavioural health services across the clients lifespan.</p> <p>Age Range: 2 years and up Cost: \$130-\$190 for 50 minute session</p>
<p>Wildflower Music Therapy</p> 	<p>Dallas/Fort Worth Areas/Parker County/Tarrant County/Hood County</p> <p>817-584-1694 https://wildflower-mt.com</p>	<p>Provide evidence-based music therapy to Dallas/Fort Worth and surrounding areas. Offer tele-music therapy, in-home or at pre-determined location.</p> <p>Cost: Some insurances accepted; Private pay: 30 minute session \$55; 50 minute session \$85</p>
<p>North Star Therapy</p> 	<p>1400 Preston Road Suite 400 Plano, Texas 75093 469-991-5846</p> <p>www.ntxtherapy.com</p>	<p>Provide sessions via telehealth or in person. Specialize in mental health and patients diagnoses with autism.</p> <p>Age Range: 4 and older Cost: \$150 for 50 minutes</p>

Coyote Music Studio 	2615 N. Locust St., Denton, Texas 76209 www.coyotemusicstudio.com	Have private music therapy sessions as well as music therapy groups. Also have a group for children with intellectual/developmental disabilities and/or other needs. Infants and toddlers.
Fort Worth Library 	Fort Worth Public Library See website for library near you. www.fortworthtexas.gov/departments/library/programs/music	Has classes for Music and Movement with songs and activities to get you and your little one moving and grooving!

Funding Options for Music Therapy

Funding Source	About	Website
Gill Children's	Under 18 only.	www.gillchildrens.org 
Masonic Children and Family Services	Must have autism diagnosis.	www.masonichometx.org/child-family-services/ 
Music Therapy Access Fund	Anyone in Texas can apply.	fwmusictherapyfund.org 
Music Therapy for All	Provides grants and scholarships to make music therapy more accessible for Texans.	https://mtaf.org 
The People Project	Developmental disabilities only.	www.thepeopleprojecttx.org/huck-helps 

This list is provided for your convenience and Cook Children's doesn't endorse any specific provider. If you have questions or concerns, please call your health care provider.

NEST Center 817-347-9601