



**CookChildren's**

# BABY BAG

## TAKING YOUR NEWBORN HOME

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Here's a checklist for the items you'll need to pack in your baby's diaper bag so you're ready for your little one's very first journey.

- Car seat** – approved and installed in the car. Yes, we know it's not really going in the bag, but the best time to do this is while you're preparing the bag since it will be top-of-mind. It's important to note that you'll need to have the car seat installed before you can leave the hospital with your baby.  
**\*Note: Cook Children's offers free car seat checks and more.**
  
- Going home outfit:**

There are lots of options. Onesies, rompers, footed sleep-and-plays, soft cotton outfits, pull-on pants, leggings, baby t-shirts, etc. Layette sets are a really good option since most everything you need for baby's first journey comes all packaged together (and they're fun to shop for).

  - Outfit (onesie, layette set, etc...)
  - Socks
  - Cap
  
- Supplies:**
  - Baby blanket
  - Bottle
  - Formula/Breast Milk (depending on feeding plan)
  - Diapers
  - Wipes

