

SAFE AND SOUND

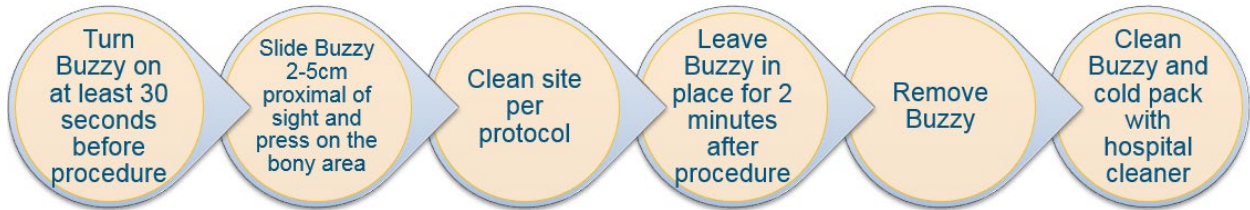
Pain Management

PRESCRIBING

Buzzy



IM Injection



For stinging shots or deeper IM,
leave on up to 2 minutes for deepest numbing

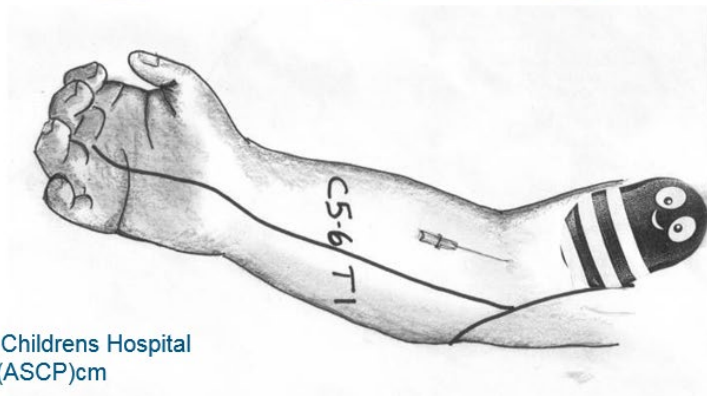


Finger Poke





IV Insertion and Venipuncture



Courtesy of Shriners' Childrens Hospital
Louanne Lunny, MLS(ASCP)cm

Restrictions for Use

Buzzy® with ice pack

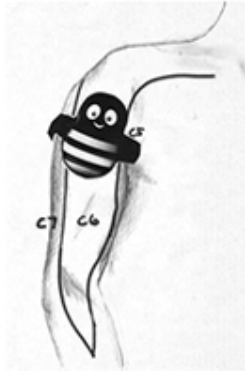
- 2 years and above

Buzzy® without ice pack

- 6 weeks to 2 years
- patients with Sickle Cell
 - theoretical concern, no data at this time
- patients with sensitivity to cold

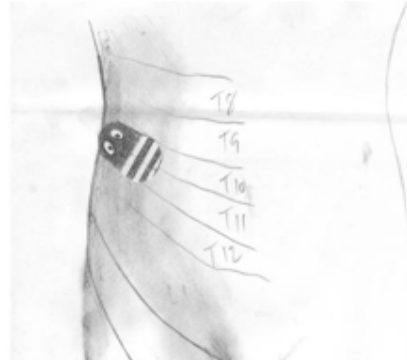
Buzzy Positioning

Arm Placement



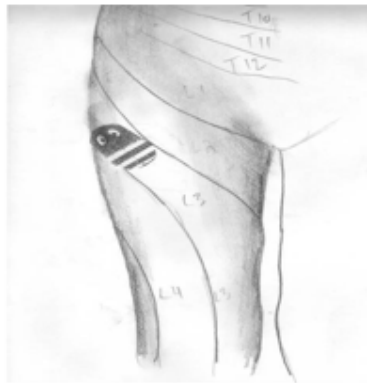
- Place proximally – between the brain and the pain
- Dermatomes go straight down from the shoulder

Abdominal Placement



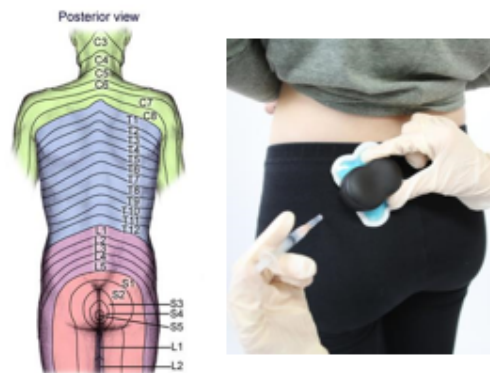
- Place proximally – between the brain and the pain
- Dermatomes come out from the spine and wrap horizontally around the stomach and chest
- Skin on the stomach is thinner, so Buzzy may only need to be in place 15-30 seconds before doing the procedure

Thigh Placement



- Place proximally – between the brain and the pain
- Dermatomes curve from the backside towards the knee
- Leave in place up to 60 seconds, as it's a more muscular area

Gluteal Placement



- Dermatomes are very tilted and narrow
- Leave in place for 60-90 seconds
- Tilt and move Buzzy closer to the spine

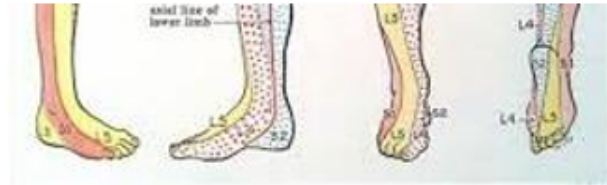
Buzzy Positioning

IV or Blood Draw Placement



- Don't put Buzzy directly on the site
- Place proximally – between the brain and the pain

Foot Placement



- Place proximally – between the brain and the pain
- Imagine the foot divided lengthwise into three stripes; place Buzzy closer to the leg in the same stripe

Introducing Buzzy[®] to the Patient

- Explain Buzzy[®] as a helper whose job is to help them not feel the poke as much
- As you explain, let the child feel the cold and vibration
- NEVER tell a child that Buzzy[®] (or anything else for that matter) will totally eliminate the pain