

Toys to encourage use of both hands

Using both hands helps with child's development

It is important to learn to use both sides of the body in an organized way. Toys that encourage use of both hands can help your child improve:

- Hand coordination
- Fine motor skills
- Gross motor skills

These new skills are important during play, new learning, and daily activities.

Toys for ages 6 to 12 months

Skills learned include:

- Bringing parts together or pulling them apart.
- Using both hands to take items off or put items on.
- Using both hands to do one big motion, such as pushing or throwing a ball.

Examples



Animal connectors



Stacking cups



Small ball



Pop tubes



Large ring stacker



Plush Velcro fruit

Toys for ages 1 to 3 years

These toys need additional skills. They may encourage lining up two items to connect or insert.

Examples



Learning locks



Wood lacing toy



Pop link beads



Buckle toy



Lego designs



Fastener boards



Nuts and bolts



Matching eggs

Activities for ages 3 to 5 years

These activities use both hands in an advanced way. They require increased coordination and fine motor control. Many daily activities require the use of both hands.

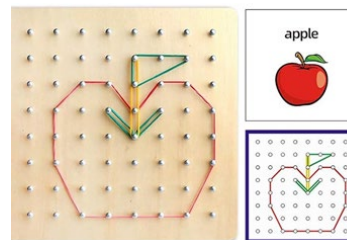
Examples



Lacing cards



Play-Doh activities



Geoboard design



Chop play foods



Baseball activity

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These instructions are only general guidelines. Your healthcare provider may give you special instructions. If you have questions or concerns, please call your healthcare provider.



Cutting and colouring activity