

Visual motor skills: 12 to 18 months

Developing hand-eye movements

As your child grows, they start to use their eyes, vision and hands together. This helps them learn how to move, play, and coordinate hand-eye movements. Here are some skills to expect and ways to help your child.

Child's skills and ways to help

Imitating lines and circles

Practice coloring with large crayons or paint.

- Draw circles of all sizes.
- Draw lines up and down and across and circles using shaving cream, magnetic doodle board or chalk.



Magnetic drawing board and chalk good tools for drawing

Learning about books

Your child can:

- Recognize if a book is upside down.
- Point to an object in a book.
- Turn pages of a book.

Help your child flip the book right side up using clues like: "Oh no, the book is upside



down" or "Is that bear upside down, let's turn it around" Ask your child where objects or pictures are in the book.

Pointing to object in book

Putting objects in containers

Your child can place objects or shapes into a container and dump them out. Use your hand over your child's hand to:

- Put objects in a container such as blocks.
- Dump them out.
- Stack several blocks in tower.

Finding one body part

Child knows one body part. Ask child where are your eyes, ears, nose, mouth, etc.

- For example, point to your eye to help your child find their eye.
- Sing "Head, Shoulders, Knees and Toes".

Rehabilitation (Rehab) Services

682-885-4063

These instructions are only general guidelines. Your healthcare provider may give you special instructions. If you have questions or concerns, please call your healthcare provider.