

# Visual motor skills: 18 to 24 months

## Developing hand-eye movements

As your child grows, they start to use their eyes, vision and hands together. This helps them learn how to move, play, and coordinate hand-eye movements. Here are some skills to expect and ways to help your child.

## Child's skills

- Kicks a ball by walking into it or swings their leg. Will likely miss!
- Can push, pull, or dump items, objects and toys.
- When standing, can throw a small ball a few feet.
- Can match pictures to the real objects.
- Starts to imitate drawing a circle.
- Can build a tower 4 to 6 blocks high.

## Helping your child

### Kicking balls



Show your child how to kick a ball and cheer them on to do the same. Hold 1 to 2 hands to help them balance.

### Boy learning how to kick ball

- Practice throwing a tennis ball forward. Show child how to throw a ball.
- Use your hands over theirs for them to try

## Reading and drawing

- When reading a book, point at objects or animals around you that are in the book. This helps them learn to recognize those objects.
- Draw lines and shapes with your child copying you

## Building blocks



Show child how to stack and knock them down. Be sure to let them try!

## Boy stacking blocks

## Rehabilitation (Rehab) Services

**682-885-4063**

These instructions are only general guidelines. Your healthcare provider may give you special instructions. If you have questions or concerns, please call your healthcare provider.