

# Visual motor skills: 6 to 12 months

## Developing hand-eye movements

As your child grows, they start to use their eyes, vision and hands together. This helps them learn how to move, play, and coordinate hand-eye movements. Here are some skills to expect and ways to help your child.

## Child's skills and ways to help

### Looks for hidden or dropped toys

- Play games like peek-a-boo with your child.
- Cover toys with cloth or blanket, then uncover, like peek-a-boo.
- Drop toys off edge of high chair. Ask "where did it go?"



### Dropping toy and looking for it

### Grabs and eats finger foods

Give small foods for child to grab with fingers.



### Child grabbing and eating finger foods

## Shakes and bangs toys

Child can switch toys from one hand to the other hand and clap hands. Show your child how to bang toys and blocks together.

- Use toys or blocks that make sounds.
- Use your hands over their hands to help child shake the toy or bang blocks together.



### Child banging two blocks together

## Claps hands

Child can clap hands. Use your hands over theirs to help them clap.

## Rehabilitation (Rehab) Services

682-885-4063

These instructions are only general guidelines. Your healthcare provider may give you special instructions. If you have questions or concerns, please call your healthcare provider.