



# Join the Movement

Let's bridge the gap between academics and **the whole child.**

## Become a LiINK School

Improve the health, character and attention span of your students. Inspiring innovation and creativity in your students will allow them to be more effective in the classroom.

**Join the Movement**  
**817-257-7685**

- 1 Supports high academic performance**
- 2 Inspires critical thinking**
- 3 Affirms children's creativity**
- 4 Supports knowledge retention**
- 5 Supports teacher retention**
- 6 Improves health outcomes**
- 7 Utilizes effective use of instructional time**
- 8 Encourages positive student relationships**



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[www.liinkproject.tcu.edu](http://www.liinkproject.tcu.edu)

Harris College of Nursing  
& Health Sciences



# Character Development

## Daily 15-minute Positive Action® character curriculum lessons in the schools

We have adopted a developmentally appropriate PreK-12 curriculum called **Positive Action®**. It is ranked as one of the top character curricula in the U.S. and implements a school-wide approach from all content areas and an adoption of character vocabulary school-wide. Focused on developing the whole child, Positive Action® impacts self-awareness, social-emotional learning, cognitive development, as well as behavior outcomes.

- 1 Reduces discipline issues
- 2 Improves behavior
- 3 Increases respect for self and others (less bullying)
- 4 Improves self-concept
- 5 Heightens school culture



## Unstructured Play Breaks

Four 15-minute outdoor, unstructured play breaks throughout the day

- 1 Increased attentional focus
- 2 Improves social skills
- 3 Enhances problem solving, creativity, critical thinking skills
- 4 Improves emotional well-being
- 5 Helps boost immune system

Learn more at [www.liinkproject.tcu.edu](http://www.liinkproject.tcu.edu)



# Results

Students have many challenges in the classroom and with their health, including a lack of focus, inappropriate social skills, burnout, low academic performance, and chronic diseases. The data shows that unstructured play and character development are helping reset children to be resilient and healthy.

## Student Distraction is down by...



- Students are much more focused in the classroom

## U.S. shows a steady rise of Fat Mass in Children



## Students of the LiINK Project

Our LiINK students maintain, and in some cases show a decrease in fat mass.