

# Making magic with medical supplies

The best creative resource for your Child Life career: May these creative art projects be your steady, joyful companions, helping you connect and bring comfort to countless patients and families for years to come.





Making Magic  
with Medical Supplies

Child Life Medical Art Activities



# Medical art book Introduction

Much has been written about the benefits of play.

The pioneering educator Maria Montessori said that “play is the work of children.” But for children facing medical experiences, play becomes a crucial part of their healing process, and of their continued growth and development. Play can alleviate stress and fear, increase coping and understanding and provide opportunities for emotional expression.

Medical art is a specific form of creative therapeutic play that can be immensely beneficial for children facing health care experiences. The open-endedness of medical art is a major factor in its therapeutic value for children. Utilizing medical supplies as the art medium can make the items seem less scary. This allows a child to exert control over the equipment and over his or her environment. Children can safely explore their feelings and emotions regarding health care experiences and express those feelings to caring adults who can guide them through the healing process. Medical art is a pure, creative form of healing and expression.

At Cook Children’s Medical Center, the Child Life staff takes pride in providing creative medical art experiences to children and families. When our Child Life activity coordinators began to notice that it was difficult to find published resources related to medical art activities, we decided to create this book to share our ideas with others. The goal of this book is to inspire and empower adults to guide children through medical art experiences. It is divided into sections based upon the primary medical supply used in each project. Recognizing that every situation is different, it is our hope that health care professionals will use their assessment skills and creativity to adapt activities as necessary, utilizing the resources that are most available.

Sharing a medical art experience with a child is an invaluable gift of help and support during a time when he or she may need it the most.

We hope that this book will enhance your skills and spark your creativity.





## A word about **resources** from the Cook Children's Child Life staff

Cook Children's Child Life department recognizes that supply budgets differ greatly from one program to another, and that available supplies may differ based on the focus of your work area. To assist you in gathering supplies, we wanted to share a few helpful sources:

- **Hospital laboratory and pharmacy** – they can assist in collecting medicine vial caps. Be sure to provide a basket to collect them in, and stop by to empty it frequently.
- **Central supply room** – they can help to collect outdated or expired products\*, as well as items that may be overstocked or not suitable for patient use. Again, be sure to collect items frequently to help cut down on clutter.
- **Purchasing department** – they may receive sample items that are not intended for patient use.
- **Procedure areas (such as clinics, emergency departments, surgery)** – they may have unused items from kits.

We also have found it helpful to display patient artwork for the areas that assist us with supplies. Periodically sending these departments “thank you” notes with pictures of what the patients have created helps to generate more items being sent our way.

And remember, your creativity is the most important supply in these projects. If you can't locate a certain item, look around your area to see if you can improvise with something similar.

**\*Be sure to follow your hospital's policies regarding expired or outdated materials.**





## Band-Aid headband

Suggested age: early school age and up

### Supplies

Band-Aid bandages  
construction paper  
glitter  
glue  
bucket  
paint brush



### Instructions

1. Brush glue onto Band-Aid bandage.
2. Place glue covered Band-Aid bandage into bucket.
3. Sprinkle glue covered Band-Aid bandage with glitter.
4. Repeat for each different color that is desired.
5. Cut construction paper into strips.
6. Measure the child's head.
7. Glue strips together to desired head circumference to create a headband.
8. Remove adhesive backing of glittered Band-Aid bandages and apply to headband.

# Band-Aid bandage art

Suggested age: early school age and up

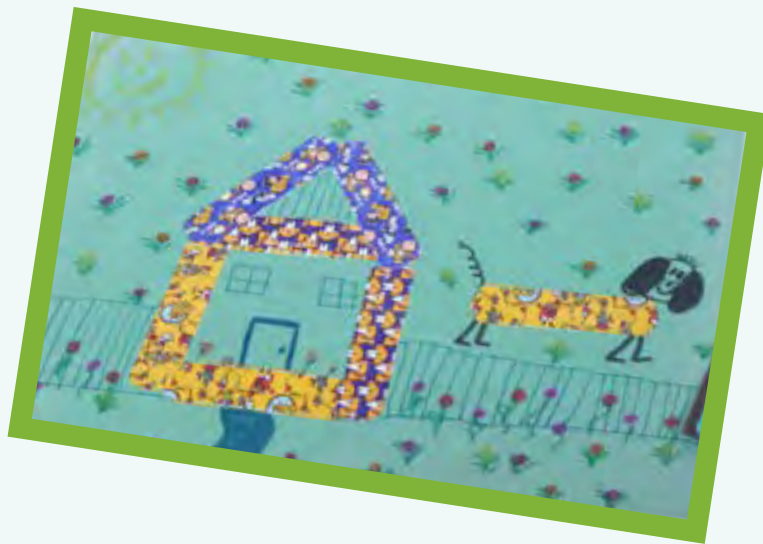
## Supplies

- construction paper
- markers or crayons
- scissors
- Band-Aid bandages



## Instructions

1. Have the child create a picture in his/her mind that could incorporate Band-Aid bandages.
2. Have him/her draw it on a piece of construction paper using Band-Aid bandages to replace some of the things in the picture. Examples: a body of a dog, house or a trunk of a tree.



## Band-Aid autograph book

Suggested age: early school age and up

### Supplies

- 10 - cardstock papers
- markers
- Band-Aid bandages
- stapler



### Instructions

1. Fold each paper in half.
2. Staple twice down the center to make a book.
3. Decorate front cover as desired. Example: use child's name or "my autograph book."
4. Place Band-Aid bandages on front and back of book for binding or decoration.

I feel so happy and glad. Art  
is so fun and cool. It makes  
me feel like an artist.

Emily, age 8



# Band-Aid box

Suggested age: early school age and up

## Supplies

- small paper mache box
- Band-Aid bandages
- paint brush
- Mod Podge®
- scissors



## Instructions

1. Cover the entire box with Band-Aid bandages.
2. Cut excess Band-Aid bandages from the edges.
3. With paint brush, apply a thin layer of Mod Podge to the box. Allow time to dry and repeat.



## Band-Aid necklace

Suggested age: preschool age and up

### Supplies

- suction tube
- 4 - wood beads
- 6 - Band-Aid bandages
- scissors
- medical tape



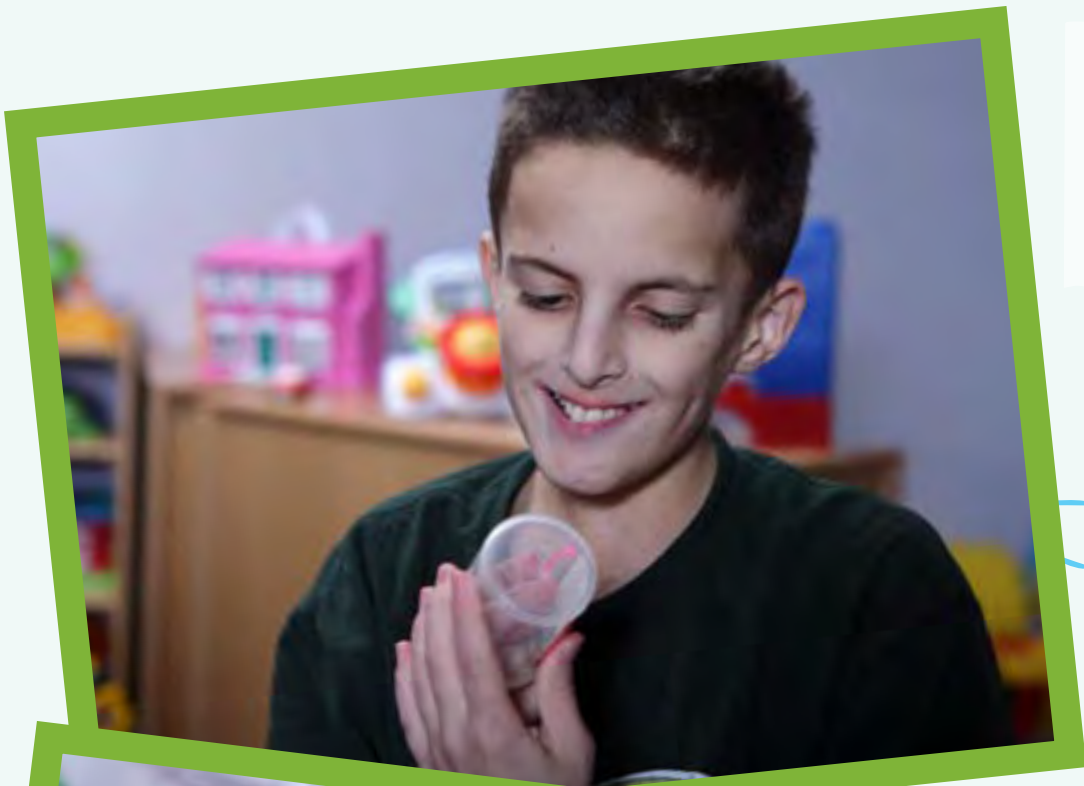
### Instructions

1. Cut the suction tube to the desired length.
2. String wood beads onto the suction tube.
3. Space beads apart.
4. Center the Band-Aid bandages between the beads.  
Remove paper backing and fold Band-Aid bandages over the suction tube.
5. Connect the ends of the tube together and secure with a strip of tape.



# Band-Aid® Bandages

Child Life Medical Art Activities



# Medical Basins

Child Life Medical Art Activities





# EMeகித லுகித

Child Life Medical Art Activities



## Barfy the elephant

Suggested age: early school age and up

### Supplies

oval paper plate  
emesis bag  
2 - google eyes  
assorted construction paper  
pencil  
yarn  
hole punch  
scissors  
markers  
tacky glue  
hot glue gun

### Instructions

1. Trace and cut out the shape of the elephant ears on the construction paper.
2. Center the emesis bag on the plate and trace the rim of the bag. Cut out the circle.
3. Turn the plate vertical and glue ears to the back rim of the plate.
4. Add a line of glue to the rim of the emesis bag and attach to the hole, pulling bag through the hole for the nose. Set aside to dry.
5. Using hole punch clip out small dots of construction paper and glue to the ears.
6. Cut 3" strands of yarn for the hair and glue hair on top of the head.
7. Cut out the mouth and tongue from construction paper.
8. Attach the eyes and mouth with glue. Allow time to dry.
9. Children can place their arm into the bag to move the trunk of the elephant.



## Brenda the butterfly

Suggested age: early school age and up

### Supplies

emesis basin

4 - small IV bags

2 - large cotton swabs

2 - large flip caps

roll cloth medical tape

2 - google eyes

tri bead (red)

cord string (red)

acrylic paint (black,  
pink and purple)

paint brush

paint palette

glitter (pink)

feathers (assorted colors)

tacky glue

hot glue gun

scissors

### Instructions

1. Wrap the emesis basin in medical tape and paint pink.
2. Using the large cotton swabs, paint the ends of the emesis basin purple to create the body.
3. Cut off the port end of the IV bags and stuff with feathers. When they are full, cover the open end with a strip of tape.
4. Turn the emesis basin upside down and vertical with the smaller side against the table.
5. To create the face, glue the flip caps and google eyes to one end of the body. Glue a pom pom to the face for a nose and a piece of string with a tri bead for the mouth.
6. Cut pipe cleaner in half and curl to make antennas. Glue to the top of the head.
7. Hot glue the taped ends of the IV bags to the back side of the body.
8. Outline the edges of the body with tacky glue and sprinkle pink glitter.
9. This can also be adapted to create a bumble bee or other winged insect.





## Clancy the suckerfish

Suggested age: late school age

### Supplies

3" Styrofoam ball  
emesis basin  
2 - TB mask  
2 - humidifier filters  
2 - 1/2" wood circles  
2 - google eyes  
pedi cushioned mask  
10 - medicine flip caps  
(8 small and 2 large)  
craft wire  
craft hose  
cloth medical tape  
acrylic paint (orange,  
black, green, pink,  
yellow and purple)  
scissors  
ruler  
Sharpie® (black)  
hot glue gun

### Instructions

1. Paint two wood circles orange and the Styrofoam ball purple, orange and green. Set aside to dry.
2. Bend the wire to the shape of fins and twist the ends together (a set of four for the head, four for the back and two for the sides). Cover fins with craft hose. Paint the fins with different colors and set aside to dry.
3. Turn the basin upside down and glue the two TB masks on the top of the basin.
4. Cover the entire basin (including mask) with cloth medical tape. Form the shape of two pointed ends for the tail with tape.
5. Paint the mask side of the body green and the under side orange.
6. Glue the fins to the top of the Styrofoam ball.
7. Hollow out two impressions in the Styrofoam ball. Apply glue to the inside of the holes and insert the ends of the filters. Glue the wood circle to the filter. Glue the black pom poms for the eyes.
8. Repeat the step and create the impression and hole using the pedi mask for the mouth. Apply glue inside the hole and insert the end of the mask with the smaller end at the top.
9. Glue the fins to the back and sides of the fish.
10. Glue the small viral caps to the back and the two large ones to the tail.
11. Decorate the bottom of the fish with paint.
12. Apply glue to the end of the body and attach the head.

## Crab man Joe

Suggested age: adolescents

### Supplies

emesis basin

2 - yanker suction

2 - disposable tweezers

2 - Band-Aid® bandages

2 - trach cleaning brushes

2 - rubber blood tube  
stoppers

6 - syringe caps

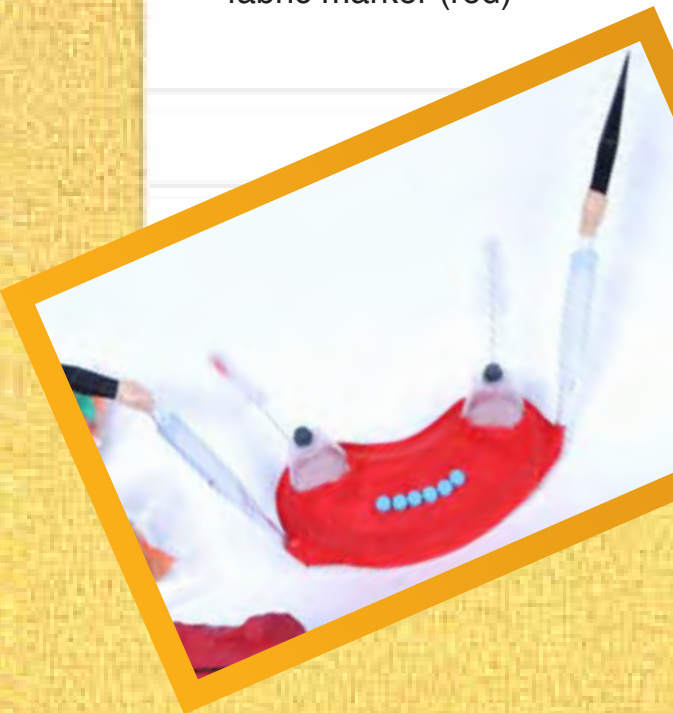
roll medical tape

scissors

fabric marker (red)

### Instructions

1. Connect the disposable tweezers to the tips of the yanker suction with Band-Aid bandages.
2. Turn the emesis basin upside down with the curved side on top.
3. Attach the handle ends of the yankers to the upper corners of the basin with tape.
4. Place the brushes at the top center of the basin and tape in place.
5. Cover entire basin with cloth medical tape. Color the crab with red fabric marker.
6. Turn basin over. Add a thin line of glue to the rims of the cups and attach to the face of the crab.
7. Add a drop of glue to the bottom of the stoppers and attach to the center of the medicine cup.
8. Using syringe caps create the mouth and glue in place.



## Emesis racer

Suggested age: late school age

### Supplies

- emesis basin
- 4 - wheels (with axels)
- 8 - small vial caps (2 red and 4 orange)
- 12 - vial caps (4 large white and 4 blue and 4 light green)
- 2 - lab sample cups
- large IV house (windshield)
- IV port (exhaust pipe)
- coffee straw (antenna)

### Instructions

1. Cover the emesis basin with cloth tape.
2. Using the push pin create two holes, 3" apart on the side of the basin.
3. Line the hole up with the ruler and repeat on the opposite side.
4. Cut the IV house down to form the windshield. Attach to the front of the car with tape.
5. Paint the emesis basin and allow time to dry.
6. Poke a hole in the front right side with push pin and cut the coffee straw in half. Apply glue to half of the end of straw and insert into the hole for the antenna. Glue tiny pom pom to the tip of the antenna.
7. Attach the large lab sample cups to the front with glue for the head lights. Attach the red and orange vial caps to the rear of the car with glue for the tail lights.
8. Push the axels through the holes in the sides. Apply glue to the tips of the axels and attach the wheels. Attach the vial caps to the center of the wheel with glue for the hubcaps.
9. Cut an orange vial cap in half and attach to the sides for mirrors. Glue a vial cap to the other half of the cut straw and attach behind the windshield for the steering wheel.
10. Glue the IV port to the rim of the back of the car for the exhaust pipe.



## Ruby's giraffe

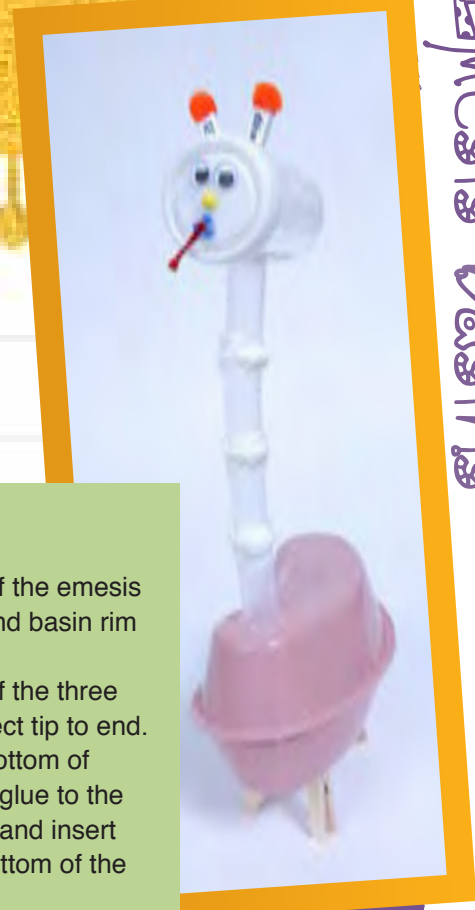
Suggested age: early school age and up

### Supplies

- 2 - emesis basins
- 4 - wood clothes pins
- 4 - Vacutainers collectors
- 3 - small pom poms  
(2 orange and 1 yellow)
- specimen cup
- 2 - google eyes
- 2 - wood triangle beads
- scissors
- small felt square
- ruler
- large push pin
- hot glue gun

### Instructions

1. Apply glue to the rim of the emesis basin and attach second basin rim to rim.
2. Apply glue to the top of the three Vacutainers and connect tip to end.
3. Cut four holes in the bottom of the lower basin. Apply glue to the top of the clothes pins and insert into the holes in the bottom of the basins for the legs.
4. Lay specimen cup on its side. Using a push pin, create a hole in the side of the cup, centered. This side will be the bottom of the head.
5. Glue a pom pom to the center of the lid for the nose and a small piece of ribbon for the tongue. Glue the two wood beads to the top edge of the rim of the lid. Glue orange pom poms to the top of the beads to make the horns. Cut two small ears out of felt and attach to the head.
6. Apply glue to the top of the Vacutainer tower for the neck and attach the specimen cup on top. Insert the Vacutainer tip into the hole.
7. Tie the three pieces of yarn into a knot on one end, and braid yarn. Once at desired length, tie off in a knot leaving a small end of strands for the tip. Apply glue to the opposite end and attach to the bottom of the cup for the tail.



## Scotty the Tweezer Lobster

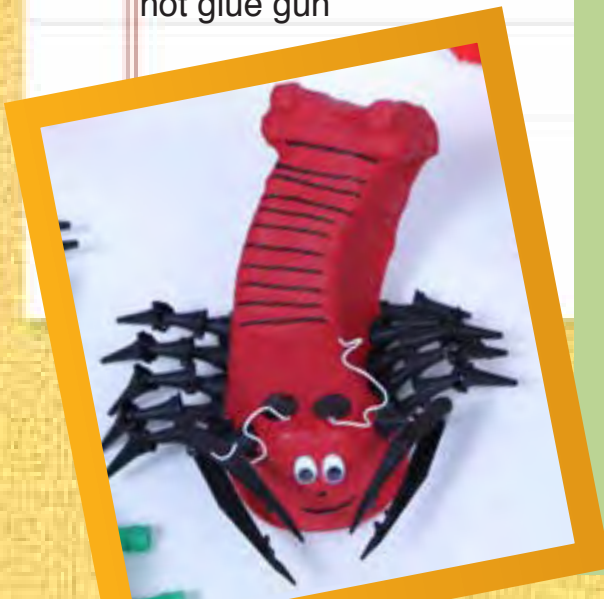
Suggested age: adolescents

### Supplies

- 2 - emesis basins
- 2 - Vacutainer blood tubes
- 4 - microtainers
- 30 - otoscope tips
- 2 - disposable tweezers
- 2 - electrodes
- 2 - google eyes
- Sharpie® (black)
- cloth medical tape
- acrylic paint (red)
- paint brush
- paint palette
- scissors
- hot glue gun

### Instructions

1. Cut the end off of the first basin. On the curved end, cut the shape of a triangle and discard cut out. At the end of the basin, glue the Vacutainers and microtainers for the tips of the tail.
2. Glue the two basins together at desired angles to form the body and tail of the lobster. Cover the entire lobster with cloth medical tape.
3. Paint the lobster red and set aside to dry.
4. Assemble the legs by applying glue inside the end of one otoscope and inserting another otoscope tip first and at a slight angle. Connect three at a time until you have ten sets.
5. Apply glue to an otoscope and attach to the inside handle of the tweezers to make a claw. Repeat step for second claw.
6. Begin gluing the legs down the sides of the lobster, five on each side. Glue the two pinchers on the front corners of the head with the tweezer ends pointing outwards.
7. Apply two electrodes to the top of the head. Clip the wire to desired length and twirl the ends.
8. Apply two dots of glue on the end of the lobster and attach the google eyes. Draw a nose and mouth with the marker. Draw lines across the tail.



# Zane the ghost crab

Suggested age: adolescents

## Supplies

- emesis basin
- 2 - google eyes
- 2 - disposable tweezers
- 14 - otoscope tips
- roll cloth medical tape
- 2 - electrodes
- scissors
- Sharpie® (black)

## Instructions

1. Cut emesis basin in half and slide one half of the basin inward over the other half. This will form a smaller basin. Glue in place.
2. Cover basin with cloth medical tape.
3. Assemble the legs by applying glue inside the end of one otoscope and inserting another otoscope tip first and at a slight angle. Connect two at a time until you have six sets.
4. Apply glue to an otoscope and attach to the inside handle of the tweezers to make a claw. Repeat step for second claw.
5. Begin gluing the legs down the sides of the crab, three legs on each side. Glue the two pinchers on the front corners of the head with the tweezer ends pointing out.
6. Apply two electrodes to the top of the head. Clip the wire to desired length and twirl the ends.
7. Apply two dots of glue on the end of the crab and attach the google eyes. Draw a mouth with the marker.







# Adrian the alligator

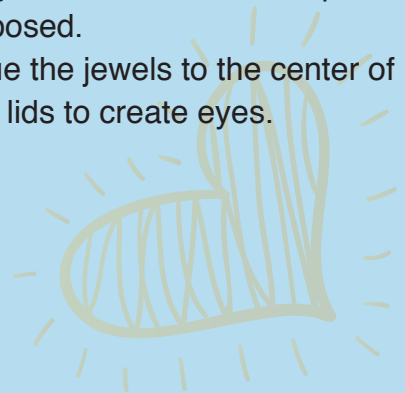
**Suggested age:**  
preschool age

## Supplies

fracture bedpan (head)  
2 - specimen cups (eyes)  
2 - medicine cups (nostrils)  
2 - large jewels (pupils)  
roll of green painters tape  
(skin)  
acrylic paint (black)  
paint brush  
paint pallet  
tacky glue

## Instructions

1. Turn bedpan upside down with the narrow end at the bottom. This will be the head.
2. Cut a rectangle piece out of the side of each medicine cup.
3. Paint the inside of the cups black, and set aside to dry. These will be used for the nostrils.
4. Paint the outside of the specimen cup lids black. Set aside to dry.
5. Cover entire bedpan with green tape.
6. Glue the two medicine cups to the bottom of the bedpan, black ends facing out. Tape down the cups until only the black end of the cup is exposed.
7. Glue the specimen cups to the top of the bedpan with the lids facing forward.
8. Tape down the cups until only the white lid of the cup is exposed.
9. Glue the jewels to the center of the lids to create eyes.



# Bedpan bunny

## Suggested age: Instructions

early school age

## Supplies

fracture bedpan (head)

roll gauze (fur)

toothette (nose)

2 - specimen cup lids

(eyes)

2 - emesis basins (ears)

2 - large google eyes

cotton balls (fur for ears  
and muzzle)

craft foam

ribbon

medical tape

fabric marker (gray)

tacky glue

hot glue gun

1. Wrap entire bedpan with gauze.
2. Pull gauze tightly across the bottom of the bedpan and secure on the top with tape.
3. Turn bedpan over with bottom facing up to create the head. The smaller width will be at the lower end.
4. Turn the emesis basins over and glue cotton balls to cover the sides. Set aside to dry.
5. Remove the lids from the specimen cups and save cups for future crafts.
6. Glue the lids to the head of the bunny. Glue large google eyes to the center of the lids.
7. Cut the stick off the toothette. Glue the sponge portion of the toothette to the face of the bunny to create the nose.
8. Color the nose gray with a fabric marker.
9. Glue cotton balls under the nose to form a muzzle.
10. Cut a small half circle out of the craft foam and glue below the muzzle to create the mouth.
11. Tie a strip of ribbon into a bow and glue to the bottom for the head to create a bowtie.
12. Hot glue the emesis basins to the top corners of the head to create ears.
13. Cut a strip of ribbon and tie to the handle of the bedpan. This will allow the bunny to hang from the IV pole or wall.



## Bedpan island

**Suggested age:**  
preschool age

### Supplies

bedpan  
tiny Band-Aid® bandages  
white Magic Model®  
peach or orange paint  
peach sand  
orange and or yellow glitter  
blue paint  
drink umbrella  
markers  
gloves

### Instructions

1. Mix peach paint (or orange paint) and Magic Model together to make peach Magic Model. Wearing gloves when mixing is recommended to prevent sticking.
2. Paint inside of bedpan blue. Set aside.
3. Roll peach Magic Model in peach sand and glitter to coat it.
4. Shape peach Magic Model into desired island shape.
5. Color tiny Band-Aid bandages with markers to resemble beach towels.
6. Place Magic Model island in bedpan.
7. Attach Band-Aid bandages to island by removing paper backing.
8. Open drink umbrella and push it into the Magic Model island.
9. Place island into bedpan.

\*You can also create other habitats such as forests, oceans and deserts. Create seasonal displays such as a snow scene with a Magic Model snowman and white bedpan.



# Epilepsy Monitoring Unit cow

## Suggested age:

early school age

## Supplies

output measuring hat

2 - large google eyes

6 - electrodes

medium cardboard box

felt squares (black, pink and red)

Sharpie® (black)

medical tape

2 - medicine cups

ruler

scissors

tacky glue

## Instructions

1. Draw and cut out two, 3" oblong circles from the cardboard for the ears.
2. Cover ears with medical tape and glue to the curved edge of the measuring hat.
3. Glue medicine cups (with the bottom side facing out) to the bottom of the measuring hat to create the nostrils.
4. Cover the measuring hat with tape.
5. Glue the google eyes to the curved edge of the measuring hat.
6. Cut out the shape of the mouth from the pink or red felt.
7. Cut out round circles of black felt for the end of the nostrils. Glue felt pieces to the cow as desired.
8. Remove the electrodes and place the sticky side to the head of the cow. Let the wires hang down.



## Katelyn the duck



● Suggested age: adolescents

### Supplies

- urinal (body)
- 2 - yellow isolation gowns (stuffing)
- specimen cup
- 11 - tongue depressors (beak and feet)
- red spike connector (tongue)
- feeding bag (wing)
- 2 - cotton balls
- 2 - medicine cups (eyes)
- 2 - google eyes
- duct tape
- scissors
- acrylic paint (white and orange)
- paint brush
- paint palette
- hot glue gun

### Instructions

1. Place four tongue depressors side by side and tape together.
2. Paint front of tongue depressors and set aside to dry.
3. Repeat step 1 and 2 for second set of four tongue depressors.
4. Paint inside of two medicine cups white. Set aside to dry.
5. Turn tongue depressors over and paint the backside. Allow time to dry.
6. Cut three tongue depressors in half.
7. Lay three halves side by side and tape together to create webbed foot.
8. Paint foot orange. Set aside to dry.
9. Repeat steps 7 and 8 for other foot.
10. Open lid to urinal and stuff a yellow isolation gown inside and close lid.
11. Remove lid from specimen cup. Save lid for future crafts.
12. Cut the ports of the feeding bag off and save for future crafts.
13. Stuff yellow isolation gown inside bag and seal end with a strip of duct tape.
14. Apply a strip of duct tape to the opposite end to match.
15. Lay the urinal on its side with handle on top.
16. Glue the side of specimen cup to lid of the urinal with the open end facing down to create the head.
17. Glue the cotton balls to the top of specimen cup.
18. Glue google eyes to bottom of medicine cups.
19. Glue the medicine cups with eyes facing forward to the top of the cotton balls to create the eyes.
20. Glue the feeding bag centered under the handle of the urinal for the wings.
21. Apply a thick line of glue to the end of the four tongue depressors. Attach to the inside of the specimen cup to create the top of the beak.
22. Repeat steps 18 and 19 for the of the beak.
23. Glue the red spike inside the beak for a tongue.
24. Glue feet to the bottom of the urine collector.

# Flower vase

Suggested age:  
late school age

## Supplies

- urinal
- artificial flowers
- tissue paper squares
- tissue paper
- Mod Podge®
- tape
- scissors

## Instructions

1. Apply Mod Podge to the outside of the urinal in small sections.
2. Place the tissue paper squares over the Mod Podge and apply another thin coat of Mod Podge over tissue squares to seal.
3. Repeat steps 1 and 2 until the urinal is completely covered. Set aside to dry.
4. Arrange the flowers into a bouquet.
5. Wrap tissue paper around the bottom of the stems. Tightly secure the tissue paper using several layers of tape.
6. Insert bouquet into the opening of the urinal. The wrapped stems should fit snugly inside.



# Megaphone

## Suggested age:

late school age

## Supplies

urinal

stickers or other decorative

embellishments

scissors

assorted craft supplies

## Instructions

1. Cut off the bottom of the urinal.
2. Remove the top cap of the urinal.
3. Add stickers or other decorations as desired.



## Flower pot

**Suggested age:**  
preschool age and up

### Supplies

- urine collector
- yarn
- stickers
- scrapbook paper
- magazines
- glue
- hole punch

### Instructions

1. Punch a hole on either side of urine collection cup. Holes should be close to the lip of the collector.
2. Decorate urine collector with stickers, scrapbook paper or magazine pictures.
3. Cut yarn long enough to stretch across collector. This will be your handle.
4. Thread one end of string through one hole in urine collector and knot the end. Repeat on other side.



## Cowboy hat

**Suggested age:**  
preschool age and up

### Supplies

urine collector per hat

paper star

(for front of hat)

ribbon

embellishments

(glitter, beads, yarn,  
pom poms, etc.)

glue

### Instructions

1. Wrap ribbon around base of urine collector. Adjust ribbon to desired length and cut ribbon.
2. Glue ribbon to hat.
3. Glue star to front of hat and/or decorate with other embellishments.

\*Using same technique, you can also make a sombrero with the addition of a paper circle and pom poms glued to the hat's brim.





I love to make fun stuff out of scary stuff. It makes me feel happy. I like to do art with Trina.

*Zoe, age 7*



# Feeding bags



# Feeding bag lion

Suggested age: late school age

## Supplies

feeding bag

10 - disposable tourniquets, cut in half

large pom pom

2 - google eyes

acrylic paint (brown)

paint brush

paint pallet

scissors

hot glue gun



## Instructions

1. Cut the line and the cap off the feeding bag. Save line for step 7.
2. Cover bag with cloth medical tape.
3. Cut tourniquets into thin strips length wise, leaving ends intact.
4. Glue ends of tourniquets along the edge of the bag to form a mane.  
Allow time to dry.
5. Paint bag and allow time to dry.
6. Glue a large pom pom into the mouth of the feeding bag. Glue the eyes onto the face.
7. Glue a looped piece of the line to the back for a hanger and apply to headband.

# Feeding Koo Koo bird

Suggested age: late school age



## Supplies

3 - feeding bags	acrylic paint (orange, blue, green and yellow)
17 - tongue depressors	paint brush
3" Styrofoam ball	paint pallet
2 - 1" Styrofoam balls	scissors
2 - google eyes	hot glue gun
tongue depressor	tacky glue
cloth medical tape	2 - disposable gowns
2 - 12" x 12" felt squares (green)	craft feathers in assorted colors
orange felt for beak	
pipe cleaner (orange)	

## Instructions

1. Paint the 3" Styrofoam ball blue, the two 1" Styrofoam balls yellow and set aside to dry.
2. Cut the tubing off all three feeding bags. Save tubing for step 7.
3. Cut the mouth off of two feeding bags and save for future crafts.
4. Tacky glue two tongue depressors end to end angled. Repeat step for four sets.
5. Open the mouth of the third feeding bag and insert a bunched disposable gown. This will be the body of the bird. Glue the mouth shut. Wrap bag with cloth tape and paint green. Set aside to dry.
6. Place two angled tongue depressor sets inside the mouthless bags and hot glue in place to form the skeleton of the wing. Repeat step for second wing.
7. Attach two feeding bags (wings) to opposite sides of the stuffed feeding bag (body) with hot glue.
8. Cut a 24" section from the feeding line and attach to the opposite end of the body. Secure in place with tape.
9. Cut the pipe cleaner in half. Bend halves to form the feet.
10. Hot glue the 3" Styrofoam ball to the mouth of the feeding bag to form the head. Create a hole in the front-center of the ball. Fill hole with tacky glue and insert the beak.
11. Cover the birds head with feathers in a wrapping formation.
12. Glue the google eyes onto the 1" yellow balls to create the eyes.
13. Apply hot glue to the bottom of the eyes and attach to the head of the bird.
14. Glue green felt to the bottom sides of the wings. Attach the pipe cleaner feet to the bottom side of the body.
15. Attach rows of feathers to the top of the bird with tacky glue.

# Light saber

Suggested age: school age and up

## Supplies

- 2 - 24" cardboard tubes (from wrapping paper)
- 2 - feeding bags
- 60cc syringe (plunger removed)
- 2 - disposable shoe covers
- roll cloth medical tape
- duct tape (red)
- acrylic paint (black)
- paint brush
- paint palette
- hot glue gun

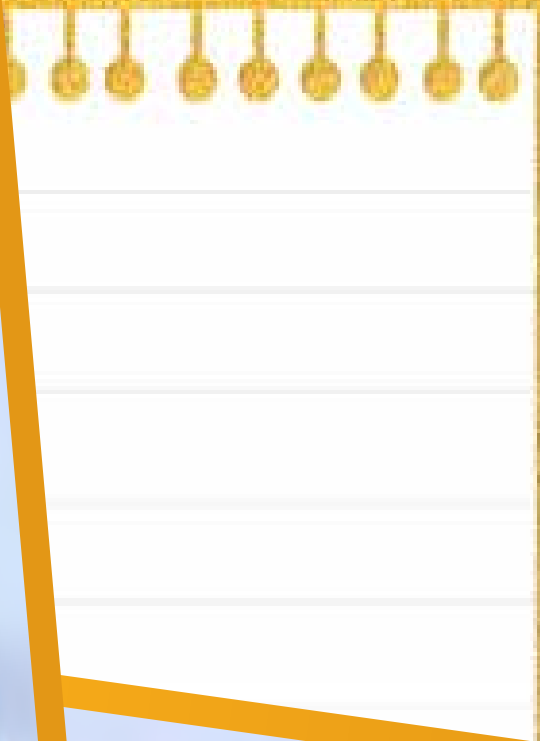
## Instructions

1. Cut away the mouths of the feeding bags. Save the bags for a future craft.
2. Glue the smaller end of the bag mouth to the inside of the cardboard tubes.
3. Glue ends of syringe into the bag mouths, connecting the two cardboard tubes together.
4. Roll the shoe cover into a ball form and wrap with medical tape. Tape the balls to the ends of the cardboard tubes to give the light saber a rounded effect.
5. Cover the entire object with red duct tape.
6. Paint the center of the light saber black (the handle). Allow time to dry.

Making  
a light-saber

out of medical supplies was  
awesomely fun! Playing with the saber  
helps me not to think about pain. Instead  
of being a sick kid, I get to be a Jedi!

Ethan, age 10



# Group activities

Child Life Medical Art Activities



## Becky the dragon

Suggested age: preschool age and up

### Supplies

cardboard boxes (assortment of sizes)  
 newspaper  
 paper mache (equal amount of flour, glue and water)  
 large basin  
 masking tape  
 duct tape  
 2 - sharps containers  
 2 - fracture bedpans  
 10 - isolation gowns  
 2 - empty masking tape rings  
 2 - large jewels  
 6 - glue tips (recycled)  
 sheet of cardstock (hot pink)  
 felt (red)  
 glitter (lime green)  
 craft wire  
 curling ribbon  
 acrylic paint (purple, lime green, orange and pink)  
 paint brush  
 paint palette  
 scissors  
 ruler  
 tacky glue  
 black marker



## Instructions

## Becky the dragon

1. Arrange the boxes to build the body form of the dragon.
2. Use tacky glue and duct tape to secure the boxes together.
3. Crumple the newspaper into balls.
4. Tape into the crevasses around the outside of the boxes to shape the body, neck, head, legs, arms and tail.
5. Form the ears out of rolled newspaper and tape to the head.
6. Use duct tape to attach the two sharps containers side by side for the nostrils.
7. Use hot glue and duct tape to connect the nostrils to the head, with the opening facing out.
8. Roll the newspapers to form the snout around the opening of the container.
9. Roll small rolls of paper and attach down the top of the snout.
10. Using a smaller box lid, cut in half to form the jaw of the mouth.
11. Attach to the bottom of the snout and let jaw hang downward.
12. Paint the inside of the mouth black.
13. Form the hands and fingers with bunched and rolled sheets of newspaper. Use masking tape to secure.
14. Turn the bedpans upside down for the feet and form the toes with rolled newspaper. Secure with masking tape.
15. Tape the feet to the bottom of the dragon.
16. Make rolls of newspaper and tape to the front of the dragon for the ripples down the stomach.
17. Trace joining triangles out of cardboard for the scales.
18. Attach the scales to the back, neck and tail with duct tape.
19. Repeat steps for the teeth. Paint white and set aside to dry.
20. After the dragon is a formed body, attach sheets of newspaper to the entire project with masking tape.
21. Mix equal parts of glue, flour and water in a large basin. Tear long strips of newspaper and dip in mixture. Using your hands, squeegee strips to remove excess mixture.
22. Place wet strips directly to the dragon.
23. Repeat steps and cover the entire form. Allow a day to dry.
24. Paint the entire dragon purple, and the chest and scales lime green.
25. Cut a long strip out of cardboard for the tongue. Glue the wire under the tongue. Cover with red felt and attach to the inside of the mouth with hot glue.
26. Attach the teeth to the inside of the mouth with glue.
27. Bend tape rings into an oval shape and cover with masking tape. Paint white and set aside to dry.
28. Paint the tips of the toes orange.
29. Attach the glue tips to the fingers with hot glue for claws.
30. Paint pink polka dots all over the purple part of the dinosaur.
31. Attach the oval rings to the head with hot glue for the eyes. Glue the large jewels in the centers of the ovals.
32. Attach curling ribbon to the top of the head.

\*To give a realistic effect, place dry ice in the nostrils (sharps containers) and use a syringe of water to activate smoke.\*

## Frankenstein "Frankie"

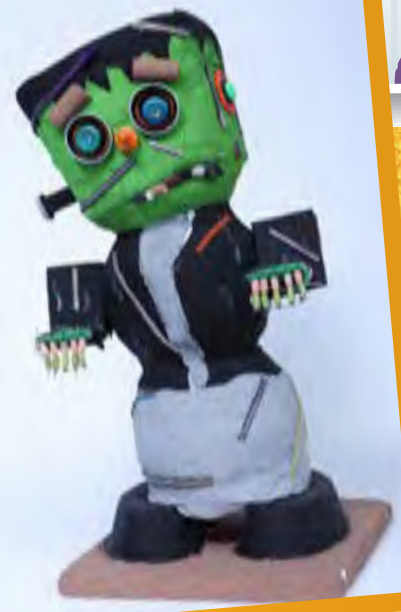
Suggested age: preschool age and up

### Supplies

- 3 - 12" Styrofoam pumpkins
- 4 - bottle caps
- small cardboard box
- wine cork
- 2 - different size jewels
- 7 - small rocks
- 2 - foam squares
- game piece
- 12 - assorted zippers
- 2 - empty bandage boxes
- 2 - pediatric arm boards
- 20 - wood beads
- bead cord
- 2 - emesis basins
- 5 - zippers  
(assorted color and sizes)
- hot glue gun
- masking tape
- acrylic paint  
(green, gray, black, white, orange)
- paint brush
- paint palette
- fiberglass casting (3 rolls)
- 12" x 12" Styrofoam square

### Instructions

1. Hot glue three 12" Styrofoam pumpkins together to create the body.
2. Glue the small box to the top of the pumpkins to create a square head. Secure with masking tape.
3. With the fiberglass casting, create a hardened statue.
4. Cover the emesis basins with masking tape and attach to the bottom of the body with hot glue. These will be the feet.
5. Hot glue the bottom of the feet to the 12" x 12" Styrofoam platform.
6. Hot glue the empty bandage boxes to the sides of the body, creating the upper arms.
7. Glue pediatric arm boards to the upper arms.
8. Using a large needle, stitch the bead cord through the end of arm board for fingers.
9. String beads on to cord and tie off. Clip ends to give a stitched effect.
10. Split the wine cork in half and hot glue to the face for eye brows.
11. Glue the bottle caps on for the eyes. Add the jewels for the pupils.
12. Hot glue the game piece for the nose.
13. Hot glue the rocks in place for the teeth.
14. Glue the two small foam squares to the neck for screws.
15. Glue the other two bottlecaps to the end of the screws.
16. Trim off the material of the zippers.
17. Cut zippers into different lengths and attach to Frankenstein with glue.





# Medical angel

Suggested age: preschool age and up

## Supplies

- 4" Styrofoam ball
- yankauer suction
- suction tubing
- 12 - patient ID bands
- 2 - vanilla scented pacifiers ("soothies")
- 2 - otoscopes
- 2 - marbles
- toothette
- nasal cannula
- suction container
- 2 - pediatric arm boards
- 10cc syringe (plunger removed)
- 2 - small IV bags
- yellow yarn
- red pipe cleaner (red)
- pipe cleaner (glitter)
- acrylic paint (beige)
- chenille yarn (purple)
- hot glue gun
- paintbrush
- scissors

## Instructions

1. Paint Styrofoam ball and arm boards. Set aside to dry.
2. Clip off the port end of IV bag and stuff with chenille yarn.
3. Turn suction container upside down and glue arm boards to the side, facing forward to create the arms.
4. Place the baby shirt onto the container and the arm boards. Tuck shirt under container and glue to keep in place.
5. Cut six - 1" pieces of yellow yarn. Tie all pieces of yarn together in a knot on one end.
6. Thread yarn up through syringe. Pull yarn out the tip of the syringe to form the light to create the candle.
7. Place the candle between the arms and glue together. It should appear that the angel is holding a candle.
8. Apply a large amount of glue to the top of the body and attach the Styrofoam ball (head). Allow to dry.
9. Cut off the nipples of the pacifiers and cut the pacifier rings in half.
10. Using the half of the pacifier that has a rectangular lip, paint the rectangular piece black for the eyebrows. Hot glue the eyebrows above where the eyes will be placed.
11. Glue the tip of the otoscope to the Styrofoam below the eyebrows.
12. Glue the inside of the otoscope and attach marbles.
13. Glue the stick of the toothette (nose) and insert into the Styrofoam ball under the eyes.
14. Cut the two ends off of the nasal cannula and thread a red pipe cleaner inside the cannula.
15. Glue onto the face for a mouth.
16. On the back of the T-shirt, cut one small hole.
17. Glue the open end of the IV bags to the back of the angel.
18. Cut ID bands to desired length to create hair.
19. Glue to the top of the head.
20. Glue the handle end of the yankauer suction to the back top side of the head.
21. Cut a section of suction tubing. Form a round circle for the halo and insert the glitter pipe cleaner. Hot glue halo to the end of the yankauer.





# Balloon blow up

**Suggested age:**  
early school age and up

## Supplies

- empty water or baby bottle
- glove
- 2 spoonfuls of baking soda
- 1/4 cup of vinegar
- rubber band or duct tape

## Instructions

1. Put baking soda into an empty glove.
2. Pour vinegar into the empty bottle.
3. Using duct tape or rubber band, secure opening of glove around the opening of the bottle. Be careful to keep the baking soda in the fingers of the glove and not let any baking soda fall into the bottle.
4. Once the glove is securely attached to the bottle and there is no escape for air, lift the glove up and allow the baking soda to fall into the bottle.
5. The vinegar and baking soda will react and blow up the glove. Be careful for spills – if the glove is not securely attached, the mixture may foam out of the sides.

**Being able to make something out of medical supplies helps me to think outside the box and be creative. It helps me to take a step back and forget about having cancer.**

Katelyn, age 15



# Funny face mask

Suggested age:  
preschool age

## Supplies

TB mask  
assorted markers

## Instructions

1. On the front of the mask, have the child create a face reflecting how he/she feels. Examples: funny, laughing, sad, angry faces.



## Glove painting

**Suggested age:**  
toddlers and up

### Supplies

exam glove  
several cotton balls  
construction paper in  
assorted colors  
roll of medical tape  
paper plate  
assorted paints (washable)

### Instructions

1. Fill the glove with cotton balls and tape the end of glove.
2. Place several colors of paint on a paper plate.
3. Give the child a piece of construction paper.
4. Use the glove to freely paint on the paper.

## Leaf isolation gown costume

**Suggested age:** preschool age and up

### Supplies

isolation gown  
various shapes of leaves  
construction paper in various colors  
glue  
scissors  
pencil

### Instructions

1. Using a pencil, trace the leaves onto the construction paper.
2. Cut out the leaves.
3. Glue paper leaves to isolation gown until gown is covered.

# Groovy glove chicken

**Suggested age:**  
preschool age and up

## Supplies

large glove

13 - pony beads

Sharpie® markers

access to oxygen tank or  
port

## Instructions

1. Wrap open end of exam glove around oxygen line or port, hold firmly and allow air to fill the glove to create a balloon.
2. Continue to hold firmly and remove the glove from the air.
3. Tie end of glove into a knot.
4. Using the thumb as the chicken's nose, draw the eyes, mouth and ears.
5. Squeeze the air from the fingers and thread the three beads onto each finger. Once beads are added, air will flow back into the tips of the finger.



## Mask bumble bee

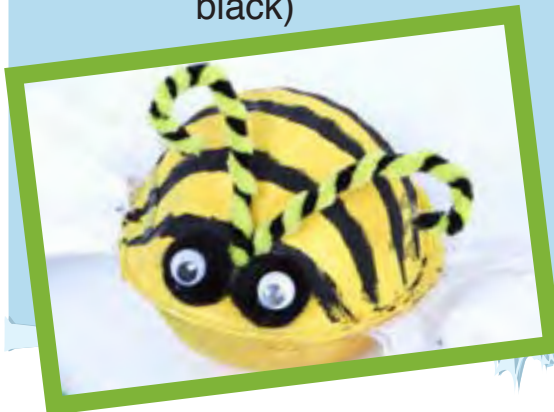
Suggested age: early school age

### Supplies

- 3 - TB masks
- 2 - isolation masks
- 6 - pipe cleaners  
(3 black and  
3 yellow)
- cord string (red)
- 2 - google eyes
- 3 - small pom poms  
(2 black and  
1 yellow)
- tacky glue
- scissors
- pencil
- ruler
- acrylic paints  
(white, yellow and  
black)

### Instructions

1. Draw an oval shape on each of the isolation masks.
2. Cut out the ovals and paint white to create wings. Set aside to dry.
3. Cut off the elastic bands from the three TB masks.
4. Apply a line of glue to the rim of the first TB mask and attach to the rim of the second TB mask to form the body of the bee.
5. Paint the body black with yellow stripes. Set aside to dry.
6. Paint the third TB mask black with a yellow face in the center. Set aside to dry.
7. Cut six 2" sections of the black pipe cleaners for the legs.
8. Cut two 1" sections of the yellow pipe cleaner for the antennae.
9. Cut a 6" section of the yellow pipe cleaner for the stinger.
10. Apply glue to the black pom poms and attach to the antenna pipe cleaners.
11. Fold the black mask inward at the bottom to form the shape of the bee's head and apply glue to the folds to secure the head's form.
12. Apply a large amount of glue to the back of the head and attach to the front of the bee's body.
13. Attach the wings to the sides of the body with glue.
14. Cut a small hole in the end of the body for the stinger.
15. Wrap the 6" yellow pipe cleaner around the pencil to form a swirl for the stinger.
16. Remove from the pencil, apply glue to the end and insert into the small hole at the end of the body.
17. Cut three small holes for the legs on the bottom side of the body. Repeat step for the other side.
18. Apply glue to the tips of the pipe cleaner legs and insert into the holes on the bottom of the body.
19. Glue the antennae, eyes and pom pom (nose) to the head.
20. Cut a small piece of cord string for the mouth and glue in place.



# Mask door knob hanger

Suggested age:  
preschool age

## Supplies

isolation mask  
assorted markers  
assorted feathers  
glitter glue  
assorted jewels  
scissors

## Instructions

1. Cut off one ear loop. The remaining ear loop will be the top of the hanger.
2. Decorate mask with glitter glue, feathers and jewels as desired. Allow time to dry.
3. Hang from the child's door knob to add a personal touch to his/her room.



# Mermaid mask

**Suggested age:**  
late school age

## Supplies

- 2 - TB masks
- 2" Styrofoam ball
- 2 - Vacutainer blood tubes
- 2 - small shells
- small jewel
- roll of twine
- roll of craft wire
- craft hose
- small sequins
- cloth medical tape
- small google eyes
- hot glue gun
- scissors
- glitter
- red or pink felt
- roll of curling ribbon
- several cotton balls

## Instructions

1. Roll mask and stuff with cotton balls (body).
2. Hot glue edges of mask to close.
3. Hot glue Styrofoam ball (head) to one end of the mask.
4. Bend the wire to the shape of desired fins (tail) and twist the ends together.
5. Cover the tail with hose and glue the end to secure in place.
6. Design, paint and glitter the tail and set aside to dry.
7. Paint the body and head with acrylic paint.
8. Hot glue sequins in rows around the bottom half of the body.
9. Hot glue a small jewel on for the belly button.
10. Hot glue sea shells for bathing suit top with small twine between shells.
11. Cut 1/4" from blood tubes and discard.
12. Replace rubber stopper to remaining blood tubes (arms).
13. Hot glue arms to body.
14. Use curling ribbon to create hair and eyelashes.
15. Hot glue hair, google eyes and eyelashes to face.
16. Cut lips out of felt and hot glue them to the face.



## Mystery mask fun



**Suggested age:**  
preschool age and up

### Supplies

isolation mask  
assorted feathers  
assorted jewels  
glitter glue  
tacky glue  
scissors

### Instructions

1. Turn mask upside down with the bendable side at the bottom.
2. Fold mask in half and cut two holes for the eye openings.
3. Decorate mask with glitter glue and allow time to dry.
4. Glue on feathers and jewels as desired. Allow time to dry.
5. Bend mask at bottom to fit over the nose and loop side strings around the ear.

## Oxygen mask stamping

**Suggested age:**  
toddlers and up

### Supplies

oxygen masks in several sizes  
assorted paints  
sheet of paper

### Instructions

1. Dip one end of the oxygen mask into paint.
2. Apply oxygen mask coated with paint to paper.
3. Repeat until satisfied with the design.



# Rainbow gloves

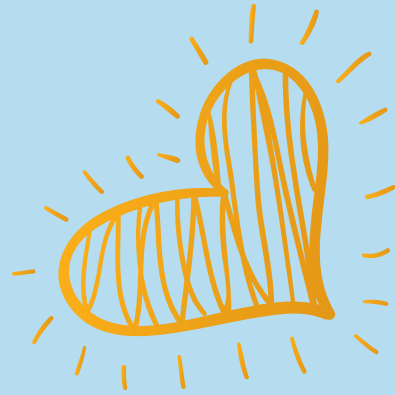
**Suggested age:**  
early school age and up

## Instructions

1. Paint on the gloves with nail polish.

## Supplies

nail polish  
gloves



# Stress gloves

**Suggested age:**  
late school age

## Instructions

1. Use the funnel to fill the glove with flour, rice or sand.
2. Leave enough space to tie off the open end of the glove (like a balloon).
3. Have the child use the filled glove to squeeze and manipulate during stressful events.

## Supplies

2 - hospital gloves  
flour, rice or sand  
funnel

It makes me less scared of medical stuff  
because you can make cool stuff out of it.

Ruby, age 6

# TB turtle

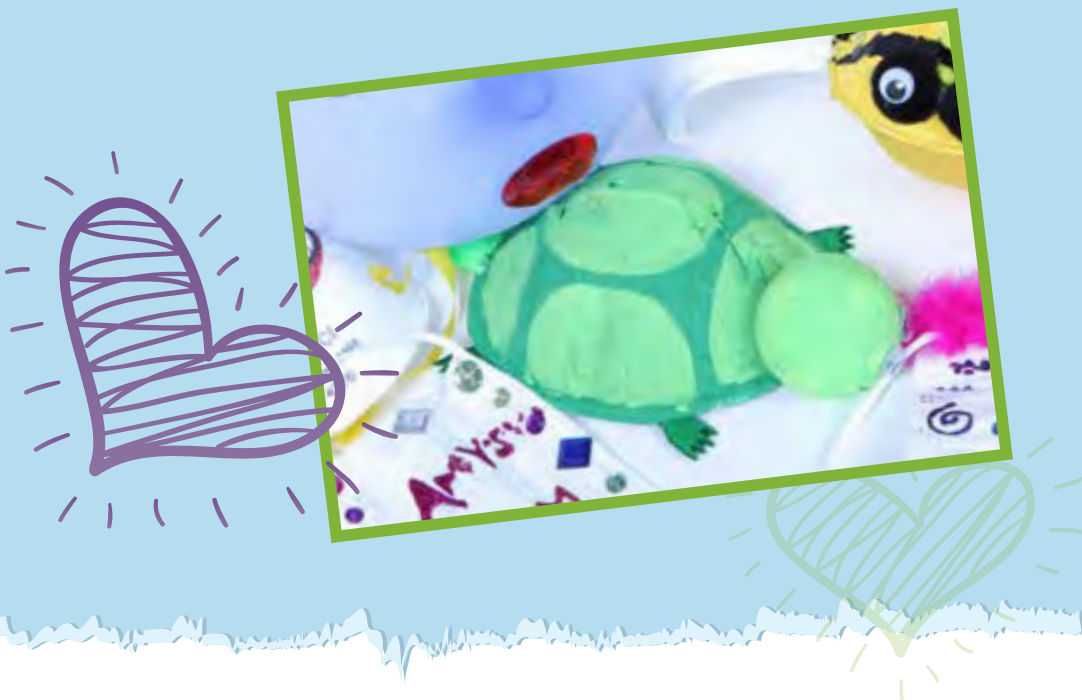
Suggested age:  
early school age

## Supplies

TB mask (shell)  
2" Styrofoam ball (head)  
2 - google eyes  
pencil  
assorted markers  
pipe cleaner (green)  
acrylic paints (light green  
and green)  
felt square (green)  
scissors  
craft glue

## Instructions

1. Cut the elastic bands off the mask.
2. Paint mask and Styrofoam ball green and set aside to dry.
3. Draw and cut out four feet for the turtle on the felt square.
4. Glue the feet to the sides of the mask (shell).
5. Cut the pipe cleaner in half and bend into the shape of the tail.
6. Glue tail to the end of the shell.
7. Attach the Styrofoam ball (head) to the opposite end with glue.
8. Glue the google eyes to the head.
9. Use a marker to draw a mouth.



# Medical art activities



# Medical Art Activities



## Adrian's airplane

Suggested age: toddlers and up

### Supplies

sheet of cardstock paper

SpO2 adhesive sensor

markers or crayons in assorted colors



### Instructions

1. Provide the child with a piece of cardstock paper and markers.
2. Peel backing off sensor and apply sensor to paper.
3. Allow the child to create a picture using the sensor as a focal point.



# Ambu bag sea horse

Suggested age: adolescents

## Supplies

pedi Ambu bag  
 flex hose  
 manometer connector  
 air cushion mask  
 microtainer cap  
 roll cloth medical tape  
 toothette  
 metal coat hanger  
 2 - google eyes  
 craft wire  
 pantyhose  
 acrylic paint (orange, metallic green)  
 paint brush  
 paint palette  
 sand (orange)  
 scissors  
 needle nose pliers

## Instructions

1. Wrap the Ambu bag and mask in medical tape.
2. Paint the body with an undercoat of metallic green paint. When dry, paint the body with a mixture of orange paint and sand using the sponge of a toothette to give a textured affect.
3. Take the craft wire and bend in to the shape of fins. Cover with pantyhose. Tape the open ends to seal.
4. Paint the fins orange and set aside to dry.
5. Apply glue to the connection end of the mask and insert into the microtainer cap of the Ambu bag. This creates the head.
6. Apply glue to the base of the fins and attach to the top manometer connector.
7. Straighten the coat hanger with pliers. Bend to create a hook. Insert the hook through the flex hose into the Ambu bag. This creates a curved tail.
8. Glue the google eyes to the head of the seahorse.



## Baby bottle flower vase

Suggested age: early school age and up

### Supplies

baby bottle (vase)  
 green pipe cleaners (stems)  
 construction paper (flower petals)  
 marbles  
 tape  
 scissors  
 pencil  
 tissue paper squares  
 Mod Podge®  
 paint brush



### Instructions

1. With paint brush, apply Mod Podge to the outside of the baby bottle in small sections.
2. Apply small squares of tissue paper to the bottle and brush a thin coat of Mod Podge over the tissue paper.
3. Once completely covered with tissue paper, apply another thin coat of Mod Podge and set aside to dry.
4. Cut the shapes of flowers out of construction paper and tape a green pipe cleaner to the back of the flower as a stem.
5. Place stems into the bottle and add marbles for added support.

# "Blingy" ID bracelet

Suggested age: early school age and up

## Supplies

patient bracelet

small beads

small buttons

jewels

hot glue gun



## Instructions

1. Open the bracelet casing and insert small beads. Leave enough room to be able to bend the bracelet.
2. Bring ends together and close the clasp.
3. Apply dots of glue around the outer side of the band and attach buttons and jewels.
4. Allow time to dry.



## Caterpillar belt

Suggested age: late school age

### Supplies

- gait belt (body)
- 12 - syringe caps (spots)
- 12 - pipe cleaners (legs)
- 2 - google eyes (eyes)
- pom pom (nose)
- 2 - pipette tubes
- hot glue gun
- tacky glue



### Instructions

1. Roll the belt from the tip to the buckle. Expand the belt roll to form a funnel shape. The buckle will be at the larger end and will form the head and mouth.
2. Apply hot glue along the inside folds of the belt to secure its form.
3. Glue the large google eyes to the top of the buckle.
4. Glue the pom pom to the center of the buckle for the nose allowing the jagged bottom to represent the teeth and mouth.
5. Cut both pipette tubes in half. Squeeze the bulb to draw in paint for color. This creates the antennae.
6. Once dry, turn upside down and glue above the head.
7. Glue the syringe caps (spots) down the body. Allow time to dry.
8. Glue the green pipe cleaners along the underside of the caterpillar. Slightly bend to form the legs.

# ChloralPrep<sup>®</sup> applicator doll

Suggested age: early school age

## Supplies

- ChloralPrep 3 mL applicator (dried)
- medicine cup
- tongue depressor
- 2 - 2" x 2" gauze
- 2 - google eyes
- roll of cloth medical tape
- fabric markers in assorted colors
- yarn
- scissors
- hot glue gun



## Instructions

1. Turn medicine cup upside down and cut a hole centered in the bottom of the cup, large enough for the stick to be inserted.
2. Cut the tongue depressor in half and cover both ends with tape.
3. Cover the medicine cup with tape.
4. Attach the tongue depressors with the curved ends facing forward to the bottom of the cup to create feet.
5. Insert the ChloralPrep applicator stick into the hole and secure with tape.
6. Cut two shirt shapes out of the gauze, making a front and back.
7. Apply glue to connect the sides and shoulders of the shirt together on the doll.
8. Glue the eyes on the front of the sponge.
9. Glue yarn on the top edges of the sponge for hair.
10. Use the markers to draw the mouth and to color the shirt, skirt and shoes.

## Cotton swab painting

Suggested age: toddlers

### Supplies

cotton swab  
paints in assorted colors  
paper

### Instructions

1. Using a cotton swab as a paint brush, paint onto paper.



# Fabulous foliage

Suggested age: toddlers and up

## Supplies

- paper
- brown marker
- tempera paint
- toothettes



## Instructions

1. Using the marker, draw the trunk and branches of a bare tree onto the paper. They can be as simple or as detailed as you would like.
2. Use the toothettes as paint brushes to put leaves onto your tree. Dip them into various colors of paint so just the bottom edge is covered in a layer of paint. Stamp them onto the paper to create the leaves of the tree. Fill your tree with as many leaves as you would like.

I feel inspired with all the nurses and doctors. Coming here and making stuff makes me feel better.

Alexis, age 14

## Flow the blowfish

Suggested age: late school age

### Supplies

- |                         |                        |
|-------------------------|------------------------|
| 3" Styrofoam ball       | acrylic paint (purple) |
| 2 - Vacutainer caps     | paint brush            |
| line filter             | paint palette          |
| 25 - thermometer probes | glitter (purple)       |
| craft wire              | ribbon                 |
| pantyhose               | hot glue gun           |



### Instructions

1. Paint the Styrofoam ball and set aside to dry.
2. Bend the wire into the shape of desired fins, twisting the ends together to create two large and two small fins.
3. Cover the fins with hose and glue the end to secure in place.
4. Decorate the fins as desired. Set aside to dry.
5. Press the Vacutainer caps into the Styrofoam ball for the eyes to form an impression.
6. Remove caps and create a shallow hole within the impression.
7. Apply glue inside the hole and insert caps for the eyes.
8. Apply glue to the end of the filter. Insert filter into the ball to create a mouth.
9. Starting above the eyes, hot glue the probe covers, covering the entire ball.
10. Poke a small hole with scissors into both sides of the body.
11. Apply a small amount of glue to the twisted end of the fin and insert into the holes on each side.
12. Glue a ribbon to the top of the head for a hanger. Allow time to dry.

# Frankenstein candy holder

Suggested age:

late school age and up

## Supplies

4" clay rose pot

4" clay saucer

1/2" doll head knob

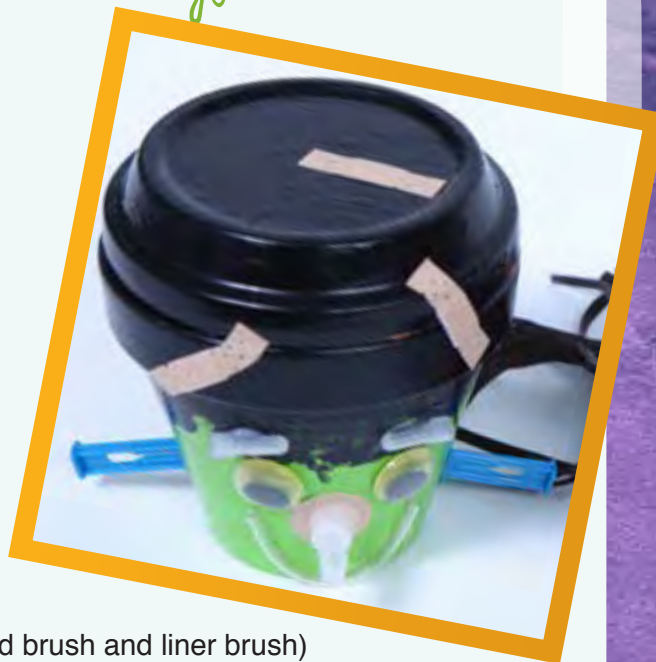
several syringe caps

glue

foam plate for paints

4 - paint brushes (including filbert, round brush and liner brush)

DecoArt® patio paint: wrought iron black, cloud white, petunia purple and mistletoe green



## Instructions

1. Center and glue doll head knob to bottom of saucer for lid. Refer to photo for placement and glue dowel cap to each side of pot. Allow glue to dry.
2. Paint knob of lid cloud white. Allow time to dry.
3. Paint lid, inside of pot and rim of pot with wrought iron black.
4. Use end of brush handle dipped into paint to make dots on lid knob. Allow time to dry.
5. Paint circles, using cloud white, for eyes. Allow paint to dry.
6. Paint dots, using wrought iron black, in center of eyes. Allow time to dry.
7. Paint the word "treats," using petunia purple, on front side of lid. Allow paint to dry.
8. Use the filbert brush and mistletoe green to paint eyelid with slanted bottom over top half of each eye. Paint rounded triangle for nose.
9. Use the liner brush and wrought iron black to paint a thick line across bottom of eyelid for eyelashes on each eye.
10. Paint a jagged line for mouth. Allow time to dry.
11. Use the liner brush and mistletoe green to paint scar line on each side of face. Allow time to dry.
12. Use a round brush and cloud white to paint teeth. Allow time to dry.
13. Glue syringe caps to either side of neck.

**Extension:** Apply Band-Aid® bandages to face, use other medical supplies to make eyes, nose, and mouth. Paint the center of the light saber black (the handle). Allow time to dry.

# Gauze ghosts

Suggested age: early school age and up

## Supplies

gauze

bottle of starch

water bottles (empty with labels removed) - 1 for each ghost

3" Styrofoam ball - 1 for each ghost

black felt

scissors

emesis basin

glue

wax paper



## Instructions

1. Place a sheet of wax paper at each workstation.
2. Remove the lid from the water bottle and press the Styrofoam ball firmly onto the top of the water bottle. This will be the base for your ghost. Center the bottle on top of the wax paper work station.
3. Pour about 1 cup of the starch into the emesis basin.
4. Scrunch up the gauze. Do not fold gauze. Place into the emesis basin.
5. Lightly wring out the gauze until it stops dripping.
6. Spread the gauze over the bottle or Styrofoam structure. Adjust the gauze until it covers the bottle like a loose cape.
7. You may need to repeat steps 4 and 5 a couple of times until the bottle is covered and the gauze resembles a ghost-like shape.
8. Let gauze dry according to the directions on the starch bottle.
9. Once dry, remove the ghost from the bottle. Cut eyes out of the black felt and glue onto the face of the ghost.

**Helpful hint:** A fun addition is to add glow paint to the starch mixture and your ghost will glow in the dark! You can also change the bottle construction underneath to change the shape of your ghost.

# Gauze pad trees

Suggested age: early school age and older

## Supplies

gauze pads  
paper  
brown paint  
green paint  
yellow paint  
red paint



## Instructions

1. Paint a tree trunk and limbs on paper using the brown paint.
2. Dip the gauze pads into various colors and blot onto the tree limbs.

This makes the treatments easier and I'm not so scared.

Socorro, age 6

## Graffiti wall

Suggested age: adolescents

### Supplies

large sheet of exam table paper  
markers in assorted colors  
tape



### Instructions

1. Tape the paper to the wall at an appropriate height for the child to write.
2. Draw a vertical line dividing the paper in half.
3. Label one side with a positive statement such as, "Things I like about the hospital."
4. Label the other side with a negative statement such as, "Things I don't like about the hospital."
5. Encourage all the children to write or draw their feelings on the wall.



# Hospital imprints

Suggested age: late school age and older

## Supplies

plaster of Paris

various medical supplies

(syringe, tubing, Band-Aid®  
bandages, tongue depressors,  
Q-tips® cotton swabs, emesis  
basins)



## Instructions

1. Prepare the plaster of Paris as directed and pour into the emesis basin.
2. Allow the plaster of Paris to become slightly firm and then press the medical equipment into it.
3. After an impression has been made, remove the medical equipment to view your imprint.



## Hospital scrapbook

Suggested age: early school age and up

### Supplies

camera and printer  
scrapbook paper  
glue  
markers in assorted colors

### Instructions

1. Take pictures of equipment, nursing staff and doctors and print them out.
2. Decorate the scrapbook pages with pictures and markers.



# Invisible ink

Suggested age: early school age and up

## Supplies

- cotton swabs
- 1/4 cup baking soda
- 1/4 cup water
- grape juice concentrate

## Instructions

1. Mix baking soda and water.
2. Using a cotton swab, write a message on a piece of paper.
3. Then with a paint brush, paint across the message with grape juice.



I feel inspired with art and feel emotional for all the people that come here and get chemo treatment done.

Maaura, age 9

## Medical collage headband

Suggested age: preschool age and up

### Supplies

Medical supplies (Band-Aid® bandages,  
gloves, medical tape, syringes)

tape measure

construction paper glitter

glue

paint



### Instructions

1. Measure the child's head.
2. Cut construction paper into strips.
3. Glue strips together to desired head circumference and create a headband.
4. Use medical tape to adhere various medical supplies to headband.

Extension: Use quick dry nail polish on gloves to add color. Medical supplies for headband can be diagnosis specific.

Great craft for Thanksgiving.



# Medical wreath

Suggested age: early school age and up

## Supplies

green cardstock

various medical equipment (Band-Aid® bandages, syringes, etc.)

hole punch

tape

glue

yarn



## Instructions

1. Cut the cardstock into the shape of a wreath.
2. Using tape and glue, apply the various medical equipment to the wreath.
3. Use the hole punch to make a hole and hang using yarn.



## Mummy pencil cup

Suggested age: early school age and up

### Supplies

container (such as a paper box or flower pot)

gauze (gauze on a roll works best but  
precut squares can be used)

glue

google eyes

### Instructions

1. Coat container with glue.
2. Wrap gauze around the container.
3. Apply glue to gauze.
4. Repeat steps 2 and 3 until desired effect is reached and the container is completely covered with gauze.
5. Apply google eyes.

Extension: Instead of gauze, use casting material for a hard exterior.

Great Halloween craft.



It makes me less scared  
to see medical supplies  
close to me.

Desiree, age 9

# My medical bag

Suggested age: early school age

## Supplies

large sheet of construction paper

pencil

ruler

markers in assorted colors

scissors

tacky glue

medical tape

assorted medical supplies (Band-Aid® bandages, Q-tips® cotton swabs, cotton balls, tongue depressors, gloves, gauze, needleless syringe)



## Instructions

1. Fold the construction paper in half.
2. Use the ruler to trace a rectangular shape for the top of the medical bag. The folded end will be the bottom of the bag.
3. At the top center of the bag, trace a half rectangle for the handle. Trace another smaller half triangle inside the larger one to create a handle.
4. Cut out the bag and the center of the handle.
5. Allow child to write “medical bag” on the front and personalize it with his/her own name.
6. Decorate the front of the bag with assorted Band-Aid bandages.
7. Open bag and apply the medical supplies inside with glue or tape.

## Octopus Family

Suggested age: toddlers and up

### Supplies

3 - arm boards (small, medium and large)  
cord  
markers in assorted colors

### Instructions

1. Unwrap arm boards allowing straps to hang.
2. Use markers to create a design for your creature.
3. Attach a section of cording to each end to create a hanger.



# Perry the platypus

Suggested age: early school age and up

## Supplies

baby bottle (body)  
 nebulizer mouth piece (beak)  
 4 - tongue depressors (feet and tail)  
 3 - medicine cups  
 roll of cloth medical tape  
 2 - google eyes  
 specimen cup  
 acrylic paint (aqua)  
 paint brush  
 paint pallet  
 scissors  
 hot glue gun



## Instructions

1. Wrap the baby bottle, nebulizer mouth piece, specimen cup lid and one medicine cup in cloth medical tape. Paint as desired and set aside to dry.
2. Paint two tongue depressors for the feet and tail. Set aside to dry.
3. Cut the painted tongue depressors in half for the feet.
4. Cut two tongue depressors in half and wrap medical tape for the tail and then wrap the feet separately. Paint and set them aside to dry.
5. Cut two medicine cups down for the eyes and paint the inside of the cups. Hot glue the google eyes on the outside of the cups.
6. Hot glue the nebulizer mouth piece inside the top of the baby bottle. Then hot glue the feet under the bottle and the tail to the back.
7. Once the feet have dried, glue the eyes together and then glue to the top of the bottle.
8. Glue the pill cup to the top of the urine cup and wait for it to dry. Then hot glue it to the top of the eyes and have it rest on the bottle.

## Pillowcases

Suggested age: early to late school age

### Supplies

- plain white pillowcase for each child
- permanent markers
- paper bag

### Instructions

1. Place the paper bag inside the pillowcase to prevent the markers from bleeding through.
2. On one side of the pillowcase, instruct the child to write or draw all the things that make him or her angry or upset about their situation.
3. On the other side, instruct the child to write or draw all the things that bring him/her comfort or happiness.
4. When complete, place the child's pillow inside.



# Quacky nebulizer duck

Suggested age: adolescents

## Supplies

- nebulizer cup
- nebulizer tee-tube
- nebulizer mouth piece
- tongue depressor
- 2 - pedi IV house
- suction tube
- roll cloth medical tape
- 3 - small wood beads
- scissors
- feathers (black, yellow and orange)
- fabric marker (orange)



## Instructions

1. Open the nebulizer cup and add feathers inside to form the body. Replace top.
2. Place the tee-tube onto the top of the nebulizer cup.
3. Insert the mouth piece into the tee-tube on one end and add feathers into the open end of the tee-tube to create duck's head.
4. Cut the connectors off the suction tube and save the tube for another craft. The big ends of the connectors are going to face forward.
5. Glue connector ends to the top of the nebulizer cup to create eyes. Allow time to dry.
6. Cut tongue depressor in half.
7. Cut the shape of three toes in the curved ends of tongue depressor halves to create feet.
8. Wrap both feet in cloth medical tape.
9. Color the feet of the duck orange and glue the feet to the bottom of the nebulizer cup.
10. Glue an IV house to each side of the body (curved end down) to form a wing.
11. Glue a feather on the top of each wing.
12. Cut one wood bead in half.
13. Glue one half inside the mouth piece to create a tongue.
14. Glue the other beads inside the connectors for the eyes.
15. Glue small feathers on the top of the head.

## Scavenger hunt

Suggested age: early to late school age

### Supplies

unit map

paper bag

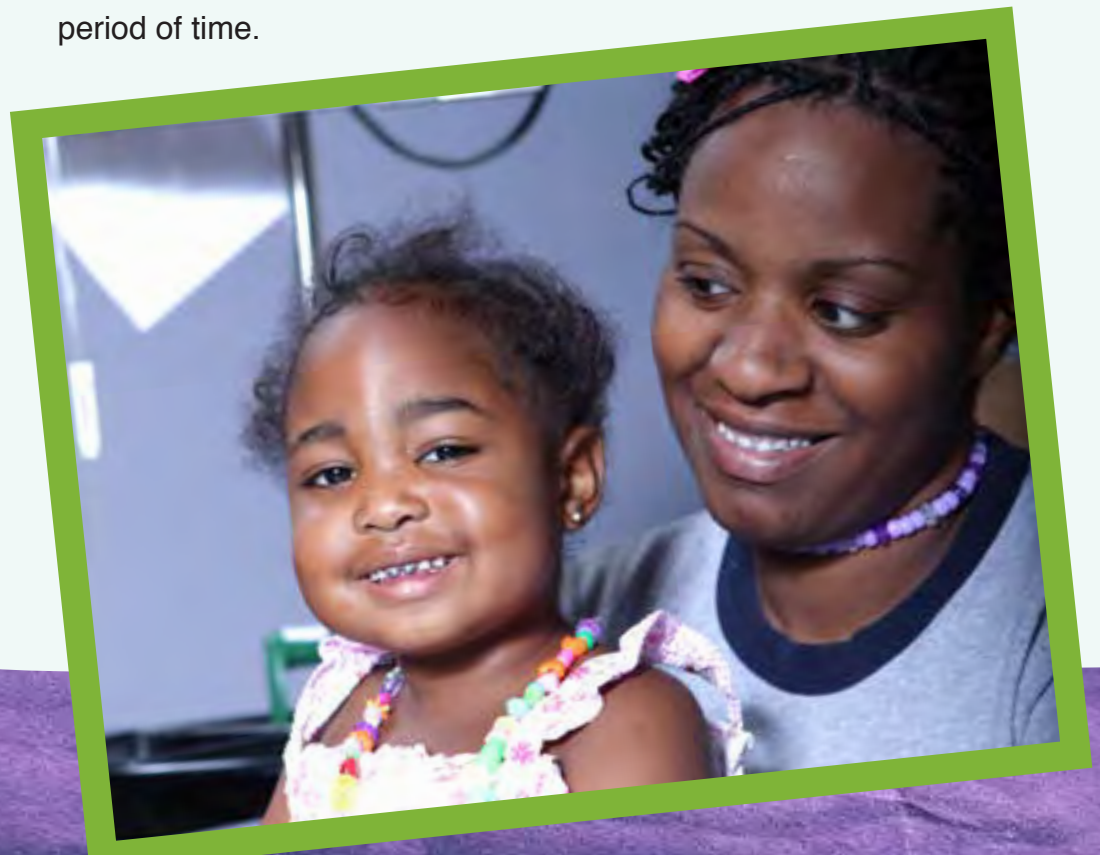
various objects (tongue depressors, bandages,  
alcohol swabs, cotton swabs, syringe, straws)

lists of objects to be found



### Instructions

1. Place objects in common areas of the unit such as play area, nurse's station, kitchen, etc.
2. Provide each child with a list of items to be found, a paper bag and a map.
3. Instruct children to locate as many objects as they can in a specified period of time.



## Seek and Find

Suggested age: late school age

### Supplies

ant farm container/kit

sand

glitter

alphabet block beads

tissue squares

Mod Podge®

paint brush

tacky glue

sheet cardstock paper

markers in assorted colors

assorted small medical supplies (IV cath, otoscope tip, spot Band-Aid®

bandages, piece of tubing, syringe cap, microclave)

assortment of small craft items (pom poms, jingle bells, google eyes,

pony beads, bear beads, marbles, pennies, car)



### Instructions

1. Apply Mod Podge to the outside frame of the kit in small sections using paint brush.
2. Place small tissue paper squares on the small section of Mod Podge and brush another thin coat of Mod Podge over the tissue paper.
3. Once completely covered, apply another thin coat of Mod Podge over entire frame and set aside to dry.
4. Glue the block beads spelling “seek and find” on the front base of the kit.

## Slipper puppet

Suggested age: preschool age

### Supplies

nonskid slipper sock

2 - google eyes

4 - buttons

square of 12" felt

yarn

red pom pom

ribbon

scissors

fabric markers (black and red)

tacky glue



### Instructions

1. Place slipper sock on the table with skid side up. Fold tip of toe forward to create the face.
2. Apply glue to the back of the eyes and place on the face of the puppet.
3. Glue a pom pom on for the nose.
4. Use the felt square to create a shirt.
5. Decorate shirt as desired with ribbon and buttons.
6. Glue shirt to the front of the slipper.
7. Cut pieces of yarn for the hair.
8. Glue the hair to the top of the head.
9. Draw a mouth with the red marker.

# Snowman stamping

Suggested age: early school age and up

## Supplies

cardboard (about 4" x 6")

gauze

glue

paint in assorted colors

paper

paint brushes



## Instructions

1. Place about four to five layers of gauze in a stack. Cut out a circular shape to be the base of the snowman. Repeat with two additional sections of gauze to make the middle and top of the snowman.
2. Using a small amount of glue, secure the gauze circles to the cardboard in the shape of a snowman to create the stamp.
3. Either dip the stamp into paint or use a paint brush to apply paint to the circles.
4. Stamp the image onto a piece of paper.
5. Use additional colors to decorate and accessorize the snowman.
6. Can also be done cutting out other shapes.

It makes treatment feel easier because you get to play and make stuff with medical things.

Joey, age 6

## Toothette star

Suggested age: preschool age

### Supplies

- 6 - toothettes
- 6 - medium jewels
- large jewel
- Sharpie® markers
- ribbon
- cloth medical tape
- tacky glue



### Instructions

1. Lay the toothette sticks together at the ends to create a star shape.
2. Attach toothettes together with tape.
3. Color sticks and tape with markers.
4. Attach medium jewels to the ends of the toothettes and the larger one to the center of the circle to cover tape.
5. Attach ribbon to the top back of a toothette. Allow time to dry.

# Vomit bag silly hats

Suggested age: preschool age and up

## Supplies

vomit bag  
 paper  
 scissors  
 glue  
 hole punch  
 yarn or string



## Instructions

1. Cut paper into strips. Make them as thick or as thin as you want.
2. Glue the paper strips around the vomit bag.
3. Let glue dry.
4. Punch holes across from one another at open end of the bag to form a strap that will go under the chin.
5. Put string through hole and knot the end. Repeat on the other side to form the strap.

Extension: Add other embellishments such as feathers and fake flowers.