

Vomit bag pumpkin

Suggested age: preschool age and up

Supplies

permanent markers in assorted colors

vomit bags

paper to stuff pumpkin

Instructions

1. Remove cardboard ring from bag.
2. Stuff bag with squished paper.
3. Knot bag.
4. Draw face and vertical lines to look like the ridges of a pumpkin on the bag.

Extension: This project is relatively easy to assemble and can be made quickly. Patients who have had previous experience with vomit bags enjoy this project.

Project is not limited to pumpkins; human faces can be made as well.



X-ray film painting

Suggested age: preschool age and up

Supplies

- X-ray film
- paints in assorted colors or paint markers
- paint brushes or sponges



Instructions

1. Apply paint to X-ray film with brushes or sponges. Hang in a window or against light to see effect.

Extension: Paint other medical objects such as exam gloves, empty medical packages or vomit bags.



Medicine cups

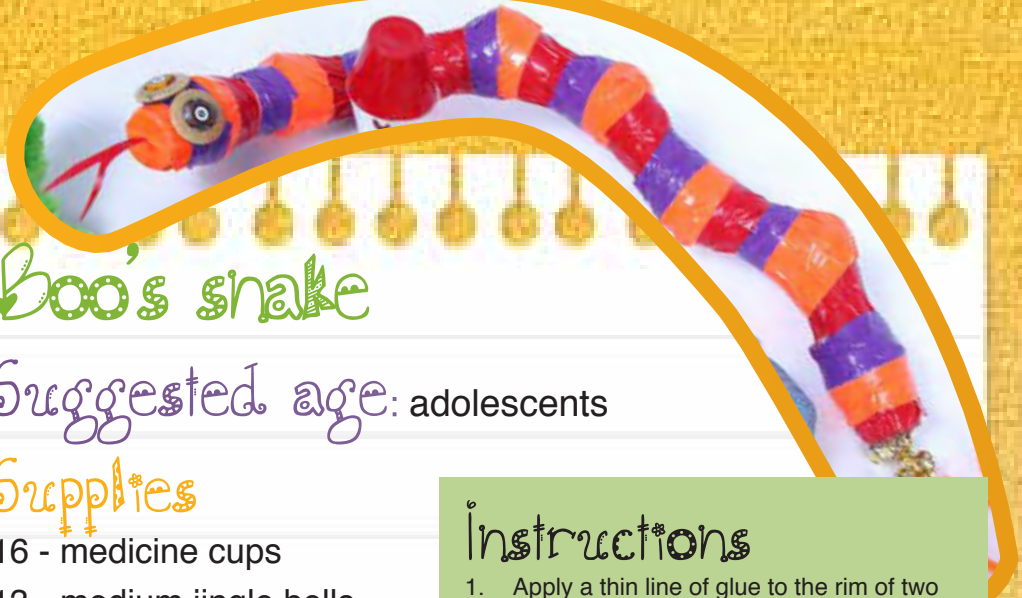
Child Life Medical Art Activities



Medicine cups

Child Life Medical Art Activities





Boo's snake

Suggested age: adolescents

Supplies

- 16 - medicine cups
- 13 - medium jingle bells
- 9 - small jingle bells
- 2 - wood beads
- 2 - wood rings
- cord
- duct tape
- scissors
- Sharpie® marker (black)
- hot glue gun

Instructions

1. Apply a thin line of glue to the rim of two medicine cups. Press cups, rim to rim, together. Repeat step for eight sets of cups. Allow time to dry.
2. Cut a 12" piece of string. Tie a large knot at the end of the string.
3. Thread the string through the eye of a medium jingle bell.
4. Thread remaining medium jingle bells.
5. Continue by adding smaller jingle bells.
6. Push bells together tightly as you add each jingle bell.
7. Tie knot at the end of the last bell and remove any excess string with scissors.
8. Glue each medicine cup set end to end to create the body of the snake.
9. Cut strips of duct tape and cover the body of the snake to make your pattern of choice.
10. Glue the wood rings to the top of one end to make a head.
11. Glue the eye bead to the center of the ring.
12. Cut a piece of red duct tape to your desired length to make a tongue.
13. Fold the tape vertically and press tightly together. Cut the shape of the tongue and apply it to the head of the snake.
14. With a black Sharpie, draw the two dots above the tongue for the nostrils.
15. Turn snake around and attach the larger end of the jingle bells tail to the end of your snake with hot glue and allow to dry.



Medical dolphin

Suggested age: preschool age and up

Supplies

- 2 - medicine cups (body)
- wooden heart (fins)
- 2 - google eyes
- nebulizer mouthpiece (tail)
- baby bottle nipple (head)
- disposable bouffant (stuffing)
- roll of cloth medical tape
- tacky glue
- scissors
- acrylic paint (light blue)
- 2 - paint brushes
- paint pallet
- glitter (blue)
- hot glue gun

Instructions

1. Stuff bouffant into the medicine cups. Close the cups rim to rim at a slight angle and secure with a strip of tape.
2. Cut a hole in the end of one medicine cup large enough to insert the bottom of the mouthpiece. Apply a thin layer of hot glue around the hole and the mouthpiece to secure in place.
3. Cut the ring off the nipple and apply glue to the bottom. Attach the bottom of nipple to the opposite medicine cup.
4. Wrap the body with medical tape.
5. Paint the body, tail and face. Allow time to dry.
6. Cut the wooden heart down the middle and paint.
7. Once dry hot glue to the bottom of the body. Brush tacky glue over the entire body and sprinkle with glitter for a shimmering effect.



Medicine cup bumble bee

Suggested age: early school age

Supplies

- 2 - medicine cups
- 2 - google eyes
- 2 - small pom poms (yellow)
- small pom pom (orange)
- medium pom pom (black)
- syringe cap
- 2 - glitter pipe cleaners
- 3 - black pipe cleaner
- acrylic paint (black and yellow)
- hot glue gun
- scissors

Instructions

1. Paint black lines around the inside of each cup. Allow time to dry.
2. Once the cups are dry, paint the inside of the cups yellow, covering the black paint. Allow time to dry.
3. Line the rim of the cup with a thin line of glue.
4. Connect the two cups and allow time to dry. This will be the body.
5. Cut two 1/2" pieces of pipe cleaner and glue the small fuzzy balls to the tips of pipe cleaners. These will be the antennae.
6. Glue the large pom pom to the end of the body of the bee. This will be the head.
7. Cut black pipe cleaner into three 2" sections. Center pipe cleaner under the body and glue down. Once they are dry, slightly bend them to form the legs.
8. Cut glitter pipe cleaner into 2" pieces and bend to form the wings.
9. Lay the body on its side and attach the wings to the sides with glue.
10. Glue the antennae to the top of the head; add the eyes, nose and mouth to the face of your bee. Turn bee around and glue the syringe cap to the bottom (stinger).



Medicine cup ladybug

Suggested age: preschool age

Supplies

medicine cup
medium black pom pom
2 - small red pom poms
black pipe cleaner
2 - google eyes
small sequin
isolation mask
acrylic paint (red and black)
paint brush
paint palette

Instructions

1. Paint a black line from bottom to top of the inside of the cup.
2. Paint black dots on either side of the line. Allow time to dry.
3. Once the cup is dry, paint the inside of the cup red covering the black paint also. Allow time to dry. This will be the body.
4. Cut two 1/2" pieces of pipe cleaner and glue the small pom poms to the tips of the pipe cleaners. These will be the antennae.
5. Cut wing shapes out of mask.
6. Glue the large black pom pom to the end of the body of the bug to form the head.
7. Lay the body on its side and attach the wings to the sides with glue.
8. Glue the antennae to the top of the head. Add the eyes and mouth (sequin) to the face of your ladybug.



Medicine cup rocket

Suggested age: preschool age and up

Supplies

3 - medicine cups
(body and platform)
acrylic paint
(red, white and blue)
paint brush
tacky glue
Sharpie® marker
(black)

Instructions

1. Paint the inside of each cup a different color. Allow time to dry.
2. Line the rim of the white cup with a thin line of glue.
3. Connect the blue cup to the white cup and allow time to dry. This will be the rocket body.
4. Turn the red cup upside down and apply glue to the top of the cup and connect the body of the rocket to red cup. This will be the platform engine of the rocket.
5. Use a marker to write USA on the sides of your rocket.

Medicine cup spider

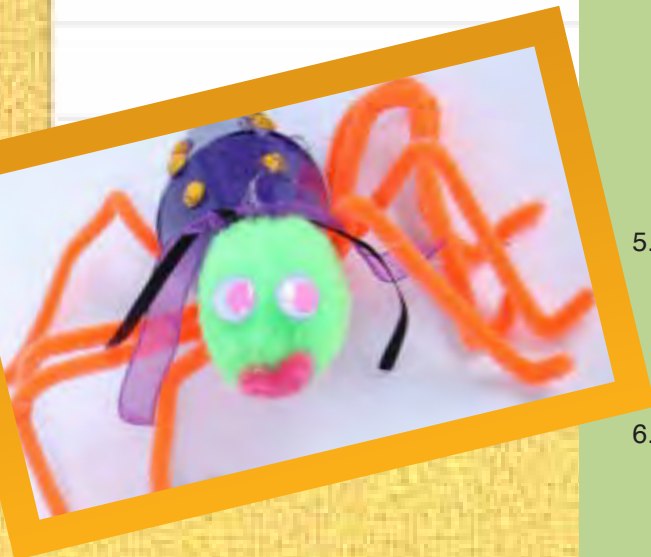
Suggested age: preschool age and up

Supplies

2 - medicine cups
 4 - pipe cleaners
 pom pom
 2 - google eyes
 6 - small jewels
 ribbon
 acrylic paint in assorted colors
 scissors
 tacky glue

Instructions

1. Paint the inside of each cup. Allow time to dry.
2. Line the rim of each cup with a thin line of glue. Connect the two cups together, rim to rim and allow time to dry. This will be the spider body.
3. Glue the large fuzzy ball to the end of the body of the spider (head).
4. Cut pipe cleaner into four, 2" sections. Center pipe cleaner under the body and glue down. Once they are dry, you can slightly bend them to form the legs.
5. Glue the jewels down the top of the body. Add the eyes, nose and mouth to the face of your spider on the fuzzy ball.
6. For a female spider, add a piece of ribbon to the top of the head or leave it without for a male.



Medicine cup squid

Suggested age: preschool age

Supplies

medicine cup
2 - google eyes
metal washer
cotton ball
nylon cord string
tacky glue

Instructions

1. Apply small amount of glue inside the medicine cup.
2. Add cotton ball to inside of cup.
3. Attach strings to the cotton ball with glue. Allow time to dry.
4. Turn the squid over and apply two dots of glue on the upper side of the cup for the eyes. Glue washer to top of cup.

The squid can also be used with the yankauer fishing pole (page 171).





The frog prince

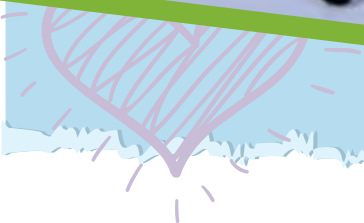
Suggested age: early school age

Supplies

- 4" Styrofoam ball
- 2 - 1" Styrofoam balls
- 2 - google eyes
- 6 - small jewels
- medicine cup
- pipe cleaner (red)
- long fuzzy craft wire (green)
- acrylic paint (gold and green)
- paint brush
- paint palette
- Sharpie® marker (black)
- oxygen tube line
- scissors
- tacky glue
- roll of cloth medical tape

Instructions

1. Paint the 4" and 1" Styrofoam balls green and set aside to dry.
2. Cut the rim of the medicine cup in triangles to create a jagged edge. Cover with tape and paint gold. Set aside to dry.
3. Use the scissors and cut two 12" sections and two 14" sections of the craft wire. Bend into the shape of the legs. Use 12" sections for the front and 14" for the back.
4. Insert into the sides of the 4" Styrofoam ball.
5. Glue the 1" Styrofoam balls to the top front of the 4" ball. Glue google eyes to the 1" balls.
6. Cut a 1" section of oxygen tube. Insert a red pipe cleaner into the tube. Cut the excess from the ends. Shape the tube into the form of lips and glue to the head of the frog.
7. Glue the medicine cup (crown) to the top of the head. Glue the small jewels around the crown.
8. Use the marker and draw two short lines for the nose.



Janice the Lamb

Suggested age:
early school age

Supplies

2" Styrofoam ball (face)

3" Styrofoam ball (body)

4 - otoscopes (legs)

2 - jewels (eyes)

3 - small buttons (two pink,
one black)

cotton balls

plastic knife

tacky glue

Instructions

1. Using the plastic knife, cut the 2" ball in half for the face. You will only use one half of the ball for this project.
2. Apply glue to the back of the jewels and attach to the face for the eyes.
3. Glue the black button in place for the nose.
4. Glue the otoscopes, tip down, on the bottom of the body for the legs.
5. Glue the face to the body slightly angled.
6. Glue on the cotton balls, covering the entire body.
7. Glue two pink buttons above the face for the ears.



King and Queen piggy

Suggested age:
early school age

Supplies

3" Styrofoam ball (body)
6 - otoscopes (legs and eye sockets)
oxygen tubing (tail)
2 - google eyes
2 - IV houses (ears)
medicine cup
baby bottle nipple ring
ID band
2 - soda can tabs
feather boa (or other assorted craft supplies)



duct tape
acrylic paint (metallic pink, black and other colors as desired)
paint brush
paint pallet
scissors
ribbon (hair)
cloth medical tape
hot glue gun

Instructions

1. Paint Styrofoam ball pink, or other desired color for the body. Set aside to dry.
2. Cut the top rim of the medicine cup in triangles for the crown.
3. Cover crown with tape and paint gold. Set aside to dry.
4. Remove the nipple from the baby bottle ring. Save the nipple for a future craft.
5. Cut off the sides of the medicine cup, leaving only the circle bottom.
6. Wrap the bottle ring and the cup circle with cloth tape.
7. Paint the soda can tabs black.
8. Paint the bottle ring and the bottom of the medicine cup with desired color. Set aside to dry.
9. Using the point of the scissors, poke three holes into the body for the eyes and tail.
10. Apply glue to the back of the eyes and place on the end of the otoscopes.
11. Apply glue inside the holes of the ball.
12. Insert the tip of the otoscope and press into the holes firmly.
13. Insert and glue the medicine cup circle into the bottle ring.
14. Glue the bottle ring onto the body for a nose.
15. Glue the soda can tabs onto the nose to create nostrils.
16. Apply glue to the ends of four otoscopes and attach to the bottom of the body for legs.
17. Cut a 3" piece of oxygen tubing. Save the extra for future crafts.
18. Tie the line into a knot. On one end, fray the tube with scissors to create the tail.
19. Apply glue inside the hole for the tail and insert the non-frayed end of the tail into the hole.
20. Apply glue to the straight edge of the IV houses and press into the top of the head for the ears.
21. Place crown on the top of the head. Glue small jewels around.
22. Glue ribbon to the top of the pig to hang on IV pole.

To make Queen pig, follow steps above and below:

1. Fold a 1" piece of duct tape over and firmly press together. Make small cuts into the folded duct tape to create eyelashes.
2. Apply glue to the top of the eyes and attach lashes.
3. Glue ribbon to the top of the pig for hair
4. Use the boa, medicine cup or other craft supplies to create a crown as desired. Also, the ID bracelet can be folded into a bow and attached to the crown.

Otoscope creatures

Suggested age:
early school age

Supplies

3" Styrofoam ball
4 - otoscope tips
2 - google eyes
toothette
oxygen tubing
assortment of pipe cleaners
pencil
scissors
ruler
tacky glue
acrylic paint

Instructions

1. Paint Styrofoam ball (head) and set aside to dry.
2. Cut off the tips of two otoscopes (eye sockets).
3. Apply glue to the back of the google eyes and attach to the open end of the otoscopes.
4. Apply glue to the tips of the eye sockets and insert into the Styrofoam ball to complete the eyes.
5. Cut the stick of the toothette in half (nose).
6. Apply glue to the end of the stick insert into the Styrofoam ball (nose).
7. Wrap the pipe cleaners around the pencil tightly to form a spiral. Slide the pipe cleaner off the pencil. Repeat the step to make several spirals.
8. Cut a 2" piece of oxygen tubing. Thread a red pipe cleaner through the line.
9. Leave 1 cm of pipe cleaner out of both ends to bend over.
10. Bend a pipe cleaner in half and again 1" from the ends. Twist ends together to create feet. Repeat.
11. Apply glue to the twist and insert into the bottom of the head for feet.
12. Bend the oxygen tubing to form the mouth.
13. Apply glue to the bent ends of the pipe cleaners and insert into the face to secure on face.
14. Apply glue to the tips of the spiral pipe cleaners and insert all over the ball.
15. Thread pipe cleaner into an otoscope.
16. Apply glue to the end of pipe cleaner and insert in the top of the ball.
17. Twist the pipe cleaners for the antennas. Repeat for second antenna.



Plaster and casting



Plaster and castings



Making things out of medical supplies makes it less scary. I can think about the zebra I made when they take my blood and use the same stuff I did to make it.

Kyleigh, age 12

Casting ghosts or puppets

Suggested age: preschool age and up

Supplies

roll of casting
roll of cotton
google eyes
emesis basin
water
Sharpie® marker (black)
scissors



Instructions

1. Cut small strips from the roll of casting.
2. Wrap child's finger with a strip of the cotton roll.
3. Soak casting strip for a few seconds in water.
4. Wrap casting around the cotton-covered finger and smooth out. To add different effects, roll small pieces of cotton and place on desired areas of the puppet and continue to cover with casting strips.
5. Repeat steps 3 and 4 until the finger is covered and a ghost shape is created.
6. Allow one to two minutes to harden and slowly slip the ghost off the finger.
7. Apply dots of glue and place the google eyes to the face.
8. Use the Sharpie to make a dot for the mouth.

Casted letters

Suggested age: late school age and up

Supplies

2 - gloves

several plastic grocery bags

aluminum foil

colored casting tape

bucket of water

Instructions

1. Put on gloves.
2. Press plastic grocery bags together to create a "rope."
3. Wrap rope with aluminum foil.
4. Bend foil rope into desired letter shape.
5. Follow instructions on casting materials packaging to create casting mixture.
6. Plunge casting tape into water and remove quickly.
7. Quickly wrap letter with casting tape.
8. Let casting material harden.

Extension: Read manufacturer's directions and practice creating casting mixture in advance. Casting tape is fun to work with and patients enjoy creating their own casts. Beware, one needs to move quickly to avoid deactivation of tape. Hot glue can be used to help better secure the ends. Use white casting tape instead of color so kids can paint it various colors. Hot glue paperclips on the back so the letters can be hung on the wall.



Finger maze

Suggested age: adolescents

Supplies

round shallow bowl

plaster of Paris

acrylic paints

paint brush

paint pallet

tongue depressor



Instructions

1. Mix plaster of Paris as directed on the packaging.
2. Pour into the round shallow bowl and smooth with tongue depressor.
3. Allow material to thicken until it reaches putty form.
4. Use finger to create a maze by beginning in the center and spiraling outward to the edge.
5. Use tongue depressor and fingers to smooth the rough areas. Allow time to harden.
6. Paint maze with acrylic paint and allow time to dry.



Plaster collage

Suggested age: adolescents

Supplies

plaster of Paris

paper plate or shallow mold

cord

tacky glue

scissors

assortment of jewels

assortment of medical supplies such as microclave, IV catheters, cotton swabs, tongue depressors, needle caps, etc.



Instructions

1. Mix plaster of Paris as directed on packaging.
2. Pour plaster onto the paper plate. Slightly shake plate back and forth for even coverage.
3. Allow plaster to slightly harden for about one minute.
4. Press the assortment of medical supplies and jewels into the plaster as desired.

Specimen cups



Specimen cups

Child Life Medical Art Activities



Bandy the elephant

Suggested age: early school age

Supplies

specimen cup
bulb syringe
4 - small round 3" craft sticks
3 - 3" pieces of yarn
2 - google eyes
sheet of cardstock paper
medium poms poms (pink and blue)
Band-Aid® bandages (neon color)
acrylic paint (pink)
paint brush
paint pallet
scissors
ruler

Instructions

1. Paint crafts sticks and set aside to dry.
2. Remove lid of specimen cup. Save lid for future craft.
3. Fill cup with pom poms. This will be the body.
4. Apply a thick line of glue around the inside rim of the cup.
5. Place bulb of syringe inside the cup and press inward for a snug fit.
6. Lay the cup on its side and glue the google eyes to the top of the syringe to create the head.
7. Tie the three pieces of yarn into a knot on one end and braid. Once at desired length, tie off in a knot leaving small strands for the tip.
8. Apply glue to the opposite end of the specimen cup. Attach the braided yarn to create the tail.
9. Apply glue to the ends of the craft sticks and attach to the bottom of the body for the legs.
10. Draw the shape of the ears on the cardstock.
11. Cut out ears and cover both sides with Band-Aid bandages, trimming off the excess.
12. Glue the ears to the sides of the head.



David the zebra

Suggested age: early school age

Supplies

specimen cup
 4 - Vacutainer blood tubes
 2 - Vacutainer collectors
 2 - otoscopes
 suction tube
 2 - google eyes
 3 - felt 12" x 12" squares
 (zebra print)
 pom poms (black and
 white)
 yarn (black)
 cord string (red)
 pipe cleaners (black and
 white)
 scissors
 tacky glue
 hot glue gun



Instructions

1. Place the specimen cup on its side. Glue the first Vacutainer collector from the edge of the cup to create the neck.
2. Glue the second Vacutainer collector at an angle to the end of the first Vacutainer collector for the head.
3. Cover the head, neck and body with the zebra print felt.
4. Remove the rubber stoppers from the Vacutainer blood tubes and fill with black and white pom poms. Replace the stoppers.
5. Glue the bottom of the Vacutainer tube to the bottom side of the body for the legs.
6. Cut a 2" section of suction tube. Thread a 2" section of pipe cleaner inside the suction tube. Attach to the end of the body for the tail.
7. Cut twelve 1" sections of the yarn. Glue to the top of the head and down the back of the neck for the mane.
8. Glue some yarn to the end of the tail.
9. Cut off the tip of the otoscopes and glue to the top of the muzzle for the nostrils.
10. Cut a small piece of cord and glue on the muzzle for the mouth.
11. Glue the google eyes to the zebra's face.
12. Cut two small oval circles from the felt. Attach to the side of the head with glue for the ears.

I spy jars

Suggested age: preschool age and up

Supplies

specimen cup

assorted small objects

(game pieces, puzzle pieces, beads, army men, etc.)

white rice

Instructions

1. Remove label from specimen cup, if applicable.
2. Place 5-7 small objects inside specimen cup.
3. Fill cup with rice until nearly full.
4. Tightly secure lid.
5. Shake the container up to mix the small objects in among the rice.
6. Play "I spy" with the jar. Try to find as many of the small objects as you can within the cup.

The day I made this robot, I was depressed because my sister gave me a scare. So when I made this robot all of the sudden I became happy.

Miguel, age 11

Kate the robot

Suggested age: adolescents

Supplies

specimen cup
2 - medicine cups
tongue depressor
nebulizer container
oxygen line
ear loop mask
baby bottle nipple
2 - google eyes
2 - flex tubes
large red bead
21 - soda can tabs
syringe stopper

sand
glitter (silver)
ribbon
purple metallic acrylic paint
2 - paint brushes
paint pallet
ruler
tacky glue
hot glue gun
duct tape (purple)
medical tape



Instructions

1. Paint the inside of the medicine cups to create the feet and set aside to dry.
2. Cut off the ear loops and paint the front side of the mask. Set aside to dry. This will be the skirt for a girl.
3. Cut tongue depressor in half and curve rough edge with scissors.
4. Paint one of the tongue depressor halves and set aside to dry.
5. Cover the nipple with tacky glue using a paint brush and sprinkle glitter over entire nipple. Set aside to dry.
6. Cut off 1" from the small end of the flex tube to create a leg. Save tube for future craft. Repeat for the other leg.
7. Turn medicine cup feet upside down and glue the uncut end of the flex tubes to the top of the medicine cups.
8. Fill flex tubes (legs) with sand.
9. Cover the top of the tube with duct tape and trim off excess tape with scissors.
10. Apply a line of hot glue to the painted tongue depressor hips and attach to the tops of the flex tubes.
11. Apply a line of glue to the top of the hips and attach to the bottom of the specimen cup.
12. To create the arms, cut off two 2" sections of oxygen tube and glue to the sides of the body.
13. Wrap skirt around the bottom of the body and glue together in the back. If the robot is a male, skip this step.
14. Open the lid of the cup and fill with metal tabs.
15. Add a large red bead to the center front of the cup for the heart.
16. Replace lid.
17. Wrap a thin strip of tape around the edge of the lid.
18. Open nebulizer cup (head) and add a few metal tabs. Replace lid.
19. Glue the bottom of the nebulizer cup to the top of the specimen lid.
20. Glue on the eyes, the syringe stopper (nose) and a small piece of line for the mouth.
21. Glue the nipple to the top of the nebulizer and push firmly down connecting the head to the hat.

Kenzie's giraffe

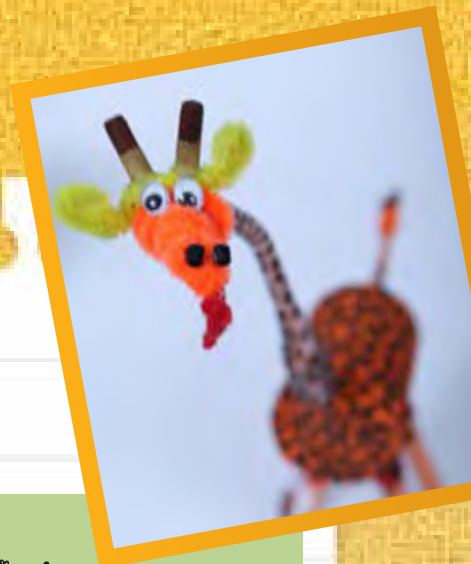
Suggested age: late school age

Supplies

specimen cup
4 - Vacutainer
yankauer suction
oxygen line
2 - syringe caps
3 - pipe cleaners
2 - google eyes
sand (orange)
ruler
scissors
cloth medical tape
fabric markers (brown and orange)
hot glue gun

Instructions

1. Remove the Vacutainer caps and fill tubes with sand. Replace cap.
2. Remove the lid of specimen cup (save for future craft). Lay the cup on its side and glue the handle of the yankauer suction just inside the opening of the specimen cup.
3. Cover entire specimen cup with cloth medical tape to create the body.
4. Draw the animal print design on the neck and body. Color with fabric markers.
5. Attach the four Vacutainers to the bottom of the giraffe with glue to create the legs.
6. Cut a 2" piece of oxygen line and glue it to the end of the body for the tail.
7. Wrap the tip of the line with medical tape and color with the brown marker. Cut slits to create the hair.
8. Wrap a pipe cleaner into a tight spiral on the tip of the yankauer to form the head of the giraffe.
9. Glue the eyes on the face and the syringe caps to the top of the head for the horns.



Harry the lion

Suggested age: early school age

Supplies

specimen cup
 2 - pipettes
 cotton balls
 oxygen line
 hot glue gun
 Sharpie® marker (black)
 scissors
 ruler
 tacky glue

Instructions

1. Add a thin line of glue around the lid of the specimen cup.
2. Press cotton balls on the line of glue to create the lion's mane.
3. On the top of the lid, draw a lion's face with the marker.
4. Cut 2" from the suction side of an oxygen tube.
5. Glue the tube to the bottom of the specimen cup to create the lion's tail.
6. Glue a cotton ball to the tip of the tail.
7. Cut the tubes off of both pipettes.
8. Glue down pipettes to the bottom side of the specimen cup to create the lion's legs. Lion will appear to be lying down.



Lava lamps

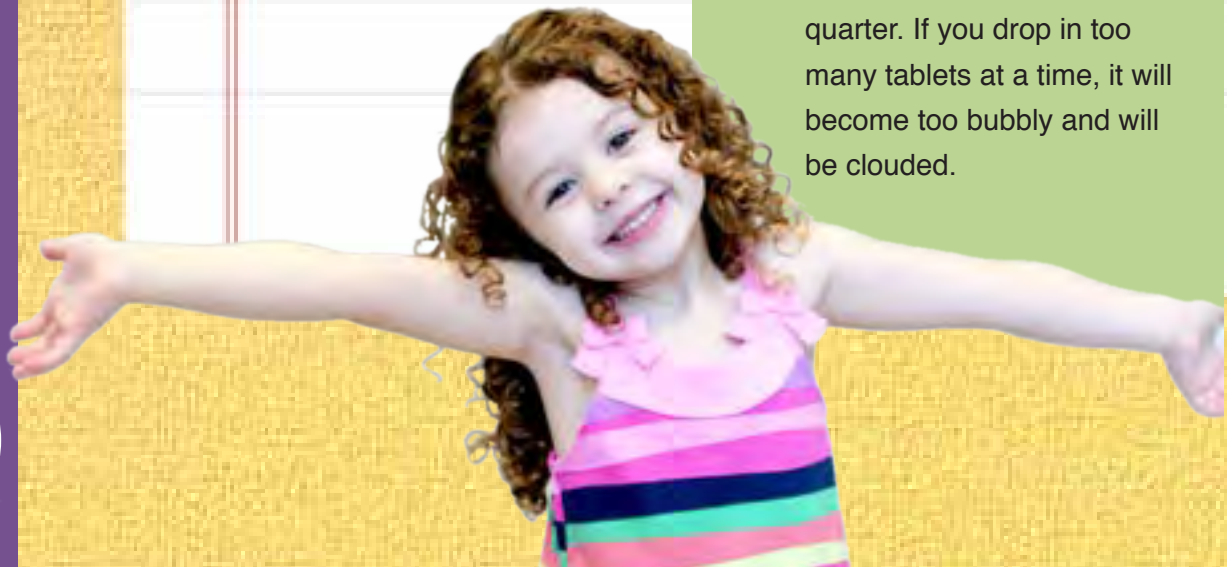
Suggested age: early school age and up

Supplies

specimen cup
paper plate
vegetable oil
water
food coloring
effervescent antacid tablet

Instructions

1. Place open specimen cup onto paper plate to catch any potential spills.
2. Fill the cup about 3/4 full with two parts oil and one part water.
3. Add eight drops of food coloring to water. It can be all the same color or a couple of different colors.
4. Break an antacid tablet into quarters. Drop one quarter into the bottle and watch it bubble. When the bubbling slows down, drop in another quarter. If you drop in too many tablets at a time, it will become too bubbly and will be clouded.



Leprechaun hats

Suggested age: early school age and up

Supplies

specimen cup
 green construction paper
 feathers in assorted colors
 fake flowers
 glue
 other embellishments

Prep

Cut large circles out of green construction paper and a smaller cap-size circle out of the center of the larger circle.

Instructions

1. Attach large circle to specimen cup, to create the brim to the hat.
2. Embellish hat with feathers, flowers or as desired.

Extension: This can be made for various occasions, but makes a great craft for St. Patrick's Day.



Monkey snot

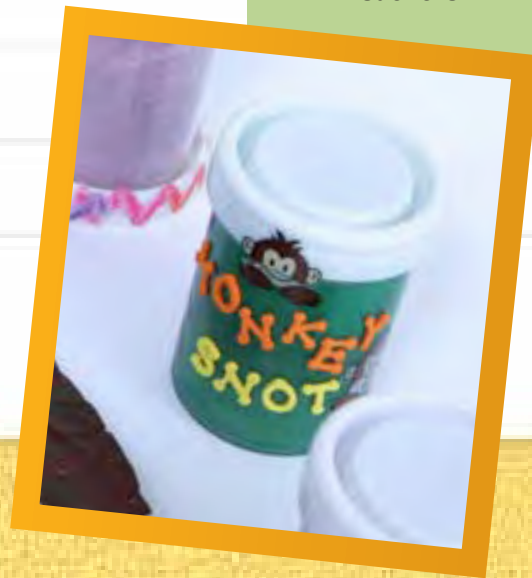
Suggested age: early school age

Supplies

liquid starch (1/4 cup)
liquid glue (1/4 cup)
green food coloring
sandwich bag
measuring cup
specimen cup
foam monkey stickers
construction paper
markers in assorted colors

Instructions

1. Pour 1/4 cup of starch in sandwich bag.
2. Add 4 drops of green food coloring into bag.
3. Add 1/4 cup of glue into bag.
4. Seal bag securely and roll in your hands to mix.
5. Take snot out of the bag and place into the specimen cup.
6. Decorate cup with a monkey snot sign and monkey stickers.



Pee cup game

Suggested age: preschool age and up

Supplies

specimen cup

20cc syringe

4 - sparkle pipe cleaners

12" string

large bead

pencil

scissors

stickers

large push pin

hot glue gun

Instructions

1. Remove lid of specimen cup and save for another project.
2. Use the push pin to create one small hole close to the bottom of the cup.
3. Thread string into the hole and tie several knots to secure the end. The knotted end will be inside the cup.
4. Pull string from the outside until knot stops at the hole.
5. Thread wood bead onto string and wrap string around the bead, tie off with knot. Set cup aside.
6. Pull stopper out of the syringe and save for another project.
7. Wrap a pipe cleaner around a pencil and slip off.
8. Place pipe cleaner inside syringe.
9. Place a small amount of hot glue on the bottom of the cup and attach the open end of the syringe firmly to the cup. Allow to dry.
10. Decorate the sides of the cup as desired.
11. Challenge the patient to catch the bead in the cup.



Sand art jars

Suggested age: early school age and up

Supplies

specimen cup
funnel
colored sand
popsicle stick

Instructions

1. Use the funnel to pour a small layer of colored sand into the specimen cup.
2. Using a different color of sand, create a new layer on top of the previous one, following the directions in step 1.
3. Every few layers or so, use the popsicle stick to create waves in the sand. Hold the stick against the inside edge of the specimen cup and push it down into the layers of sand. This will create small divots and the sand will create a wave-like pattern.
4. Repeat until the cup is completely full and then secure the lid on tightly.



Specimen cup hourglass

Suggested age: early school age

Supplies

2 - specimen cups

colored sand

ribbon

scissors

large push pin

hot glue gun

Instructions

1. Remove lids from specimen cups and set aside.
2. Turn first specimen cup upside down, create a hole in the bottom (centered) with the push pin.
3. Apply a line of glue to the inside rim of the second cup. Place the first cup inside and push down for a tight fit.
4. Fill the first cup with colored sand and apply a line of glue around the rim of the cup. Replace lid.
5. Apply glue to the inside rim of the second lid and place on the bottom of the second specimen cup.
6. Cut two strips of ribbon and glue to the outside edges of the lids.



Specimen cup maracas

Suggested age: preschool age and up

Supplies

2 - specimen cups
pony beads
tongue depressors
hot glue gun
assorted stickers
markers in assorted colors

Instructions

1. Place 10-20 pony beads inside of each specimen cup and screw the lid back on.
2. Use the hot glue gun to glue on a tongue depressor to use as the handle. Make sure and put some glue on the side of the specimen cup and on the part of the lid that the handle touches. This will make sure the handles are extra secure.
3. Use the stickers and markers to decorate the handles and the cups of your maracas.



Specimen cup snowman

Suggested age: early school age

Supplies

specimen cup
 cotton balls
 google eyes
 assorted colors of felt
 assorted colors of pom poms
 scissors
 glue
 infant socks
 Sharpie® marker (black)

Instructions

1. Open specimen cup and fill tightly with cotton balls. Replace lid.
2. Glue google eyes and a pom pom nose to the front of the cup to create a face.
3. Cut a strip of felt for a scarf.
4. Glue scarf around the bottom edge of the cup.
5. Stretch the top of the sock over the lid of the cup to create a hat.
6. Glue a pom pom to the toe end of the sock for a tassel.

I got to make my cheerleader pom poms out of pee cups. That was cool!

Neviah, age 6

Volcano

Suggested age: early school age

Supplies

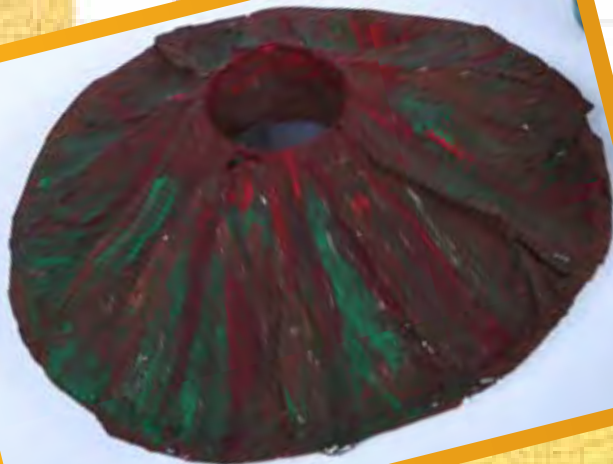
specimen cup
 foil
 paper plate
 tray
 acrylic paint (red, brown and green)
 red food coloring
 1 tablespoon baking soda
 2 tablespoons water
 2 tablespoons vinegar
 tape

Instructions

1. Remove the top from the specimen cup. Apply tape to bottom of the specimen cup and attach it to the plate.
2. Cover the plate and specimen cup with a single piece of foil. Tape the foil to the bottom of the plate.
3. Poke a hole through the foil in the middle of the specimen cup. Tape the foil to the inside of the specimen cup to create the top of the volcano.
4. Paint the foil and let dry.

Eruption

1. Pour the water into the volcano and then stir in the baking soda.
2. Squeeze 3-4 drops of red food coloring and stir.
3. Add vinegar and watch the volcano!



Specimen cups

Child Life Medical Art Activities







Airplane syringe

Suggested age:
adolescents

Supplies

2 - Vacutainer caps (engines)

4 - syringe caps (wheels)

4 - tongue depressors
(wings)

2 - thermometer covers
(turbans)

60cc syringe (body)

cloth medical tape

tacky glue

scissors

assorted acrylic paints

paint brush

paint pallet

hot glue gun

assorted markers

Instructions

1. Pull the plunger half way out and cover the entire syringe with cloth medical tape.
2. Attach two tongue depressors side by side perpendicular to the syringe and cover with tape to create a wing. Repeat step for second wing.
3. Paint the airplane and set aside to dry.
4. Apply glue inside the thermometer probes and insert the Vacutainer caps.
5. Glue the probes to the underside of the wings.
6. Glue the syringe caps to the bottom of the plane for wheels.
7. Use markers to create the windows for the airplane.



Coffee Filter Butterflies

Suggested age:
preschool age and up

Supplies

white coffee filter
assorted markers
syringe
1 cup of water
clothes pin
google eyes
pipe cleaner

Instructions

1. Use markers to draw a design onto a flattened, white coffee filter. The entire space does not need to be covered – it works best if there is still some white area showing.
2. Use a syringe to suck up some of the water and then gently squeeze the water onto the decorated filter.
3. Slowly, wet each decorated part of the filter, using only a few drops at a time. The water will cause the marker to spread and make a neat design.
4. Set the coffee filter aside to dry.
5. Once dry, imagine there is a line drawn down the center of your circular coffee filter. Start on one end of that imaginary line and slowly pinch the filter together following that imaginary center line. This will create the two wings.
6. Keeping the middle pinched; open the clothes pin and place the pinched center in the opening. Close the clothes pin down onto the coffee filter so that it keeps the center pinched. You have now completed the wings.
7. The clothes pin is the body of your butterfly. Add google eyes to the top and draw on a face or other decorations with a marker.
8. Use a pipe cleaner to make an antenna. Fold the pipe cleaner in half and insert the crease into the opening of the clothes pin that is holding the wings. You can twist the pipe cleaners around your finger or a pencil if you would like them to be spiral shaped.

When I made a robot for my sister I was trying to make my sister comfortable.

Monique, age 8



Drawing dough

Suggested age:
preschool age and up

Supplies

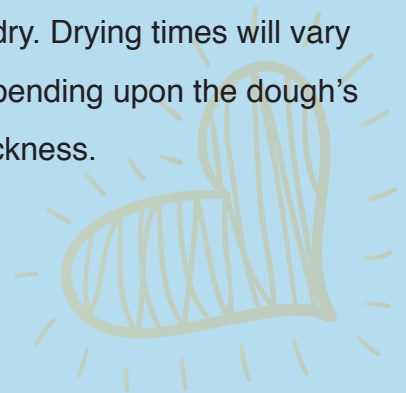
flour
salt
water
tempera paint
syringes of various sizes
paper (preferably cardstock
or construction paper)
several containers or bowls

Instructions

1. Combine 2/3 cups of flour, salt and water in a bowl.
2. Mix together well.
3. Decide how many different colors of dough you would like and then separate the batch into that many separate containers or bowls.
4. In each container, add paint and mix. Start with a few drops of the paint and then add more, as desired.
5. Using various sized syringes, suck up the dough into the syringe and then squirt it out onto the paper in various designs.
6. Allow the paper and dough to dry. Drying times will vary depending upon the dough's thickness.

*It is so fun to do art
because it is so messy.*

Alyssa, age 5



Medical art portrait

Suggested age:
adolescents

Supplies

small canvas
acrylic paints
paint brush
paint palette
assortment of medical
supplies (syringes,
medicine caps, tubing
lines, etc.)

Instructions

1. Paint a background on the canvas. Allow time to dry.
2. Create a self portrait by gluing an assortment of medical supplies onto the canvas.



Shot of Love

Suggested age:
preschool age and up

Supplies

60cc catheter tip syringe
several heart jewels
hot glue gun
ribbon

Instructions

1. Fill the syringe 3/4 full of heart jewels.
2. Apply a small amount of glue into the syringe and replace plunger.
3. Attach ribbon to hang.



Syringe bugs



Suggested age:
early childhood and older

Supplies

black pipe cleaners

hot glue

google eyes

pom poms:

black and red - lady bug

black and yellow - bee

black and green - grass

hopper

various size syringes

Instructions

1. Remove the plunger from a syringe and insert the pom poms.
2. Apply a layer of hot glue around the stopper on the plunger and push into the syringe.
3. Cut a pipe cleaner in half and twist it around the tip of the syringe as the antennae.
4. Twist another pipe cleaner around the middle of the syringe and twist it into the wings.
5. Once wings and antennae are formed, apply hot glue to keep them in place.
6. Place the google eyes on the tips of the antennae with hot glue.



Syringe dolls

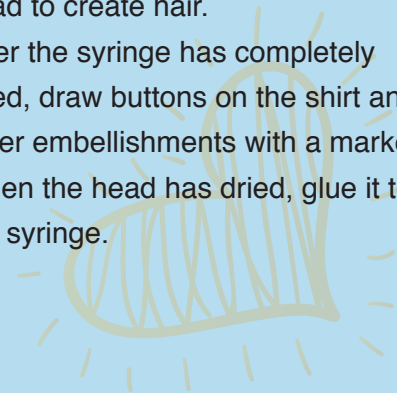
Suggested age:
school age and up

Supplies

large syringe per doll
yarn
tissue paper
glue
Play-Doh brand or
Model[®] Magic clay
assorted markers

Instructions

1. Coat the barrel of the syringe with glue.
2. Wrap one color of tissue paper around 3/4 of the top of the syringe barrel. This will become the shirt on the doll.
3. Wrap a second color around the remaining 1/4 of the syringe barrel. This will become the pants or skirt of your doll.
4. Cut a small thin strip of tissue paper that is the circumference of your syringe. Glue this strip around the area where the two colors of tissue paper meet on the syringe barrel. This will be a belt on your doll.
5. Let syringe dry.
6. Take a piece of clay and form into the shape of a small egg. This will be the head to your doll.
7. Draw a face on the head with the markers.
8. Cut pieces of yarn and glue to the head to create hair.
9. After the syringe has completely dried, draw buttons on the shirt and other embellishments with a marker.
10. When the head has dried, glue it to the syringe.



Syringe fireworks

Suggested age:
early school age and up

Instructions

1. Apply glue to syringe.
2. Roll in glitter.
3. Glue pieces of tinsel to the end of the syringe.

Supplies

syringes - 1 syringe for each firework

tinsel

glue

glitter

paint brushes

Making medical art makes me feel very good. I got to use my diamonds on my parrot. It is the best.

Esiah, age 6



Syringe menorahs

Suggested age:
preschool age and up

Supplies

6 - small syringes
large syringe
Play-Doh brand or
Model® Magic clay

Instructions

1. Form seven balls with clay.
2. Push syringes, plunger side down, into the balls.
3. Let the clay dry with the syringes inserted in them.
4. To display, place three small syringes on either side of the large one.
5. To light, make flames out of construction paper.



Syringe mobile

Suggested age:
adolescents

Supplies

- 3 - tongue depressors
- 10cc syringe
- 20cc syringe
- 30cc syringe
- roll of yarn
- several pom poms
- assorted jewels
- assorted pony beads
- scissors
- tacky glue
- hot glue gun

Instructions

1. Place the three tongue depressors end to end forming a triangle.
2. Glue the triangle together and set aside to dry.
3. Remove plungers from syringes.
4. Fill each syringe 3/4 full, one with pom poms, one syringe with pony beads and the other with jewels.
5. Add a small amount of hot glue inside the syringes and replace the plungers to seal.
6. Wrap the triangle in yarn.
7. From each corner of the triangle, bring a string of yarn upward to create a hanger.
8. Tie yarn into a looped knot.
9. Underneath each corner, bring a line of yarn downward at different lengths.
10. Tie a syringe at each end of the hanging strings.

I had fun using the medical supplies to make a zebra because it didn't hurt.

Hayley, age 6

Syringe ornament

Suggested age:
early school age

Supplies

60cc syringe
several red and white tri
beads
pipe cleaners
several jingle bells
hot glue gun

Instructions

1. Remove plunger from syringe.
2. Fill syringe with tri beads in a pattern of red and white about 3/4 full.
3. Add a small amount of glue inside the syringe tube and replace the plunger.
4. Twist the red and white pipe cleaner together and then wrap around the plunger.
5. String the jingle bells onto a pipe cleaner and wrap around the top of the plunger.
6. Make a loop with a pipe cleaner and twist it around to the top of the plunger to create a hanger.

Pretty cool! I like it.

Cori, age 11



Syringe pens

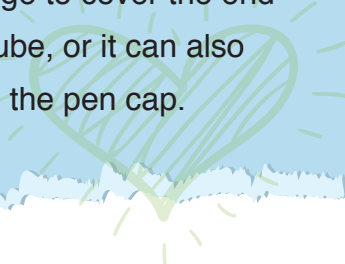
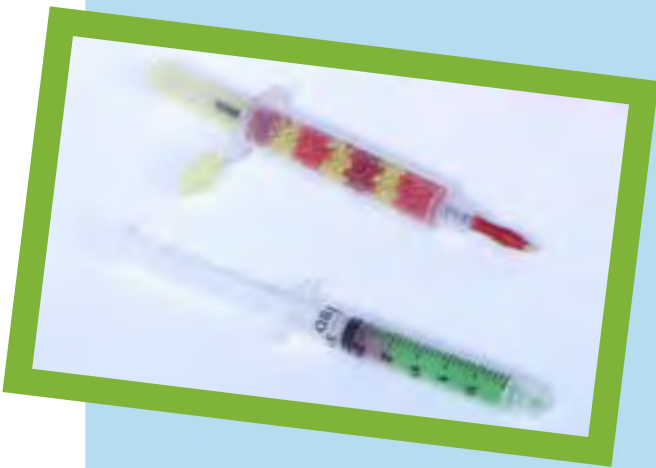
Suggested age:
early school age and up

Supplies

5 mL syringe
several seed beads in
various colors
red ball point pen
hot glue gun
blood tube

Instructions

1. Remove the plunger of the syringe and discard.
2. Remove the tip of the pen, including the tube of ink.
3. Insert the tube of ink into the small end of the syringe. The ink tube is now inside the syringe and the pen tip is where the needle of the syringe would go.
4. Use a dab of hot glue on the small end of the syringe to secure the pen tip.
5. Use seed beads to fill the well of the syringe. It may be helpful to use a funnel or a rolled up piece of paper to help get the beads into the syringe.
6. Once filled, add a layer of hot glue on top of the seed beads to keep them in place.
7. Remove the stopper from the blood tube.
8. Hot glue the blood tube on top of the syringe to cover the end of the ink tube, or it can also be used as the pen cap.



Syringe rocket

Suggested age:
early school age

Supplies

60cc syringe (rocket body)
thermometer covers (top cap)
3 - pom poms (red, white and blue)
3 - pipe cleaners (orange, yellow and red)
small jewels or glitter
tacky glue

Instructions

1. Remove the plunger from the syringe and set aside.
2. Fill the syringe with layers of pom poms in the pattern of red, white and blue.
3. Apply a small amount of glue inside the syringe and replace the plunger securely.
4. Glue the thermometer cover to the tip of the syringe.
5. Apply a thin line of glue down the side spelling out USA on the side of the rocket.
6. Place the small jewels or glitter on the glue letters.
7. Wrap the plunger with the pipe cleaners for the burners of the rocket.



Syringe sand art

Suggested age:
toddlers

Supplies

assorted sizes of syringes
different colors of sands
small funnel
hot glue gun

Instructions

1. Pull plunger from syringe.
2. Apply drop of glue to the point of the syringe.
3. Using a small funnel, layer different colors of sand inside the syringe until it is 3/4 full.
4. Add a small amount of glue and replace plunger. Allow time to dry.



Vacutainer Finger puppets

Suggested age:
early school age and up

Supplies

Vacutainer collector
google eyes
poly bead
tri bead
feathers in assorted colors
tacky glue

Instructions

1. Push the feather ends into the tip of the Vacutainer to create hair.
2. Glue the google eyes to the side of the Vacutainer.
3. Glue the poly bead to the side of the Vacutainer for a nose.
4. Glue the tri bead and place under the nose for a mouth.







Mr. Caterpillar

Suggested age: toddlers and up

Supplies

tongue depressor
large pom pom (head)
6 - medium pom poms (body)
3 - small pom poms
(nose and antenna)
2 - google eyes
red tri bead (mouth)
2 - syringe caps (antennas)
3 - pipe cleaners (legs)
tacky glue
Sharpie® marker (black)
scissors
ruler

Instructions

1. Color tongue depressor and syringe caps black with the Sharpie.
2. Cut twelve 1" pieces of pipe cleaner.
3. Apply 12 lines of glue across the width of the tongue depressor.
4. Place the cut pieces of pipe cleaner on the lines and allow to dry.
5. Bend the ends of the pipe cleaner to form legs.
6. Apply glue to the large pom pom and attach to the end of the depressor to create the head.
7. Apply glue to the six medium pom poms and attach to the tongue depressor to create the body.
8. Glue the syringe caps to the top of the head for antennas.
9. Glue a small pom pom on the tips of the syringe caps.
10. Glue the google eyes to the front of the head.
11. Glue a small pom pom to the head for the nose.



Puzzle plants

Suggested age: early school age and up

Supplies

6 to 10 - tongue depressors
masking tape
markers in assorted colors

Instructions

1. Arrange the tongue depressors so that they are laying flat on the table, parallel to one another and touching on the long edges.
2. Using the masking tape, tape two long pieces on each end and one down the center in order to hold all the tongue depressors together. The tape should be perpendicular to the tongue depressors.
3. Flip the tongue depressors over so that the side without the tape is now facing up.
4. Use the markers to color a picture that covers all of the tongue depressors.
5. Once the art is complete, remove the tape from the back of the tongue depressors.
6. Shuffle the tongue depressors around and then try to piece them back together in the correct order to put the picture back together.



Tongue depressor chopsticks

Suggested age: late school age and up

Supplies

2 - tongue depressors
1/4 sheet of paper
markers in assorted colors
rubber band

Instructions

1. Create a design on tongue depressors with markers.
2. Fold paper into a small rectangle small enough to fit between the tongue depressors.
3. Place small paper rectangle between the tongue depressors.
4. Wrap rubber band tightly around the tongue depressors.

*Create a game to see who can pick up the most objects.



Christmas trees

Suggested age: preschool age and up

Supplies

6 - tongue depressors
glue
strong scissors
paint
sequins
ribbon (optional)

Instructions

1. Cut five tongue depressors in varying descending lengths. For example, make each piece $\frac{1}{6}$ the length of a full tongue depressor. These will be your tree branches.
2. The remaining tongue depressor is the trunk of your tree. Glue the branches onto the trunk with the smallest one on top and then increasing in size as you work your way down the trunk. They should make a Christmas tree shape.
3. Use the paint and the sequins to decorate the tree as desired.

* To use as a tree ornament: Cut a piece of ribbon about 3" in length. Fold the ribbon in half and glue the two ends together onto the back of the ornament at the top.



Flag magnet

Suggested age: late school age

Supplies

9 - tongue depressors

tacky glue

adhesive magnets

acrylic paints (red, white and blue)

paint brush

paint palette

Instructions

1. Lay three tongue depressors down vertically.
2. Apply a full length line of glue to each tongue depressor.
3. Lay six tongue depressors horizontally to the three vertical depressors.
4. Paint your state flag on the depressors.
5. Place the adhesive magnets to the back.



Tongue depressor house

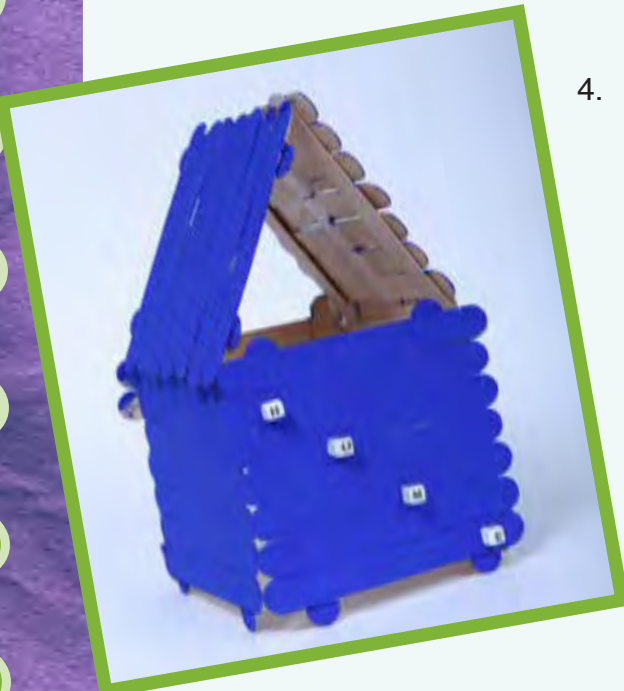
Suggested age: late school age and older

Supplies

40 to 50 - tongue depressors
(any size)
glue

Instructions

1. Lay two tongue depressors vertically about five inches apart. Glue five to seven tongue depressors across the vertical tongue depressors. These are your walls. Repeat four more times to make a total of five walls.
2. Lay two tongue depressors vertically about 5" apart. Glue two tongue depressors horizontally at the top and two horizontally at the bottom. This is your door.
3. Glue three of the walls and the door together to create the frame of the house.
4. Use the other two walls for the roof. Glue into a peak on top of the house.



Tongue depressor puppets

Suggested age: preschool age and up

Supplies

large tongue depressor
small google eyes
yarn
markers in assorted colors
fabric or felt (optional)
glue
scissors

Instructions

1. Glue the google eyes onto the top of the tongue depressor. Using markers, draw the rest of the face.
2. Cut several strands of yarn the desired length for hair.
3. Glue the hair to the back of the tongue depressor.
4. Draw and cut out clothing from the felt or fabric.
5. Glue the clothes onto the puppet.



Santa ornament

Suggested age: early school age

Supplies

9 - tongue depressors
3" x 3" piece of cardstock (white)
6" piece of green yarn
tacky glue
acrylic paints
(red, white, beige, pink, black)
paintbrush
paint pallet
scissors
assorted markers

Instructions

1. Paint six of the tongue depressors white and three red. Set aside to dry.
2. Take one white tongue depressor and glue it vertically on the bottom edge of the cardstock. It should hang off the paper.
3. Stagger the other four white tongue depressors in stair formation with two on the left and two on the right.
4. Glue the remaining white tongue depressor horizontally across the top two tongue depressors to create the beard and face.
5. Three red tongue depressors should be positioned in a triangle to make a hat. Allow to dry.
6. Cut off the excess paper around the outside of the tongue depressor Santa.
7. Use the handle end of a paintbrush to dot on two pink cheeks and two black eyes. Mix a small amount of pink and beige and dot on for nose.
8. Loop the green yarn and tie in a knot. Glue the knotted end to the back of the ornament.



Tongue depressor sleds

Suggested age: late school age and older

Supplies

4 - small tongue depressors
4 - medium tongue depressors
paint
glue
string

Instructions

1. Paint each of the tongue depressors in any color that the child chooses.
2. Glue the four medium tongue depressors side by side creating the top of the sled.
3. Glue two of the small tongue depressors underneath the sled to help as reinforcement. Let dry.
4. Glue the two small tongue depressors underneath the sled as the blades.
5. Glue a piece of string underneath the sled as a pull string.



Tongue depressor turkey

Suggested age: preschool age and up

Supplies

specimen cup
7 - tongue depressors
extra large brown pom pom
brown felt
2 - google eyes
orange pipe cleaner
red pipe cleaner
assorted paints
glue

Instructions

1. Cut a strip of felt the height of the specimen cup (about 3") and long enough to wrap around and cover the outside of the cup (about 6.5").
2. Once cut, wrap around the specimen cup and glue in place. This is the body of the turkey.
3. Place the specimen cup lid side down. Glue the extra large pom pom to the specimen cup to be the head of the turkey.
4. Using various paint colors, paint the tongue depressors. These will be the turkey feathers.
5. Glue the google eyes onto the head of the turkey.
6. Cut the pipe cleaner to about 1" and fold in half to form a beak shape. Glue onto the head of the turkey.
7. Cut the red pipe cleaner to about 1" and shape to be the gobbler on the turkey. Glue underneath the beak of the turkey.
8. Once the tongue depressors are dry, glue them onto the back of the turkey, fanned out like feathers.

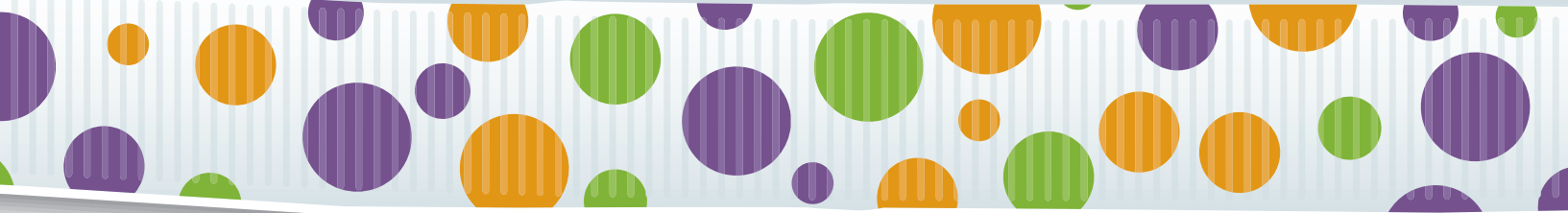
My favorite thing about going to chemo is seeing Trina, Amy and Kate and making stuff.

Ryley, age 10

Tongue depressors

Child Life Medical Art Activities





Tubing and Yarnflower Section



Quilting and Paper Quilt Section

Child Life Medical Art Activities



Angel blood tube

Suggested age: preschool age and up

Supplies

Vacutainer blood tube (body)
 1/2" Styrofoam ball (head)
 4" oval doily (wings)
 2 - small google eyes
 syringe cap (candle)
 feeding tube line (halo)
 tooth pick
 acrylic paint (beige and gold)
 cloth medical tape
 yarn (yellow and orange)
 tacky glue
 scissors
 marker (black)
 pom poms

Instructions

1. Paint the Styrofoam ball beige for the head and set aside to dry.
2. Fold doily in half. Then from the center of the folded edge, fold the sides inward to form a triangle and secure with glue.
3. Remove cap from the Vacutainer tube and fill it with pom poms. Replace the cap. This will create the body.
4. Apply a line of glue down the center of the folded doily and secure tube with the cap at the top. Set aside to dry.
5. Cut a small piece of the feeding tube and form a halo with a small portion hanging down from the back. Tape feeding tube to secure.
6. Insert the tooth pick into the small portion of the tube.
7. Cut off the end of toothpick, but leave enough to insert into the back of the head.
8. Cut yarn for the hair.
9. Attach the hair and the eyes with glue.
10. Cut a small piece of orange yarn and glue to the inside of the syringe cap for the candle.
11. Cut small arms out of white paper and glue to the sides of the body. Paint the tips beige for hands.
12. Use a marker to draw the mouth on the face.
13. Glue the head on to the top of the body.
14. Paint the halo gold. Allow time to dry.

Blue bird

Suggested age: late school age

Supplies

3" Styrofoam ball
pipette
oxygen tube line
2 - small google eyes
tacky glue
Sharpie® marker (orange)
scissors
medical tape
ruler
blue feathers

Instructions

1. Cut the pipette in half. Color the pointed end orange with the Sharpie.
2. Cut a hole in the top of a Styrofoam ball. Fill the hole with glue.
3. Cut a 12" section of the oxygen. Fold line in half and insert into the hole in the ball.
4. Wrap a piece of tape around both lines toward the bend to create a hanger.
5. Use tacky glue to attach feathers covering the entire ball to create the body. Allow two feathers to stick out for the wings on the side and one long feather to hang down the back.
6. Attach the eyes with glue to the front of the body.
7. Poke a hole in the body under the eyes and apply glue to the larger end of the pipette. Insert into the hole to create the beak.
8. Glue the head on to the top of the body.
9. Paint the halo gold. Allow time to dry.



Hospital door banner

Suggested age: preschool age and up

Supplies

large piece of construction paper
 assorted markers
 scissors
 ruler
 medical tape
 tacky glue
 oxygen tubing
 assortment of medical supplies (cotton balls, cotton swabs, syringe, exam glove, ear loop mask, Band-Aid® bandages, etc.)

Instructions

1. Cut a 3' section of oxygen tubing.
2. Turn sheet of construction paper vertical and make a 1" fold at the top of the paper.
3. Add a thick line of glue to the crease in the fold.
4. Place the cut ends of the oxygen tube inside the crease and fold flap over.
5. Place a strip of medical tape along the seam of the fold.
6. Turn banner over.
7. Using markers and assorted medical supplies, allow the child to create a personalized banner.
8. Allow time for craft to dry.



IV tubing spider

Suggested age: toddlers and up

Supplies

black Model Magic® clay
IV tubing
scissors

Prep: If black clay is not available, while wearing gloves, mix black paint and clay together.

Instructions

1. Mold spider out of clay.
2. Cut IV tubing into eight equal pieces.
3. Push IV tubing into pieces into clay spider body.
4. Let dry.



Wish necklace

Suggested age: adolescents

Supplies

microtainer tube
hemp cord
small strip of paper
pencil
scissors
tacky glue
push pin



Instructions

1. Cut three 1' pieces of the hemp cord. Tape the end down to the table for support. Begin braiding the cords, once you are at the half of the desired length stop.
2. Tape the knot to the table for support.
3. Begin braiding the cords. Stop at half of the desired length.
4. Tie the three cords together in a knot.
5. Remove the cap of the microtainer. Using the push pin poke a hole in the center of the cap.
6. Thread only the center cord through the hole in the cap. Add a dot of glue to the inside of the cap and let dry to secure.
7. Continue to braid the cord until it is equal in length to the first half.
8. Tie the ends together allowing enough space to fit over the child's head.
9. On a small strip of paper ask the child to write down a wish.
10. Roll paper up and slide it into the microtainer tube.
11. Replace the cap.



Painting and Paper Doctor Section

Child Life Medical Art Activities



Band-Aid® fish and whale

Suggested age:
preschool age and up

Supplies

sheet of cardstock paper

Band-Aid bandages

clear packaging tape

pencil

hot glue gun

scissors

4 - metal washers

Instructions

1. Trace the template of a fish and whale onto the cardstock. Cut out the fish.
2. Cover fish on both sides with Band-Aid bandages.
3. Cut away excess Band-Aid bandages from the edges.
4. Cut strips of tape and cover the fish again on both sides. Cut away excess tape from the edges.
5. Apply glue to the side of the washer and attach to the fish for the eye. Repeat step for the other side.
6. Repeat the same steps above for the whale.
7. The fish and whale can be used along with the yankauer fishing pole to play a game (page 171).



Dena's yankauer flowers

Suggested age:
adolescents

Supplies

yankauer suction

2 - green pipe cleaner

6 - pipe cleaner (color of
choice)

pom pom

2 - small felt squares (green)

hot glue gun

Instructions

1. Thread green pipe cleaner through the bottom of the yankauer.
2. Cut the shape of leaves from the felt squares. Glue to the sides of the yankauer.
3. Cut four small pieces of pipe cleaner and attach to the front and back of the leaves with glue.
4. Cut the six pipe cleaners in half. Bend into a loop and attach ends together with glue to form the petals.
5. Glue the circle of petals to the tip of the yankauer. Glue a pom pom to the center of the petals.



Suction tube necklace

Suggested age:
early school age and up

Supplies

suction tube
small beads
hot glue gun
tape

Instructions

1. Cut tube to desired length.
2. Tape one end closed.
3. Fill tube with small beads.
4. Remove tape. Add glue to end of tube and slide end into the connection end of the line. Allow time to dry.

Do not leave child unattended while wearing necklace.



Yankauer fishing pole

Suggested age:
preschool age

Supplies

yankauer suction
small button magnet
24" string
tacky glue

Instructions

1. Thread string through the yankauer suction from the bottom and tie knot at the handle end.
2. At the other top end of the string glue a small button magnet.
3. The fishing pole can be used with the Band-Aid® bandage fish, whale and squid to play a game (pages 100 and 168).

*Do not leave child unattended.
Magnets can be a choking hazard.*



Meet our creative contributors

Nicole Carr, activity coordinator

Degree: Bachelor of Science, Interdisciplinary Studies, Minor, Education

How long you have worked at Cook Children's? Two years.

I enjoy the creative aspect of my job and engaging patients in activities that help them acquire new skills. The patients are my inspiration for creating medical art. Through conversations and observations with patients, I assess the patients' thoughts and feelings about different medical equipment and use this information to help them create art projects. I am driven by the challenge of creating art from unlikely sources. I see this book as a guide that will help others tap into their own creativity and create other projects that will reach the specific needs of patients, and helping those who provide them care. I hope to inspire others to look at the things around them in a new way.



Trina Burks, activity coordinator

Degree: Bachelor of Arts, Psychology, Associate of Science, Nursing

How long you have worked at Cook Children's? Four years.

One of my favorite things, and something the children look forward to doing, is medical art. Using supplies that may seem frightening or confusing, as a form of art, promotes redirected expressions. Watching as children's eyes light up and their spirits lift from the masterpieces they have created, is rewarding to me. I believe that God has given me the pleasure of working with children who are struggling to fight cancer. When I can help a child open up and create a work of art, I have found my inspiration. My hope for this book is to help others develop ideas the children can use to spark their imaginations. Children have a natural sense to create and once you tap into that creativity the outcome is medical art.



Audra Trussell, program coordinator

Degree: Bachelor of Applied Arts and Science

How long have you worked at Cook Children's? Eleven years.

I gain the most inspiration for medical art from the patients' interests and ideas. I look at normal everyday craft projects in a different light and imagine the possibilities of using medical supplies as an alternative medium. My favorite thing about working with children has always been to watch them grow, explore and experience the wonderment of new things. I hope this book will inspire others to explore new possibilities, build confidence in creativity and encourage the practice of utilizing medical art as a therapeutic intervention.





Destiny Clark-Davis, activity coordinator

Degree: Pursuing Bachelor of Science in Development and Family Studies

How long you have worked at Cook Children's? Four years.

I have worked with children in several different settings including schools and summer camps, but I have found my niche and greatest enjoyment in working with kids in the hospital setting. I believe medical art can help transform a child's difficult condition, whether chronic or acute, into a manageable situation. The patients that I've worked with have shown me first-hand the therapeutic and healing effect that medical art can have. I've always known that all children are capable no matter what their abilities may be, but medical art shows the strength and resilience in children's hearts. My desire is that this book will be a tool for Child Life staff and other hospital professionals to use to tap into the power of a child's creativity and magic.



Julie Dore, activity and in kind donation coordinator

Degree: Bachelor of Science, Early Childhood Education

How long you have worked at Cook Children's? Nearly three years.

I love working with kids because they allow me to experience the world through their eyes. Kids have a refreshing outlook on life and their imagination, honesty, creativity and excitement inspire and challenge me. I love using medical art as a medium for creativity with the children at the medical center. This unique art allows them to discover their environment, express their emotions and explore their uncertainties. I love taking the ordinary items of a hospital that may seem scary, invasive or unknown and turning them into a fun and meaningful piece of art. I hope this book will be the springboard for many more wonderful medical art activities.



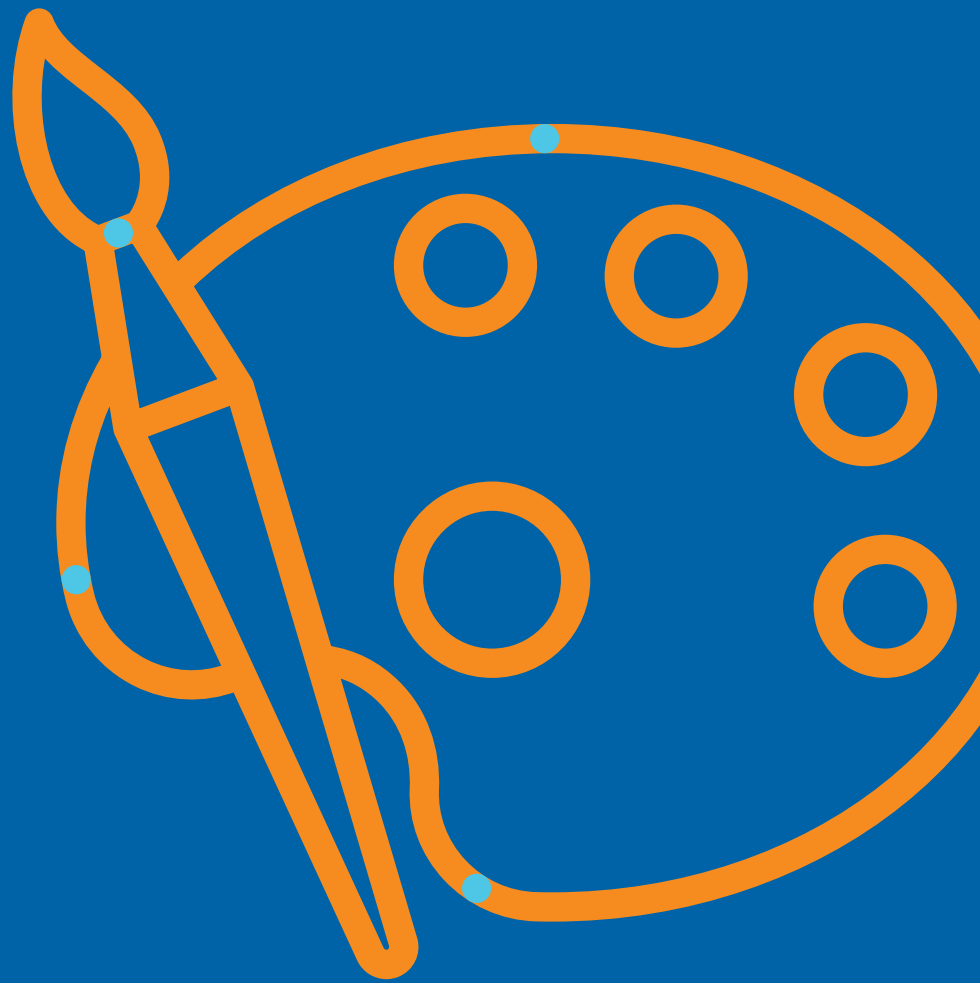
Betsy Hilliard, child life specialist

Degree: Bachelor of Science, CCLS, CPST

How long have you worked at Cook Children's? Seventeen years.

Having worked in the Child Life field for many years, I have seen first-hand the almost magical effect that health care play can have for children. The healing impact that it provides is nothing short of amazing. It has been a privilege to assist in the compilation of this book. I hope that these ideas will inspire your own creative ideas as you continue to provide children with the gift of continued growth and healing through play.





**We hope that this book will
enhance your skills and
spark your creativity.**

Do you have activities you'd like
to share with us? We'd love to hear them!

Cook Children's Child Life
682-885-4048



CookChildren's®