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Celebrate American Heart Month

Heart Disease is the # 1 cause of death for Americans each year. In fact, research shows that more than 7,000 children suffer from Out of Hospital Cardiac Arrest each year. There are steps you can take as a parent and a professional to ensure that your local school has a CPR/AED trained emergency team, emergency plan for their AED and is practicing a regular AED drill to test their emergency response. Ask yourself: is your school #READY? Click the picture below to learn more about how our Project ADAM program at Cook Children's can help.



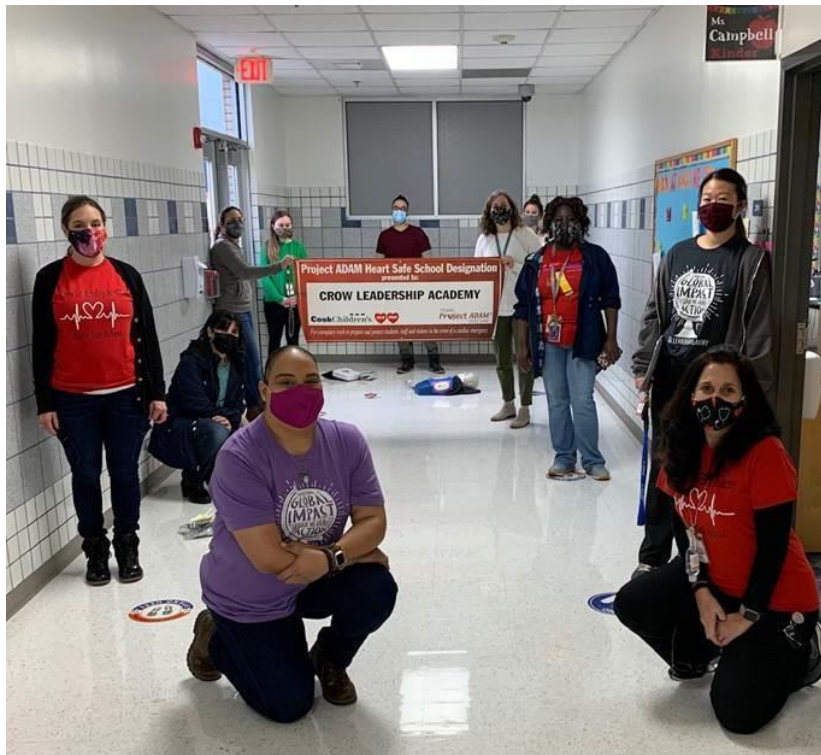
The Connection Between School Staff Shortages & Preparedness

It's time we address the elephant in the room: school staff shortages. Chances are your school/your child's school has been impacted, but that doesn't mean emergency preparedness should go on the back burner. In schools where there is no permanent nurse on campus, it's especially critical that a CPR/AED trained emergency response team is in place and that all school staff are aware of their school's emergency plan and what to do in the event of a campus emergency. Project ADAM is here to help. Click below to access our free Heart Safe School resources, assess your #READY-ness and ensure your school/your child's school is prepared.

[Heart Safe Resources](#)

Project ADAM Q&A: School Nurse Shares Her Experience

Hear firsthand from one of our Project ADAM school nurses what Project ADAM means to her. Rosana Renzzo, school nurse at Crow Leadership Academy in Arlington Independent School District, talks about their journey to becoming a Heart Safe School and how it's impacted them. Click the picture below to read more.



Hero Spotlight: Michigan Youth Soccer Team Takes CPR Class After Player Suffers Cardiac Arrest at Practice

It was just another day of soccer practice for fourteen-year-old Jeff Soules when he suddenly collapsed while jogging on the field and went into Sudden Cardiac Arrest. Thanks to his coach performing 10 minutes of CPR with the help of dispatchers over the phone, Jeff walked away from the incident after several days in the hospital and received a brand new, implantable cardioverter defibrillator. His whole team is now taking a CPR class to help others. Read more about this inspirational save below.

Soccer Team Save

Heart Safe School spotlight



2021 had its fair share of curveballs, but we're thankful for the 41 Project ADAM referrals we received and the 40 new Heart Safe Schools who entered our program last year despite the many challenges. Please join us in celebrating the school nurses and staff who made this happen. For a complete list of all 525 Heart Safe Schools and 18 Heart Safe School Districts in our program at Cook Children's, click below and see if your school made the list. If not, don't worry. There's still time!

Project ADAM Texas Heart Safe Schools

We truly appreciate all our schools for building and maintaining their emergency response team, emergency response plan and keeping up with regular AED drills on campus.

Together, we can save more lives.

**Have an idea, story, or picture to share? We'd love to hear it!
Email us for a chance to be featured in one of our newsletters.**

**For questions/help with activities related to
cardiac emergency preparedness, contact:**

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Project ADAM's mission is to educate school systems, nurses, coaches, trainers, parents, and others about pediatric sudden cardiac death. Project ADAM helps implement public access defibrillation programs (PAD) across Texas and the nation. Our goal is to increase awareness of sudden cardiac death and establish emergency programs that provide a timely and lifesaving response. Since 2011, our Project ADAM program at Cook Children's has recognized 525 Heart Safe Schools and 18 Heart Safe School Districts.

