

Nationwide AED Shortage

Ever since this summer, increased demand in combination with a global shortage put AEDs on the FDA's list of medical devices in short supply. We encourage you to order your AEDs, batteries and pads as early as possible. The good news? It's anticipated to last the rest of 2022 so hopefully things will start to improve in 2023.



December 31st Deadline to Submit Your Heart Safe School Annual Form

Have you submitted your online annual form to verify that you're still an active Heart Safe School in our program? If not, there's still time! Each year we invite schools to submit their annual form online to verify that they're still active and have completed our 5 annual requirements:

- 1) Regular AED maintenance
- 2) One AED drill conducted that calendar year
- 3) CPR/AED training is current for all emergency team members
- 4) Your emergency response plan has been reviewed and updated
- 5) All faculty and staff have received annual education on Sudden Cardiac Arrest (SCA) awareness, signs and how to recognize SCA (sudden collapse and unresponsive; victim may have initial seizure-like or continued respiratory movements). Communication procedures and your school's Cardiac Emergency Response Plan are also shared during this education.

In addition, if it's been 3 years since you've submitted your Heart Safe School Checklist, we ask that you upload that along with your form and AED Drill Checklist. Click on the banner below to access the form.



Hero Spotlight: Monterey High School Save

When 14-year-old Zaidyn Ward collapsed on the field at his high school football game, first-year assistant athletic trainer Lacey Steele came to the rescue. Fortunately for Zaidyn, the AED was right next to Lacey who quickly started CPR and applied the AED. Thankfully, Zaidyn was shocked and regained consciousness before being taken to Cook Children's and later diagnosed with a rare heart condition. Read Zaidyn's story by clicking on the link below.

Monterey High School Football Player's Life Saved

Heart Safe School Spotlight



It's been a busy start to the school year! Join us in congratulating our two newest Project ADAM Heart Safe School Districts, Wylie ISD and Burleson ISD, and the following Heart Safe Schools who joined our Project ADAM program at Cook Children's this fall:

Wedgwood 6th Grade
Alma Martinez Intermediate

Metro Opportunity High School
Lakewood Elementary

THANK YOU!

We couldn't do it without you.



Stay tuned to your inbox for our next newsletter!
Have an idea, story, or picture to share? We'd love to hear it!
Email us for a chance to be featured in one of our newsletters.

**For questions/help with activities related to
cardiac emergency preparedness, contact:**

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Project ADAM's mission is to educate school systems, nurses, coaches, trainers, parents, and others about pediatric sudden cardiac death. Project ADAM helps implement public access defibrillation programs (PAD) across Texas and the nation. Our goal is to increase awareness of sudden cardiac death and establish emergency programs that provide a timely and lifesaving response. Since 2011, our Project ADAM program at Cook Children's has recognized 574 Heart Safe Schools and 21 Heart Safe School Districts.

