

The Magic of Art

Facility Art at Cook Children's

Art dramatically promotes healing on many levels for children and families. The art and color surrounding us can influence / impact the way we act and respond to our situations in any given environment. Art has the power to significantly affect the emotional state of patients, families and staff. Art can also support the creation of an emotionally safe environment. Art-filled spaces are proven to have stress-reducing effects; therefore increasing the recovery process.

"Art affects our immune system, it affects the opiate levels in the brain. Art gives....a sense of control, whereas in medicine you don't have a sense of control." Leah Dickstein, PhD.

By using art throughout Cook Children's, we enhance the healing that takes place under our blue peaks.

Art inspires us, engages us and connects us to our space. Even with the cost associated with arts programs, research concludes hospitals use the arts "to create a more uplifting environment." In addition, creating a welcoming atmosphere is important to impacting our patient experience.

Core Principles of Cook Children's Art Program:

- ★ Enhances the healing process
- ★ Developmentally appropriate and diverse
- ★ Inclusive of culture and gender
- ★ Evolving and dynamic
- ★ Interactive and engaging
- ★ Therapeutic and humanizing
- ★ Inspirational and soothing
- ★ Integrates into the building design
- ★ Celebrates community



Example of facility art at Cook Children's Medical Center Prosper

Utilization of Art:

- ★ Promote healing and emotional safety
- ★ Engaging and supporting growth and development
- ★ Welcoming and inviting to patients, families and staff
- ★ Wayfinding and signage

Cook Children's needs the support of the community to create a magical, engaging and uplifting environment through art installations in the clinical space of the Jane and John Justin Institute for Mind Health at Cook Children's. Your partnership is instrumental in helping us improve our patient experience through art.