

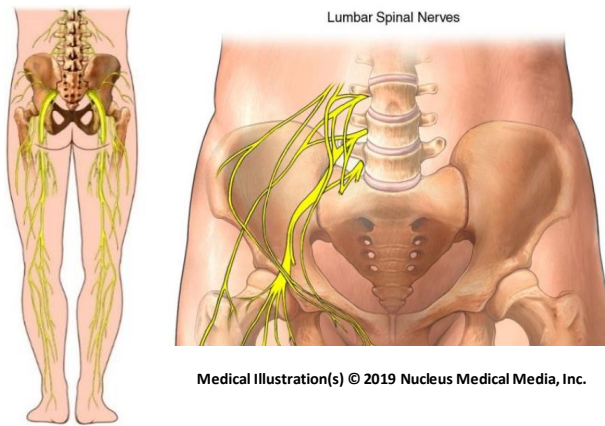
Pain Management

682-885-7246

1500 Cooper Street
Fort Worth, Texas 76104

Lumbar Sympathetic Nerve Block

A lumbar sympathetic block is an injection of medicine into or around the sympathetic nerves. The sympathetic nerves are a part of the sympathetic nervous system. The nerves are located in front of the spine in the lower back.



How the block helps

The injection can help reduce pain in your legs.

We will call you several days before the procedure.

We will tell you:

- Where and when to arrive.
- When to stop drinking and eating.

Medicines and Allergies:

- We will ask for the name and dose of all medicines your child takes.
- We will ask if your child has allergies.

Note: *You may need to stop taking some of your medicines before the procedure.*

How we give the block

We give a small amount of numbing and steroid medicine through the skin and deeper tissues into the area where the nerves are sending pain signals to the brain.

Results

Immediate results can be seen and are usually from the numbing medicine we inject.

- This part of the body and legs may feel slightly heavy and numb.
- This wears off in a few hours. Pain may return.

Steroid starts working in about 4 to 7 days and may provide pain relief. Pain relief can last for several days up to 3 months or longer.

Please Know

You should *not* have this procedure if you:

1. Have allergies to any x-ray dye, seafood, Lasix or any of the medicines we may inject.
2. Are on a blood thinning medicine such as heparin, Coumadin, or Lovenox.
3. Have an active infection.
4. Have a temperature over 101 degrees.
5. Have a low platelet count.

Risks

Complications are very rare.

Risks may include but are not limited to:

- Tenderness, swelling
- Bruising
- Bleeding at injection site
- Infection
- Nerve damage
- Bowel perforation
- Allergic reaction to local anesthetic or medicine
- Organ injury
- Puncture of nearby blood vessels
- Injection of local anesthetic into major blood vessels