

## Pain Management

Phone: 682-885-7246

1500 Cooper Street  
Fort Worth, TX 76104

## What is Valium?

Valium is a type of medicine called a *benzodiazepine*. It is an anti-anxiety medicine. We also use valium as a sedative. We use Valium to treat:

- Anxiety or nervousness
- Seizures
- Muscle spasms.

**Valium can help your child relax and calm down before a medical procedure.**

## Before we order valium, we need to know:

### 1. Your child's health problems especially problems with:

- |  |   |
|--|---|
| <input type="checkbox"/> Glaucoma          | <input type="checkbox"/> Respiratory problems |
| <input type="checkbox"/> Myasthenia gravis | <input type="checkbox"/> Sleep apnea syndrome |
| <input type="checkbox"/> Depression        | <input type="checkbox"/> Pregnancy            |
| <input type="checkbox"/> Seizures          | <input type="checkbox"/> Breastfeeding        |
| <input type="checkbox"/> Liver problems    |   |

### 2. Current Medicines

Please bring all of your child's home medicines to the hospital.

**Please include all:**

- Scheduled and "take as needed" prescription medicines.
- Over-the-counter (OTC) medicines, vitamins, supplements, herbals, and home remedies.
- Inhalers, breathing treatments, eye drops, ear drops, or medicated cream or lotions.

### 3. List your child's known allergies

Please also tell us if your child has had any type of reaction to other sedatives, sleep medicines, pain medicines, etc.

## Giving Valium

### 1. Never guess about medicines

If you do not understand or are not sure what to do, call us or talk to your pharmacist.

### 2. Give the right dose at right time

Your child's doctor will tell you the dose of valium to give and when to give it. Do not give your child a different dose or at a different time.

### 3. Pills or liquids

Tell your doctor if your child can swallow pills.

**For liquid medicine:** Always use a medicine dosing cup, dosing spoon or dosing syringe.

### 4. Food

Your child may take this medicine with or without food. Taking valium with milk may help prevent an upset stomach.

### 5. Only 1 dose ordered

You will only have 1 dose of Valium. Please be careful to not spill or lose it.

## My Child's Valium

	Liquid	Pill
Dose to give:		
Time to give:		

Notes:

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## Storing Valium

**Keep all medicine away from children.**

**Never share your child's medicine with anyone.**

Keep your dose of Valium in a closed container at room temperature, away from heat, moisture, and direct light.

## Possible side effects of Valium

- Feeling lightheaded or dizzy
- Drowsiness or tiredness
- Dry mouth
- Upset stomach
- Diarrhea

## Possible serious effects

Call your doctor or 911 *immediately* if your child has any of these side effects:

### Allergic Reaction

- Itching
- Skin rash or hives
- Swelling in face or hands
- Trouble breathing
- Swelling or tingling in mouth or throat
- Chest tightness



[cookchildrens.org](http://cookchildrens.org)

These instructions are only general guidelines. Your health care providers may give you special instructions.  
If you have any questions or concerns, please call your health care providers.

**The healthcare provider talked to me about the information in this handout.**

- I know what I need to do.
- I know why doing this is important.
- All my questions have been answered.
- I have a copy of this handout.

\_\_\_\_\_  
**Patient Name**

\_\_\_\_\_  
**Patient, Parent, or Legally Authorized Representative**

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signed Name

\_\_\_\_\_  
Your Relationship to the Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time a.m. / p.m.

\_\_\_\_\_ **For staff use only** \_\_\_\_\_

**Valium**

**Healthcare Provider**

\_\_\_\_\_  
MRN (Medical Record Number)

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time a.m. / p.m.

**Interpreter**

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signed Name

\_\_\_\_\_  
Interpreter Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Time a.m. / p.m.

\_\_\_\_\_  
Print or imprint Patient Information

MRN \_\_\_\_\_

CSN \_\_\_\_\_