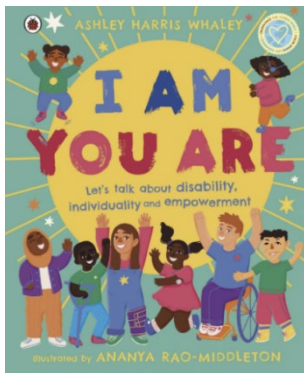


# Books for kids with Cerebral palsy

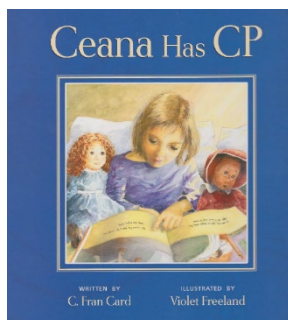
This list is provided for your convenience and is not an exhaustive list. Cook Children’s Health Care System doesn’t recommend or endorse any specific product. These instructions are only general guidelines. If you have questions or concerns, please call your healthcare provider.



**I Am, You Are: Let's Talk About Disability, Individuality and Empowerment**  
**By Ashley Whaley (2023)**

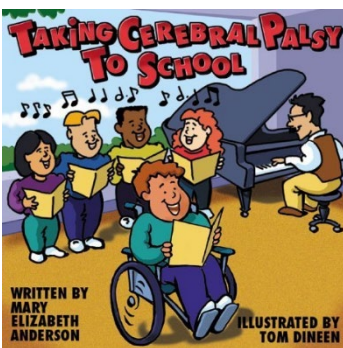
"I Am, You Are" is a powerful, practical book to help children and adults have meaningful discussions about disability and ableism. The book is aimed at children ages four and above. Containing explanations on key words and concepts written in child-friendly and accessible language, with relatable examples, this book supports children's understanding in building an anti-ableist stance from an early age.

It's perfect to read at home, and in classrooms, to support your child's life-long learning journey.



**Ceana has CP**  
**By C. Fran Card (2013)**

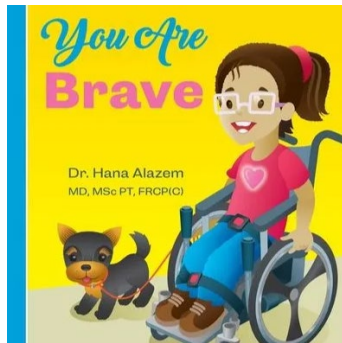
This book features a day in the life of Ceana, a young girl born with cerebral palsy (CP). This story follows Ceana and her family, while also discussing the ways that children with CP are uniquely inspiring.



**Taking Cerebral Palsy To School**  
**By Mary Elizabeth Anderson (2000)**

This book follows the adventures of Chad, a child with cerebral palsy (CP), and his classmates. It aims to answer questions that peers of children with CP may have. It encourages inclusivity and acceptance in the classroom.

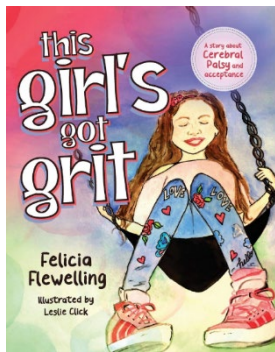




### **You Are Brave**

**By Dr. Hana Alazem (2022)**

Ally loves to read, and she loves to spend time with her dog, Zak. But when her teacher asks her to list some of her other hobbies, she's stumped! Ally decides that it's time to try something new. With Zak at her side, she sets out to find a new hobby. She watches her classmates play basketball, use adapted devices to swim, and even make art in the park. But every time she thinks about joining them, Ally feels a nervous flutter in her chest. "You Are Brave" is a book for every kid who has ever thought, "What if I'm not brave enough?" It's about the courage we find within ourselves, and the wonderful possibilities that open up when we have the confidence to try something new.

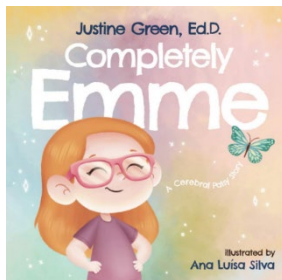


### **This Girl's Got Grit**

**By Felicia Flewelling (2021)**

"Do you know what grit means? Well, my mom says I have it. Having grit means you keep working toward your goal even when it's hard. Someone who has grit is fearless and unstoppable." -Frankie

Felicia Flewelling is Frankie's mom. This book was born out of her journals, blog, and her participation in a cerebral palsy support group. She and her husband, Mark, hope this book will help others feel less lonely and more empowered.

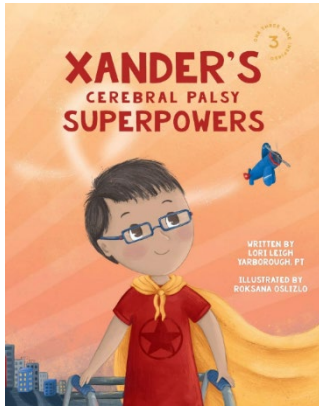


### **Completely Emme: A Cerebral Palsy Story (Completely Me)**

**By Justine Green (2021)**

"Completely Emme" is a story about a little girl who learns to stand up for herself when others point out her differences. She teaches the children an important lesson about compassion and acceptance. This is the second book of Dr. Justine Green's award-winning series "Completely Me".

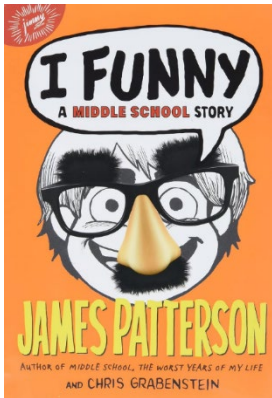




### **Xander's Cerebral Palsy Superpowers**

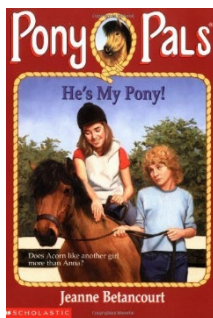
**By Lori Yarborough (2021)**

Do you need a way to discuss cerebral palsy with your child, friends, family or caregivers? Xander explains about cerebral palsy: what causes it, the 4 types and how it affects him and his friends who also have cerebral palsy. Xander also shows how he is an important member of his family and how what HE can do MATTERS. This book is a tool written by a mom/pediatric physical therapist to open discussions about cerebral palsy and inclusion. It demonstrates how to be an advocate for your friends with cerebral palsy and how they are important and have so much value. It's best for older elementary school kids or a book to read aloud to younger ones and could even be read in sections.



### **I Funny: A Middle School Story, By James Patterson (2022)**

Jamie Grimm is a middle schooler on a mission: he wants to become the world's greatest standup comedian, even if he doesn't have a lot to laugh about these days. Jamie is new in town and stuck living with his aunt, uncle and their evil son Stevie, a bully who doesn't let Jamie's wheelchair stop him from messing with Jamie as much as possible. But Jamie doesn't let his situation get him down. When his Uncle Frankie mentions a contest called "The Planet's Funniest Kid Comic," Jamie knows he has to enter. But are the judges only rewarding him out of pity because of his wheelchair, like Stevie suggests? Will Jamie ever share the secret of his troubled past instead of hiding behind his comedy act?

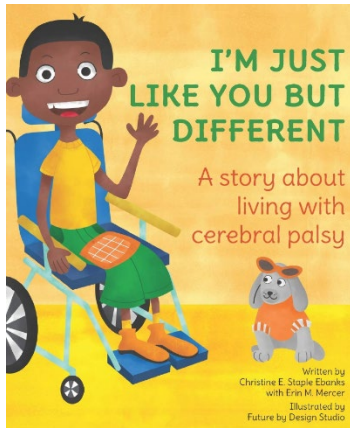


### **He's My Pony**

**By Jeanne Betancourt (2001)**

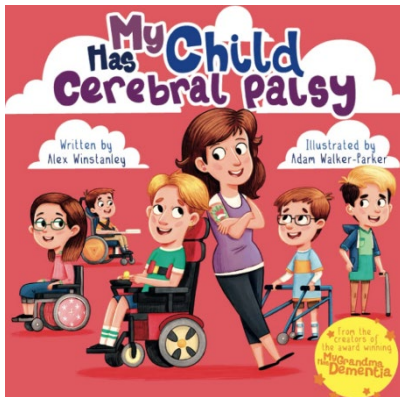
Anna and her neighbor's niece, Christine, take on the stables in this book. Christine loves horses, but due to her cerebral palsy, she is unable to experience the joy of riding a pony on her own. Christine and Anna's horse soon develop a close bond, showcasing the benefits associated with equine and related therapy methods.





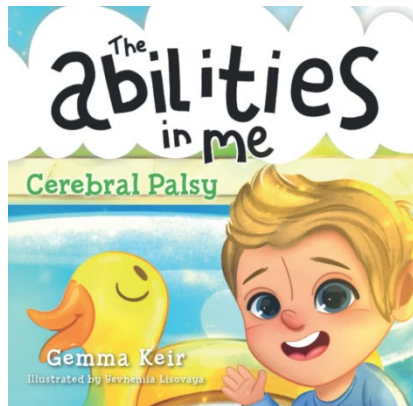
**I'm just Like You But Different: A story about living with cerebral palsy**  
**By Christine E. Staple Ebanks with Erin M. Mercer (2019)**

This fun and interactive children's book introduces Nathan, a young boy with cerebral palsy (CP), who lives with his family in Kingston, Jamaica. This book helps expand our young children's worlds to include and understand how a child with special needs may be experiencing life. It shines a light into how a child with special needs is very similar to any other child, especially in their desire to have friends. This book promotes inclusion and teaches kindness and empathy toward others who have varying levels of needs and abilities.



**My Child Has Cerebral Palsy**  
**By Alex Winstanley (2021)**

This book aims to raise awareness of the impact that cerebral palsy can have on an individual and their family, in a child-friendly and supportive way. Through rhyme and engaging illustrations, the book hopes to start a conversation about cerebral palsy, to help relieve anxieties that children might have about someone close to them who may be living with cerebral palsy. It is the fifth book in a best-selling series that aims to help children to understand a range of long-term health conditions, whilst promoting an inclusive and diverse society. It's aimed at 4-11-year olds and has been inspired and informed by people with lived experience cerebral palsy.



**The abilities in me: Cerebral Palsy**  
**By Gemma Keir (2022)**

This book is dedicated to children diagnosed with cerebral palsy, also known as CP. Explore the day in the life of a young boy and his friends with cerebral palsy through bright, colorful illustrations and text. Perfect for teachers, parents and children alike, this book will bring awareness of the condition and teach children how to be supportive and be kind. This book is aimed for children between the ages of 3-8 years old. This book is inspired by Louie George Wood.

