













# Music therapy

Music Therapy is a treatment that uses music to help your child with their social skills, communication, thinking skills and motor skills. A certified music therapist uses these interventions to accomplish goals that you and your child set. Below is a list of providers in the area.

North Texas	Contact	About:
<p><b>Heart and Harmony Music Therapy</b></p> 	<p>PO Box 33913 Fort Worth, Texas 76162</p> <p>817-458-8813</p> <p><a href="http://www.heartandharmony.com">www.heartandharmony.com</a></p>	<p>In-home and in-studio music therapy. Also offers telehealth sessions if needed. Work with many medically fragile, delayed and disabled individuals.</p> <p>Age Range: 6 months and older Cost: 2 hour assessment \$250; 50 minute sessions \$95</p>
<p><b>SoundStarts Music Therapy</b></p> 	<p>8380 Warren Parkway #701 Frisco, Texas 75034 469-443-6224</p> <p>1340 S. Main Street Suite 303 Grapevine, Texas 76051 469-443-6224</p> <p><a href="https://soundstartsmusic.com/">https://soundstartsmusic.com/</a></p>	<p>Our team is trained to develop specific songs and music interventions to meet a wide variety of goals specific to each of our client's needs.</p> <p>Cost: Assessment \$90; 30 minute session \$60</p>
<p><b>Kaleidoscope Behavioural Health</b></p> 	<p>3535 Firewheel Drive Suite F Flower Mound, Texas 75028 214-499-0396</p> <p><a href="https://kaleidoscopebehavioralhealth.com">https://kaleidoscopebehavioralhealth.com</a></p>	<p>Music therapy and play therapy. As well as providing mental, emotional and behavioural health services across the clients lifespan.</p> <p>Age Range: 2 years and up Cost: \$130-\$190 for 50 minute session</p>
<p><b>Wildflower Music Therapy</b></p> 	<p>Dallas/Fort Worth Areas/Parker County/Tarrant County/Hood County</p> <p>817-584-1694 <a href="https://wildflower-mt.com">https://wildflower-mt.com</a></p>	<p>Provide evidence-based music therapy to Dallas/Fort Worth and surrounding areas. Offer tele-music therapy, in-home or at pre-determined location.</p> <p>Cost: Some insurances accepted; Private pay: 30 minute session \$55; 50 minute session \$85</p>
<p><b>North Star Therapy</b></p> 	<p>1400 Preston Road Suite 400 Plano, Texas 75093 469-991-5846</p> <p><a href="http://www.ntxtherapy.com">www.ntxtherapy.com</a></p>	<p>Provide sessions via telehealth or in person. Specialize in mental health and patients diagnoses with autism.</p> <p>Age Range: 4 and older Cost: \$150 for 50 minutes</p>

<b>Coyote Music Studio</b> 	2615 N. Locust St., Denton, Texas 76209  <a href="http://www.coyotemusicstudio.com">www.coyotemusicstudio.com</a>	Have private music therapy sessions as well as music therapy groups. Also have a group for children with intellectual/developmental disabilities and/or other needs. Infants and toddlers.
<b>Fort Worth Library</b> 	Fort Worth Public Library  See website for library near you.  <a href="http://www.fortworthtexas.gov/departments/library/programs/music">www.fortworthtexas.gov/departments/library/programs/music</a>	Has classes for Music and Movement with songs and activities to get you and your little one moving and grooving!

### Funding Options for Music Therapy

Funding Source	About	Website
<b>Gill Children's</b>	Under 18 only.	<a href="http://www.gillchildrens.org">www.gillchildrens.org</a> 
<b>Masonic Children and Family Services</b>	Must have autism diagnosis.	<a href="http://www.masonichometx.org/child-family-services/">www.masonichometx.org/child-family-services/</a> 
<b>Music Therapy Access Fund</b>	Anyone in Texas can apply.	<a href="http://Fwmusictherapyfund.org">Fwmusictherapyfund.org</a> 
<b>Music Therapy for All</b>	Provides grants and scholarships to make music therapy more accessible for Texans.	<a href="https://mtaf.org">https://mtaf.org</a> 
<b>The People Project</b>	Developmental disabilities only.	<a href="http://www.thepeopleprojecttx.org/huck-helps">www.thepeopleprojecttx.org/huck-helps</a> 

This list is provided for your convenience and Cook Children's doesn't endorse any specific provider. If you have questions or concerns, please call your health care provider.