



CookChildren's.

# Partnering for a healthier Fort Worth.

Care for the whole family.

We're here to provide care for your entire family, from the tiniest members to the tallest ones. With us, every visit is a meaningful step toward your family's health and happiness.

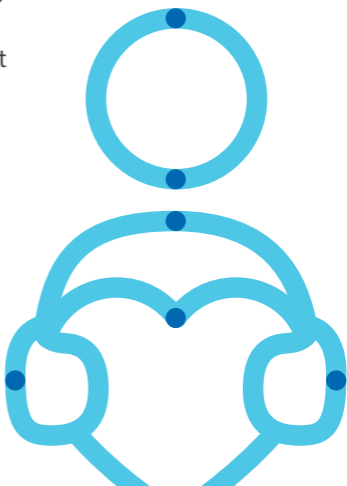


## What sets our center apart?

- **All ages, all needs:** Pediatric, adolescent and adult care under one roof, supported by trusted partners like Cook Children's and JPS Health Network.
- **Whole-person approach:** Medical care, mental health services, health education and social support all connected for a seamless experience.
- **Community-powered:** Free, practical education and resources open to everyone, regardless of where you usually receive care.
- **Neighbors helping neighbors:** Programs designed for (and by) the people of Fort Worth, with job training and support for your family's future.

## Free community classes for everyone

- Adult health talks (diabetes, heart health, women's health and more)
- Asthma education
- Healthy lifestyles, nutrition and gardening
- Injury prevention
- Lifesaving CPR training
- Mental well-being
- Oral health
- Caregiver support



We believe true difference happens when we work together. That's the heart of this new center—bringing together leading health care organizations, vital partners and the supportive Fort Worth community.

## Partners



A proud partner of the American  Job Center network

# Services you'll find here



## Pediatric and adolescent care

From wellness checks to immunizations, kids and teens get the specialized care they deserve, including chronic condition management, screenings and general wellness.

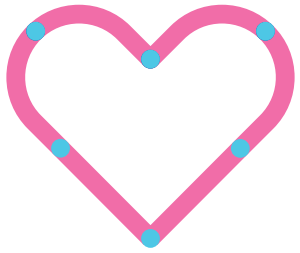


## Health resources

Cook Children's Health Plan provides benefit application help, support finding vital resources for families, wellness services, and a focus on improving health across our North Texas community.



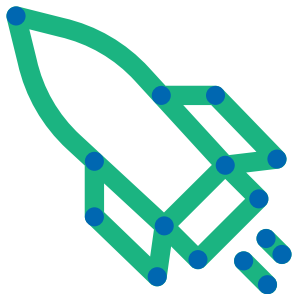
## Maternal and family health



Prenatal care, women's health services, chronic disease management and family support programs designed to nurture and guide families through every stage of their journey.



## Job skills training



The Las Vegas Trail training program partners with Tarrant County College and Workforce Solutions to teaching practical skills for customer service-related positions in health care. Transportation, mentorship and paid internships available.





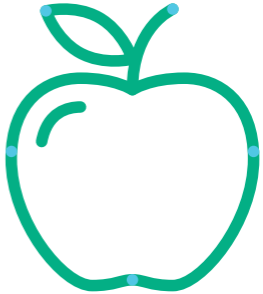
## Mental and behavioral health



Comprehensive counseling and support services for individuals, tailored to help families navigate challenges and prioritize total well-being.



## Demonstration kitchen



A new space where parents, children and community members can practice their cooking skills and learn more about healthy eating. Registered dietitians and community partners host weekly free nutrition classes.



## Community education



Free classes, hosted by Cook Children's Center for Community Health, Cook Children's Health Plan and JPS Health Network, designed to provide information and resources to support families.



## Food pantry



In partnership with WestAid, families can access an on-site pantry with fresh nutritious foods, including fruits, vegetables, dairy and pantry staples.





Visit us!

### Our location

2800 S. Cherry Lane, Suite 100  
Fort Worth, TX 76116



For more information, visit  
[cookchildrens.org/las-vegas-trail](https://www.cookchildrens.org/las-vegas-trail)

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