

# Complex Care Clinic or NEST Center?



## Complex Care Clinic

**Who:** A clinic that provides coordinated, comprehensive care for children with medical complexities needing additional assistance with equipment, supplies, therapy and nursing needs. The patients can be seen for sick visits if their primary care physician (PCP) isn't available.

**What we provide:** Support for PCPs whose patients need assistance managing a complex care plan, acting as a primary medical home or aiding in sick care, trach care and g-button care.

### Referral criteria:

- Must reside in DFW
- Have one life-limiting illness or one or more chronic conditions that cumulatively affect three or more organ systems
- Must require active management and is dependent upon equipment such as a tracheostomy or feeding tube (not an inclusive list)
- Patients who need developmental care and support simultaneously may be referred to NEST (for developmental care and support) simultaneously along with the Complex Care Clinic (for complex medical care). This dual referral will be evaluated on a case-by-case basis.
- Exclusions: Those with a primary diagnoses of behavior health or mental health, and kids aged > 17 at time of referral

**Age of patient:** Newborn to age 21. Note: patient must be <17 at time of referral

### Multidisciplinary team:

- Physician
- Dietitian
- Registered nurse
- Social worker
- Nurse case manager



### Location:

**Dodson Specialty Clinics**  
1500 Cooper St., Third floor  
Fort Worth, Texas 76104



Questions? Call 682-303-6650 and ask for the practice manager.



Complete  
referral form.



Learn more about  
complex care.

# Complex Care Clinic or NEST Center?



## NICU graduate Early Support and care Transition (NEST) Center

**Who:** A center that serves families post NICU (graduates), both premature and high-risk term infants.

**What we provide:** Comprehensive developmental assessments, standardized neurologic exams, behavioral screenings and diagnostic assessments are performed. We focus on early detection to ensure optimal neurodevelopmental outcomes while working alongside other specialists to provide collaborative treatment for this high-risk population.

### Referral criteria:

- Premature infants < 32 weeks; < 1500 grams.
- Severe congenital cardiac defects, bronchopulmonary dysplasia, hypoxic-ischemic encephalopathy, congenital anomalies, etc.
- Eligible NICU graduates will be referred regardless of their level of complexity, as long as they have a PCP in place.
- Upon NEST graduation (age 5), complex patients needing ongoing care coordination may also be referred to Complex Care.

**Age of patient:** Newborn to 5 years

### Multidisciplinary team:

- Physician
- Dietitian
- Nurse practitioner
- Registered nurse
- Social worker
- Psychologist
- Clinical therapist
- Rehabilitation services, including occupational, physical and speech therapy



### Location:

**Dodson Specialty Clinics**  
1500 Cooper St., Sixth floor  
Fort Worth, Texas 76104



**Questions? Call 817-347-9601 and ask for the clinical or referral coordinator.**



**Learn more  
about NEST.**